

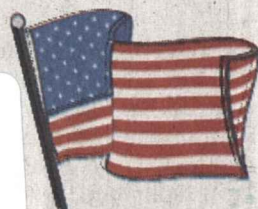
Opinion: Time to make changes
to Town Meeting P4

Sports:
Kaitlyn Cowden receives
Frank Kelley Adversity Award S1

Wilmington Town Crier



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36 PAGES

Public safety

Police Dept. assessment starts soon

BY JAYNE W. MILLER
News Editor
Jayne@YourTownCrier.com

WILMINGTON - Did you know that the Wilmington Police Department is one of only 47 other departments in Massachusetts with State Accreditation? Later this month this local law enforcement agency will undergo its first three-year assessment, part of a process to improve and maintain transparency, policy, and operations.

In a statement this week Chief Michael Begonis said he was pleased to announce a team of assessors from the Massachusetts Police Accreditation Commission

SEE 'POLICE' P16

NEWS BRIEFS

Honor Rolls this week!

Wilmington Middle
School Honor Rolls
Page 5

Red Sox Trophy coming to town

Find out where.
Find out when.
Get hat/jersey/camera.
Page 2

Memorial Day Parade

Updated info from the
Veterans Agent. Page 2

What's in your vitamin?

Many products on store
shelves list a bevy of
health benefits, but you
won't believe how little
oversight goes into your
nutritional supplements.

Page 9

Help your mom get organized this year

Sometimes the best gift to
take a load off a loved
one's mind. Help mom get
her papers in order this
year with our handy guide.
Page 9

Calendar

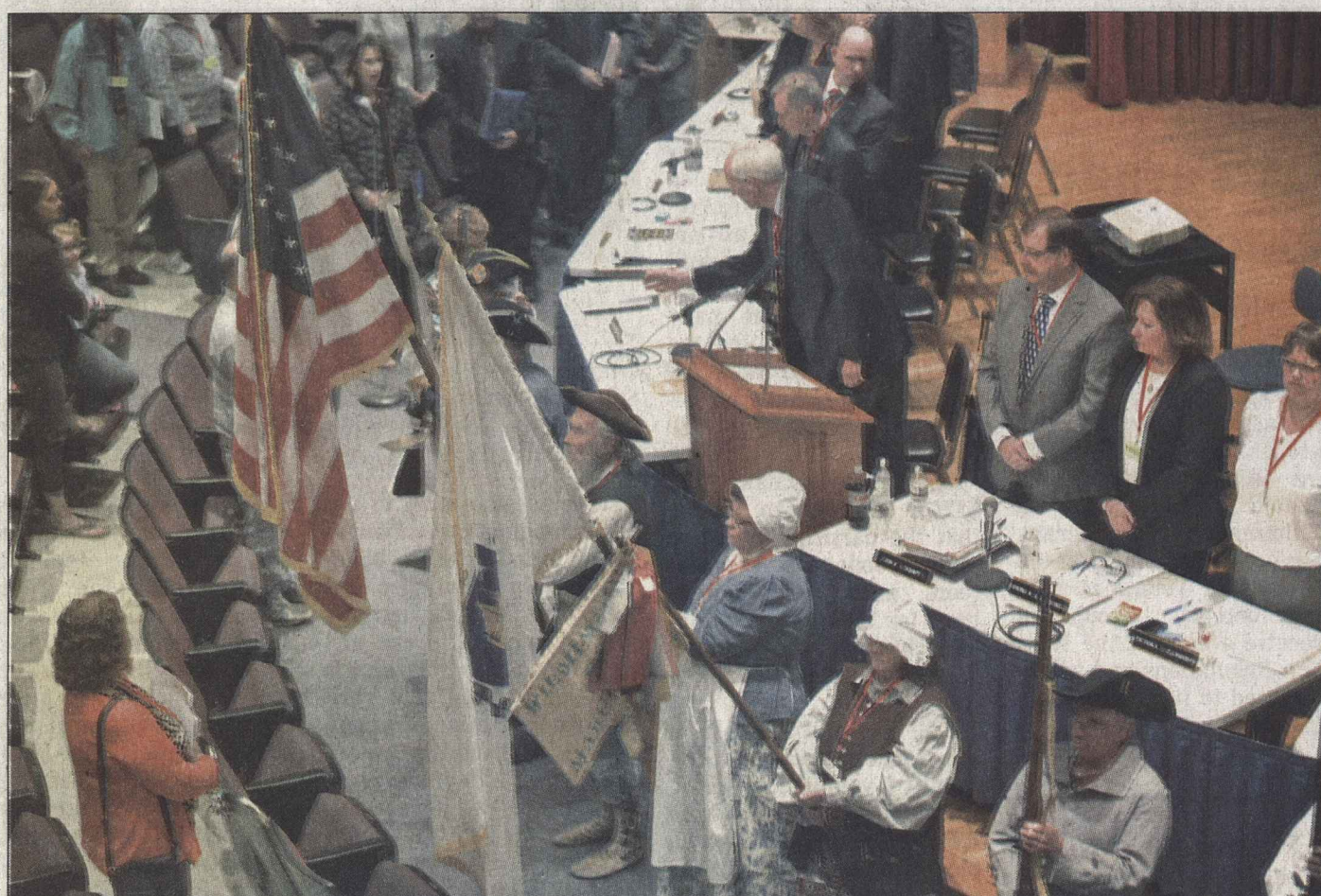
Tons to do and see this
week in the Merrimack
Valley. Page 6

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Town Officials stand while members of the Wilmington Minutemen present the colors - a traditional part of the annual Town Meeting.
Bruce Hilliard Photo

Whitefield School Survives

Lengthy discussion tabled to next year

BY JON BISHOP
Town Crier Correspondent
Jon@YourTownCrier.com

WILMINGTON - The Whitefield School will survive another year, Wilmington residents decided during Town Meeting on Saturday. Article 26, which asked the

town to take control of the Whitefield School and prepare for its demolition, had—or, at least the idea of it—been in the news for the past few months. Back in early March, Selectman Mike Newhouse wondered if the building could come down, as he said it was irreparable.

But the Historical Commission felt slighted. They said that the Board didn't allow them to do their job, which would be to examine the building, determine its significance, and see if it could be preserved.

Newhouse, who made a presentation arguing his

case, said that the Whitefield has "outlived its use" and that the "area is unsafe."

"Time is money," he said, and they can't repair the building.

He asserted that the building has sentimental value.

SEE 'WHITEFIELD' P15

Election 2014

DeFranco Wants to Win the Sixth

First Democrat on
the ballot to take on
Tierney

BY JON BISHOP
Town Crier Correspondent
Jon@YourTownCrier.com

WILMINGTON/TEWKSBURY—Marisa DeFranco wants to be a different kind of candidate. She's challenging both Seth Moulton and John Tierney for the Democratic nomination, and she said that she's seen what Washington does to small businesses.

"I'm an immigration attorney," she said, adding that she's had her own practice for seventeen years. "It's become harder and harder over the years to get things done."



SEE 'MARISA' P15

Montalto featured as keynote speaker
for Northeastern U. ROTC

Inspiring Words

BY SHERYL WALSH
Town Crier Correspondent
Sheryl@YourTownCrier.com

WILMINGTON - Wilmington native Lieutenant Colonel Nick Montalto, US Army, addressed the graduating class at Northeastern University Reserve Officer Training Corps (ROTC) on May 2 at Fanueil Hall in Boston. Having been commissioned from that same ROTC program in 1999, the event represented a special home-coming for the successful career Army officer.

The Lieutenant Colonel began his remarks by explaining, "The last four or so years have probably been challenging for all of you, but it is nothing compared to the challenges you will soon face." To help them through those challenges, he offered insight he gained in the past fifteen years. Using personal stories, Montalto described his experiences with leadership such as leading by example, the need to support and train the troops serving under you, the importance of communication skills, and maintaining a balance between work and family.

Montalto is a military intelligence officer with an exciting and impressive list of accomplishments. Among them are eight deployment trips to Iraq and Afghanistan. He is one of the Army's elite paratrooper Rangers, and he is also Pathfinder qualified. Pathfinders infiltrate areas and set up drop zones and landing zones for combat



units coming into the area. His long list of awards is highlighted by a Defense Meritorious Medal and three Bronze Star medals.

His current assignment is at the US Special Operations Command's Joint Communications Integration Element in the Washington DC area. He is an Executive Officer there, a position reserved for the military's brightest and best. Based on his record of accomplishments, he was selected for early promotion to Lieutenant Colonel and to command a battalion in 2015. Montalto graduated from Wilmington High School (WHS) in 1995, and he was an Eagle Scout from Troop 56. Montalto hopes he has set an example for WHS future graduates that anything is possible. He is married to the former Denise Rubino of Raleigh, NC, and they have two children, Nicholas (10) and Katelyn (7).



At the Wilmington National Honor Society induction last week. Emily Bamberg, Chloe Castellano, Kate Cowaen and Drew Foley ... with Erik Grabar seated just behind. Senior Members of the Honor Society look on as this year's inductees are honored.
Bruce Hilliard Photo

Behind the scenes of the Phantom Gourmet

BY SHERYL WALSH
Town Crier Correspondent
Sheryl@YourTownCrier.com

WILMINGTON - An April segment of the popular New England foodie show, The Phantom Gourmet, featured As Good As It Gets Café and owner Richard Angelis with his team of servers and cooks. But the excitement began many weeks prior when the Phantom's staff contacted Angelis.

Angelis received a phone call and that was the first he knew of the Phantom's visit. He learned that the Phantom had been there and checked out his café



Joan Phillips pours coffee for customers at "As Good as it Gets" in Wilmington on Monday.
Photo by Maureen Brady/www.shootingstarspix.com

SEE 'AS GOOD' P15

Wilmington Education Foundation presents

2013 Red Sox World Series Trophy

WILMINGTON - The 2013 Red Sox World Series trophy will be on display at the Wilmington Middle School Auditorium on Friday, May 23, 3:30pm-5pm. Doors open at 3pm. First come, first serve! Free and open to all! Start off your Memorial Day weekend by getting your photo with the World Series trophy! Bring your own camera. The Wilmington Educational Foundation is sponsoring the event.

About WEF: The

Wilmington Educational Foundation is a 501c (3) non-profit organization whose purpose is to support the Wilmington Public School System. WEF provides support through fundraising efforts from various sources: through private and corporate funding and community fundraising efforts. Funds raised are used to award grants for innovative and creative programs that are not covered in the school district budget.

Wilmington Veteran news

Memorial Day Parade and Ceremony

All Vietnam Veterans invited to march

WILMINGTON - Wilmington's 2014 Memorial Day Parade and Ceremony will mark the 50th Anniversary of the Vietnam War. All Vietnam Veterans are invited to march.

The parade will be held on Monday, May 26th and will step-off from the Market Basket parking lot at 10 a.m.

At 11 a.m. a ceremony will take place at the Wildwood Cemetery in remembrance of the men and women who

died while serving in the United States Armed Forces. Vietnam Veterans and other groups interested in marching in this year's parade should contact the Wilmington Veterans' Services Department at 978-694-2040 or veterans@wilmingtonma.gov. Groups will receive a copy of the Rules and Regulations and will be required to fill out an application.

Wilmington education

STEM night = big success

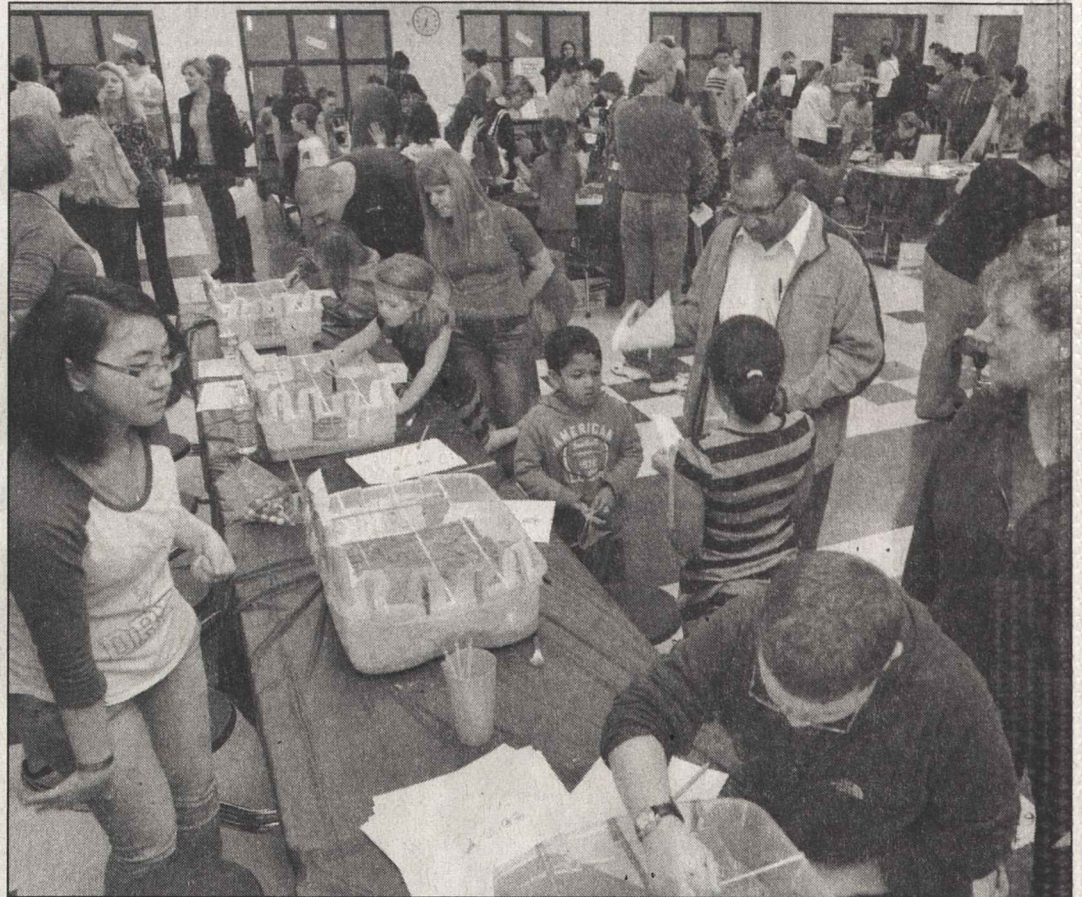
WILMINGTON

Wilmington Public Schools held its Third Annual Family STEM (Science, Technology, Engineering, Math) Night last Thursday night at the Wilmington Middle School and it was once again a tremendous success as an estimated 400 families took part in the numerous activities offered to students and families from Kindergarten through eighth grade.

The event, funded by the Wilmington Educational Foundation (WEF) through a grant written by LisaMarie Ippolito offered attendees the opportunity to participate in activities and experiments in Earth, Physical and Life Science, including exhibits by Analog Devices Pfizer, iRobot, Safran Morpho (airport detection systems) as well as Wilmington's own 4H Science Pirates and many activities created by the STEM committee reflecting the science standards followed by Wilmington Public Schools.

Ippolito, the co-chair of the STEM Committee, notes that the participation of so many vendors and volunteers, most of who were back for their third year of participation, has been vital to the success the Family STEM Night.

"The commitment from our vendors and our community volunteers along with the sponsorship from WEF make this event possible," Ippolito said. "The event grows bigger each year due to this commitment and grant funding from the Wilmington Educational Foundation."



Overall, a very well attended event at STEM night last week held at Wilmington Middle School. Parents and kids met with teachers and volunteers to try out science and engineering projects. The night is funded from a grant from the Wilmington Education Foundation. Bruce Hilliard Photo

Students were able to put their imagination and building skills to the test by building bridges with Legos that were both long enough and sturdy enough to support objects. There was also a "toy store" filled with various transportation and engineering activities. One of the biggest hits of the night was the new hovercraft, designed by STEM committee co-chair Kate Burnham.

It was a night that no one who attended will soon forget. Along with the funding by the Wilmington Education Foundation, the

night was also made possible by the efforts of numerous volunteers, including many Wilmington Public School Teachers, several students from Wilmington High School, who volunteered their time and expertise on a school night to help some future potential scientists. The high school volunteers are members of Wildcat Community Project, which is led by Diane Garrity.


Hosting an event like Family STEM Night takes many hours of preparation, but according to Ippolito, it

is well worth the long hours to see the incredible results.

"The Family STEM Night allows our students to explore, create and invent while having fun. The feedback from the students and the smiles when they leave the event prove to me that every second planning and preparing for this event is worth it," Ippolito said. "I want to thank our committee members Muriel Gravalesse, Paul Mohaco and Kelly Torpey along with my co-chair Kate Burnham for all their hard work."



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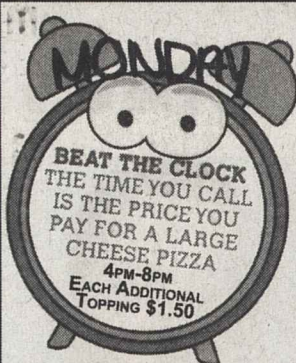
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WHAT'S NEW FOR SOCIAL SECURITY?

Social Security rates have not changed, but the wage base is up to \$117,000 from \$113,700 last year. The Social Security tax rate remains 6.4 percent for both employers and employees; the self-employed pay 12.4 percent, all plus Medicare tax. Cost-of-living adjustments to Social Security benefits are up 1.5 percent from last year. Medicare Part B premiums, generally taken out of benefit payments, remain the same, including surcharges for upper-income earners. Part D premiums will rise a bit.

Earnings limits: those who get benefits before full retirement age, currently 66, will lose \$1 of benefits for each \$2 earned over \$15,480. Those who will turn 66 this year will lose \$1 for every \$3 earned over \$41,400—but only in those months before the 66th birthday. Better yet, if this is the first year of benefits for someone who won't reach 66 this year, there is no reduction in any month when earnings are below \$1,290.

We keep up with the latest tax and finance news so you don't have to. See us at

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By LARZ F. NEILSON
Editor Emeritus

Look around — you're surrounded by them. Good Guys, everywhere, all of them making Wilmington a great place to live. Some of them are obvious, others almost invisible.

Nearly a half-century ago, a tradition was born in Wilmington, the annual Good Guy Award. It recognizes people for extraordinary service to the town. The award dinner also serves as a great social function every year in the middle of May.

If there's any bad news here, it's that Wilmington hasn't given recognition to some other people who are also very good. The good news is that these people are here in great numbers.

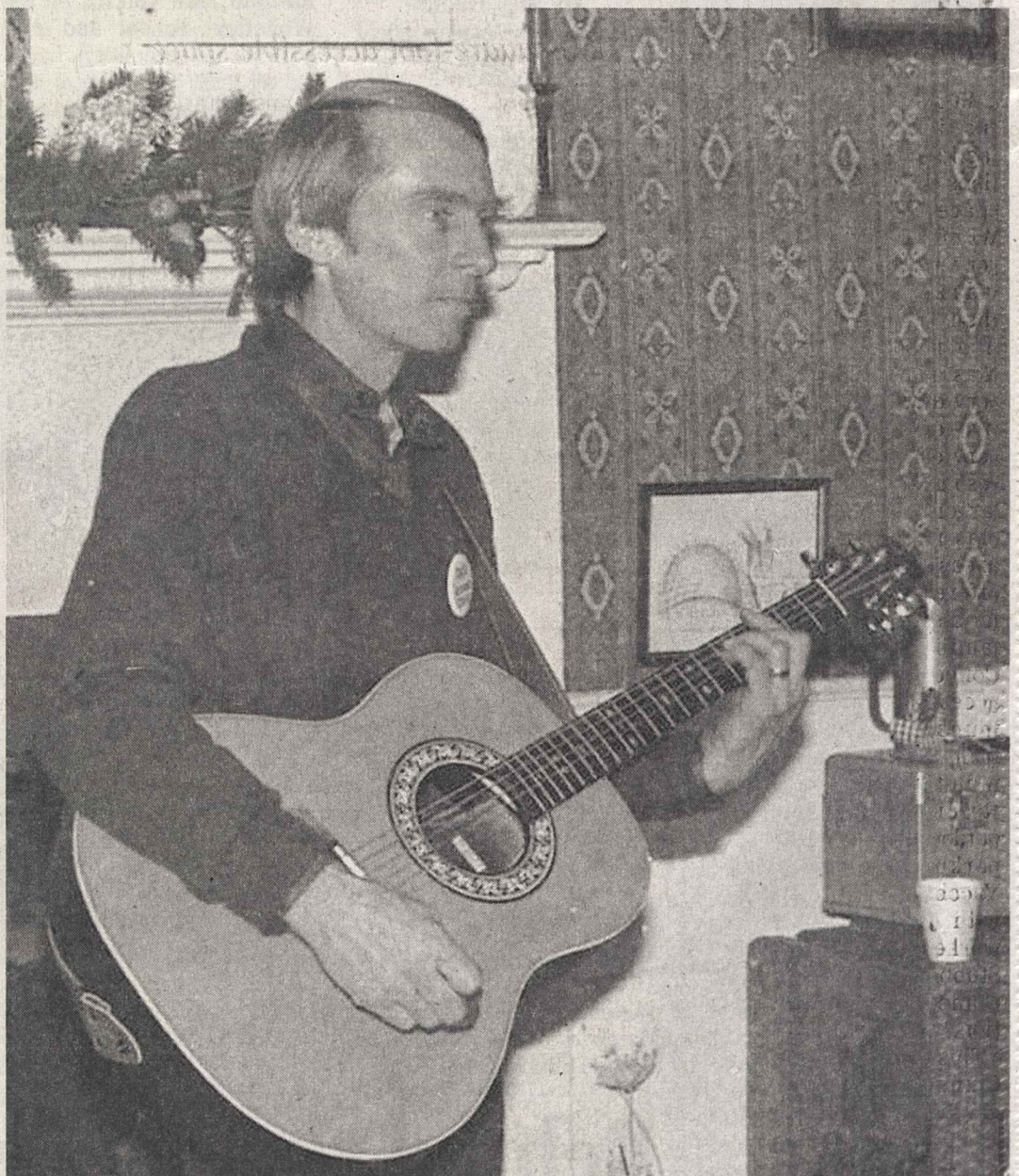
Where would you find a Good Guy? Everywhere — in church, at a playground or ballfield, in the schools, at committee meetings — and, sadly, in Wildwood Cemetery. Even with a very long list, we'd still miss some very good people. So we're just going with a short list.

Please do not interpret this as implying that anyone receiving the award in the past was not worthy of the honor. This is simply to mention a few other people who have done good things for Wilmington.

At the top of that short list would be Carolyn Harris, who chaired the Wilmington Historical Commission for 25 years. The commission has many roles and duties, including running the town museum at the Harnden Tavern. One of the more demanding tasks is reviewing demolition permits for buildings built before 1900. There are so many things that need doing — the town could use a dozen people like Carolyn.

Bill Merrill would not qualify as an unsung hero. His claim to fame is his wonderful voice, which can be heard regularly at the Congregational Church.

Warren Newhouse is familiar to many people in town. Besides landscaping, singing, and playing his guitar, he has a long history of working with cancer patients. He also



Warren Newhouse, performing at the Harnden Tavern, 1982
Town Crier File Photo

rebuilt the stone walls of the town pound a few years ago.

One truly amazing person is Larry Curtis. Larry was one of the founders of the Wilmington Handicapped Commission, and he participated in several Community Fund walkathons, rolling the entire 10 miles in a wheelchair. Now living in California.

Joan Maga has been involved with the Fourth of July Committee ever since the town celebrated its 250th anniversary in 1980.

Brian King has been involved with Missions of Deeds, collecting furniture for people in need. Ed Torrell has been working along with him.

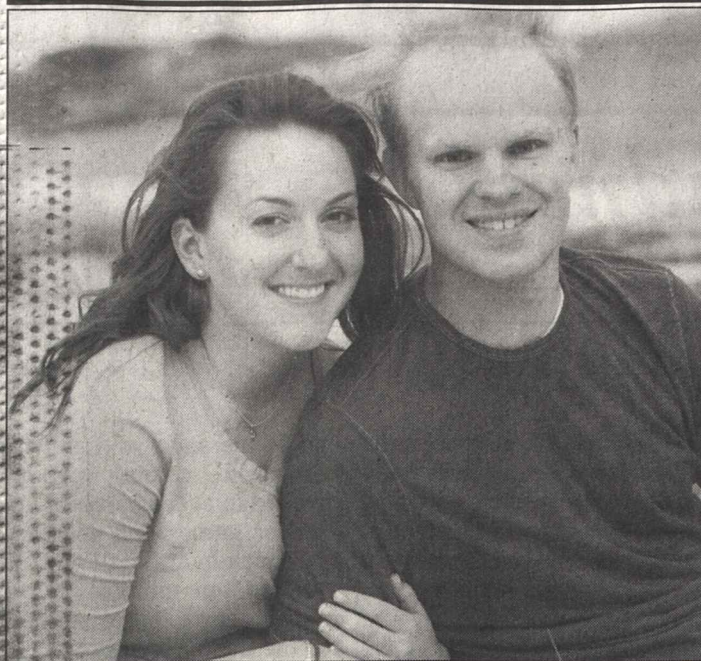
If you were going to choose an actor to portray a good cit-

izen of his hometown, you'd probably have come up with the late Jimmy Stewart. Wilmington is fortunate to have its own Jimmy Stewart, who has served as a selectman and moderator for more than 30 years. Running a town meeting is not an easy job, but Jim has done it well, very well. He also pitched the WHS baseball team to an Eastern Mass. championship in 1977.

Our short list would have to include the animal control officer — yes, the dog catcher Ellen Sawyer stepped into that job 28 years ago and turned it around. It was said that her predecessor killed 85 out of the last 88 dogs he picked up. Ellen, on the other hand, has a reputation for not allowing a healthy dog to be

put down unless it is dangerous and unmanageable. She is called out at all hours for all sorts of incidents. She also volunteers in a program called Lots of Love, doing cat rescue. Running a dinner to honor her would be a cheap deal, too. You could cater most of it with a few bags of kibble, several bowls of water and a large bag of bones. And don't forget the cookies — lots of dog cookies. Oh, all right, there'd have to be people food, too.

The town has done well to honor its Good Guys for so many years. There are lots of people who never come up on the radar screen, though, just quietly living their lives, watching out for their families, friends and neighbors. They're all worthy of praise



Sarah McMahon to wed Jonathan Gurry

Paul and Sheila McMahon of Allgrove Lane in Wilmington are pleased to announce the engagement of their daughter Sarah Marie McMahon to Jonathan Bates Gurry.

Mr Gurry is the son of Christopher and Sarah Gurry of Hiddenfield Road, Andover, MA.

Ms McMahon is a graduate of Austin Preparatory

School, Endicott College and Nichols College in 2013. She is the Athletic Trainer at the Dexter Southfield School. Mr. Gurry is a graduate of Avon Old Farms and Endicott College in 2011. He is a merchandiser at Amoskeg Beverages.

They will marry in Falmouth, MA on June 21, 2014

Tewksbury Senior Topics

Men's Group to meet Thursday; DJ Jon Mansfield dance Monday 5/19

This year, the theme for our float is "A Tribute to Our Working Dogs," honoring our four-legged friends who serve our police and military. Working dogs play a very important role in protecting our nation. Their agility and keen senses allow them to scout for and apprehend suspects, detect drugs and explosives and protect their handlers at any cost. Did you know that a working dog was present when the U.S. Navy Seals apprehended Osama bin Laden in 2011?! If you would like to work on this year's float or participate in the parade, please sign-up at

reception. We hope to have you there!

The foot care clinic offered by Catherine Languedoc RN BSN CFCN, of Simply Foot Care, is full. We will accept a couple of names for the waitlist, but will not add more than 5 names to that list. If you want to be placed on the waitlist give Jan a call at 978-640-4482 at the senior center.

The next men's group meeting will be on Thursday, May 8th at 9:00 at the Senior Center.

DJ Jon Mansfield will be back to the Senior Center for an afternoon dance on

Monday, May, 19th. Those who obtain a ticket by Wednesday, May, 14th will have lunch included in the \$6 ticket price.

There will be no Zingo on Tuesday, May 20th due to the GAC officer's installation.

There is no casino trip in June due to the GAC overnight trip to Foxwoods. If you are interested in the Foxwoods trip, from June 19-20, don't forget to sign up by May 12th. We need a minimum of 32 people for the trip to go. If you have any questions please ask to

speaking to Rose McKenna. Thanks!

The Senior Center will be closed on Monday May 26th in observance of the Memorial Day Holiday.

Lastly, the public is reminded that the Senior Center's

Upscale Consignment Boutique and the Snooti Patooti Gift Shop are open from 11:00 AM to 3:00 PM Monday- Thursday and on Fridays from 9:30 to 11:00 AM. All proceeds from the shops support the programs and activities at the Senior Center.

LiamNation teams up with MVP

Fun and Games for families

TEWKSBURY - On Saturday, May 17th, 2014 from 10AM to 2PM, LiamNation will be hosting a community event at Merrimack Valley Pavilion

(MVP) in Tewksbury for a day of fun and games!

In addition to laser tag, mini golf, and arcade games, activities include Face Painting, Fire Trucks, Raffles (Red Sox Tickets, Local Restaurants, etc.), DJ, Ice Cream, local businesses, and surprises.

Come see what's available in Tewksbury and have fun too!

Rain makeup date will be Saturday, May 24th, 2014. For more information, contact Edward Connerty - Outreach Coordinator / LiamNation Inc. (978) 851-7142

Merrimack Valley Pavilion is located at 2087 Main Street (Rte 38) in Tewksbury.



CLASS Inc is now in Wilmington. They have been redefining what's possible for people with disabilities since 1976. They have people ready to help your company meet that deadline. Find out how they can help you, while you help them.

CLASS, Inc. moves to Concord St.

Nonprofit expands into 11,000-square-foot accessible space

WILMINGTON - CLASS, Inc. is moving and expanding its North Reading operations to an 11,000-square-foot space at 50 Concord St., Wilmington. The nonprofit serves more than 400 individuals with disabilities and their families throughout northeastern Massachusetts, providing services that include assistive technology, employment services, and family resources CLASS required a larger space that included classrooms, recreation areas, and offices that offered convenient access for disabled clients and their families. The building on Concord Street is easily accessible to Rte. 93 and immediately accessible from the surrounding communities of Andover and Reading. It includes useful outdoor space and a large parking area. Robert Yacobian, leasing director with Cummings Properties, worked with Micah Stubblebine of Stubblebine Company on the transaction.

This lease prompted Cummings Properties'

approximately 2,500-square-foot expansion and renovation of its Concord Street campus, completed in April.

"The Concord Street location was perfect for CLASS in every way, with the exception of size," said Yacobian. "We are fortunate to have the in-house ability to expand the building, both to meet the client's needs and to improve the building and its frontage on Concord Street."

CLASS was recently designated an early decision recipient of a 2014 Cummings Foundation "100K for 100" grant.

CLASS, Inc. has been providing employment, health,

transportation, and other services for adults with disabilities since 1976. To learn more, visit

www.classinc.org.

Cummings Properties' 10 million square feet of prime space accommodates executive offices, healthcare facilities, laboratories, retail storefronts, warehouses, and more. With a portfolio of this size and variety, the firm can meet almost any commercial real estate need, from 150 square feet to 300,000 square feet. Its in-house experts in design, construction, and property management offer "one-stop shopping" for leasing clients.

Senator Finegold announces office hours in Tewksbury

Senator Barry Finegold and staff will hold open office hours Friday, May 30th in Lawrence, Andover, Dracut and Tewksbury. Office hours will be held at the following locations and times:

Andover: Memorial Hall Library, 1st Floor (Activities

Room) 2 North Main St., 11:30 a.m. to 12:30 p.m.

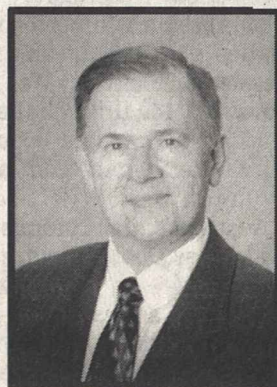
Dracut: Parker Memorial Library, 2nd Floor (Study Room) 28 Arlington St., 1:30 p.m. to 2:30 p.m.

Tewksbury: Tewksbury Public Library, 2nd Floor (Study Room) 300 Chandler St., 3:00 p.m. to 4:00 p.m.

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- ✓ Stains & Varnishes
- ✓ Wood Preservatives
- ✓ Paint Strippers/Thinners
- ✓ Solvent Adhesives
- ✓ Lighter Fluid

From the Yard:

- ✓ Weed Killer
- ✓ Chemical Fertilizers
- ✓ Flea Control Products
- ✓ Moth Balls
- ✓ Poisons, Insecticides
- ✓ Fungicides

From the Garage:

- ✓ Fuels/Gasoline/Kerosene
- ✓ Engine Degreaser
- ✓ Brake Fluid/Carburetor Cleaner
- ✓ Transmission Fluid
- ✓ Car Wax, Polishes
- ✓ Driveway Sealer
- ✓ Antifreeze
- ✓ Roofing Tar
- ✓ Swimming Pool Chemicals
- ✓ Motor Oil
- ✓ Car Batteries
- ✓ Tires - Fees Apply

From the House:

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- ✓ Fiberglass Resins
- ✓ Aerosol Cans
- ✓ Photo Chemicals
- ✓ Furniture Polish
- ✓ Floor & Metal Polish
- ✓ Oven Cleaner
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- ✓ Rug & Upholstery Cleaner
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- Ø Infectious & Biological Wastes
- Ø Fire Extinguishers
- Ø Propane and Helium Tanks
- Ø Latex Paint
- Ø Radioactive Waste, Smoke Detectors
- Ø Ammunition, Fireworks, Explosives
- Ø Prescription Medicines/Syringes

How Can I Safely Transport

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- ◆ Leave materials in original containers.
- ◆ Tighten caps and lids.
- ◆ Sort and pack separately: oil paint, pesticides, and household cleaners.
- ◆ Pack containers in sturdy upright boxes and pad with newspaper.
- ◆ NEVER MIX CHEMICALS.
- ◆ NEVER SMOKE while handling hazardous material.





From: The Editor's Desk

Time for a change?

Wilmington Town Meeting - a grand institution marred by low voter turnout - effectively precludes participation by its very structure, undermining the premise and importance of said institution.

Maybe the time has come to consider a change. Perhaps the worst part of town meeting is the day - Saturday. Saturdays entirely impede most parents from attending. With youth sports and activities, multiple obligations across community organizations, and personal conflicts (for many Saturday was the first decent day to get outdoors and tackle yardwork), Town Meeting is impossible to attend. Nevermind the farce of residents calling friends and neighbors to come down and form a quorum-let alone stick around and vote.

The format, drawing articles at random, means that everyone has to be there the entire time even if they are only interested in one or two articles. Why not just tackle the articles in order, budget first, and simulcast it on WCTV? Give people at home or on the soccer or baseball field (following along via social media) a chance to weigh in on issues that matter the most and then get back to their lives. Shoving everything into one long Saturday just turns people off.

Town Meeting must be accessible to the people, and fit into the vernacular of twenty-first century life. It should respect the time of both voters and the officials that work so hard leading up to the meeting.

Don't get me wrong, Town Meeting is well run. From the Town Clerk's office to elected and appointed officials, and especially the talented Town Moderator Jim Stewart, those people responsible for running the meeting fairly and efficiently do an outstanding job.

However, an exploration of bylaw and/or charter changes may allow the Selectmen to decide more issues (like budget transfers under a certain threshold and zoning matters) at public hearings and regular meetings (on weeknights) through the year, and allow for a shorter, more productive Town Meeting that engages voters rather than shuts them out.

Agree? Disagree? Speak Up - email me your thoughts: Jayne@YourTownCrier.com



Letter to the editor

Thanks from Bonish

To The Editor,

I would like to take this opportunity to publicly thank the people of Wilmington for re-electing me to the Wilmington School Committee. I'm looking forward to serving Wilmington for another three years by helping shape policy and improve education for the children here. I also want to congratulate Steve Bjork on his appointment to the committee. Steve, I look forward

to working with you!

To my wonderful family and friends, I say thank you all for emailing your contacts, securing sign locations, and holding signs, even on Election day in the cold and rain (much like my last Election day three years ago!). It is humbling to know that I have so many people in my life who took the time and effort to help.

Sincerely,
Ginny Bonish

O'Connell says thanks

Dear Editor,

I would like to take this opportunity to personally thank all residents who voted in the annual Wilmington Town Election on Saturday, April 26th. I am grateful and honored to be re-elected as a member of the Wilmington Board of Selectmen and I promise to work hard on your behalf

now and in the future.

Also, I would like to offer a special thank you to my family, friends and local supporters for all of your encouragement and enthusiasm throughout my candidacy. With wonderful people like you anything is possible!

Sincerely,
Judy O'Connell



Acts of Kindness

by Jomarie O'Mahony

Checking In

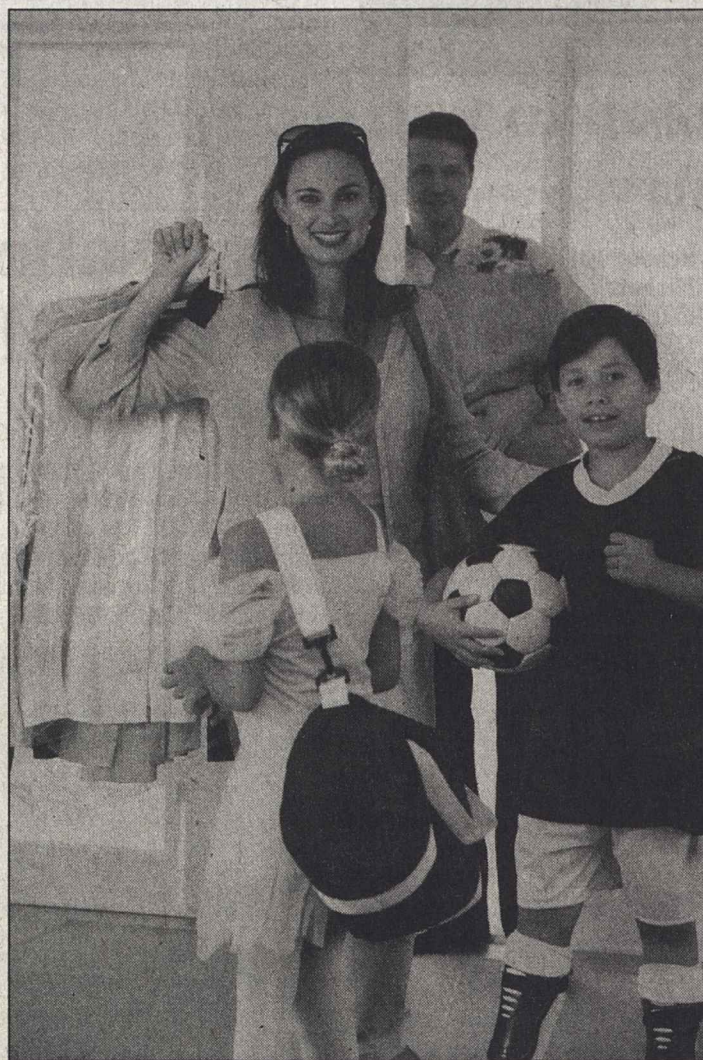
This may not seem the most appropriate way to start an article geared towards Mother's Day but let me tell you about my father. Growing up, my dad made

it home from work most nights to have dinner with us. He helped my mom around the house and split time with her getting my brother and me to all of our activities. He was very traditional in many ways, but never seemed to expect my mother to take on the "traditional" roles of the mother or wife in our house.

One of the strongest things from my childhood that never even crossed my mind until I became a mother myself was how much my dad appreciated my mom, and made sure we did too. We would sit at the dinner table and nine times out of ten, at some point during the meal, my dad would say something like "let's all thank Mom for this delicious meal".

Whether it was a well-planned vacation or a weekend full of activities, my dad always made sure to point out to us how lucky we were to have a mom who was keeping everything organized. He still does it today- reminding us how lucky we are that she helps with our kids and pointing out something delicious she brought to a family party.

I am clearly a wife and a mother in a different generation- trying to prove that I CAN do it all- work, kids, house, activities- with calm, cool, collected...controlled chaos. This past weekend, a joke between my husband and I became a "thing" on Facebook. My husband had started "checking in" on Facebook to different work locations. On Saturday morning, he "checked in" at our office to work for a few hours. A few of his "friends" on Facebook started giving him accolades for working on the weekend...a few of his male friends.



I decided it was time to send a message so I started "checking in" for everything- checked in doing laundry, checked in grocery shopping, checked in at the baseball and softball games and practices, soccer games and practices and dance as well as forgetting to check in at the things like

"finding ten minutes to run into the store to get supplies for the next school project".

I also started receiving accolades and compliments and it quickly hit me that: all weekend, I was crossing paths with moms just like me, who WEREN'T checking in. I call these women Warrior Moms and you know who they are (or are one of them)- they are the women who get from point A to Z with kids in tow and a granola bar for lunch if they remembered to throw one in their bag (and their kids haven't already discovered it and snatched it from them). They begin every day with planning it out for everyone in their house and they are the "fairies" that make sure there are clean towels in the closet and shampoo in the shower.

Ironically, when Warrior Moms have shown how efficient they are, with all of their super powers, it often gets lost on those closest to them how special those super powers are.

So, as said at the end of my weekend of checking in, my Mother's Day hope this year is this: take a moment to locate the Warrior Moms in

your life and thank them, appreciate them, celebrate them. Let them know that you appreciate that the bathroom is never without toilet paper and your laundry is always clean. Truly give them one day of just complete, unconditional appreciation- they deserve it.

And, Warrior Moms, love and support each other- join in the parade and toot your own horn. Because, in case you haven't heard it lately, you are simply amazing!



Letters to the editor

Thanks from Bjork

Dear Editor,

I would like to sincerely thank the voters of Wilmington for electing me to the School Committee.

I would especially like to thank the many people who supported my campaign in so many ways. And, a special thanks to those friends who gave up their time to hold signs in the pouring rain on Election Day.

Foremost, I would like to thank my wife, Georgette, for her unwavering love and support.

There were three very

capable candidates on the ballot, with just two open seats. I am immensely honored and grateful to be given the opportunity to serve as your representative.

I look forward to joining a tremendous group of people on the Committee and in the schools, all working toward a common goal - to provide the young people of Wilmington with the best possible educational experience.

Sincerely,
Stephen Bjork
Wilmington

iPods For Wounded Veterans Raises Platinum Level Funds

To the Editor:

We would like to thank everyone who participated, volunteered, and attended the iPods For Wounded Veterans 3-on-3 Hockey Tournament on Saturday, April 5. We were able to raise funding at our Platinum Sponsor level, which went towards providing iPods, iPads, eReaders, MP3 players, ear buds and other materials to improve the quality of life for our Wounded Veterans who are currently at Walter Reed National Military Medical Center and Fort Belvoir Community Hospital on our 12th trip on May 1st.

We would like to thank the hockey teams that entered the tournament and did an incredible job, and to Holland Arena who donated their facility in Woburn that made this event possible.

A special thanks to the referees who volunteered their time, which included Bobby Dabrieo, Larry Guiseppe, Steve Nagle, Steve Scalesse, and Noel McDermetroe, as well as our Zamboni drivers, John Drenzo and Eric Richards, who ran the Zamboni on Friday night and all day Saturday.

To all the volunteers who came out to lend a hand, we cannot thank you enough. The list is endless, but your time and help was greatly appreciated. To everyone who donated raffle items,

you are a big part of the reason this event was so successful.

A sincere thank you to Hugo Moraes (HGM Limousine), Jimmy Winn (Dr. 1's) Glen Tucker (Shoot To Score), Emily Holland (Crossfit Ares), Michele & Colleen Holland (Scratch Tickets), John Carter (Bruins Tickets), and Ed Malloy (Sports Memorabilia) for your generous donations.

We would also like to express our gratitude to Kate Scammell, who won the 50/50 raffle and unselfishly donated her winnings back to the organization. We would also like to thank our corporate sponsor, Woburn Truck and Auto for their generous Gold level donation to iPods For Wounded Veterans.

It is with sincere appreciation that we recognize and thank Kristen Holland for scheduling and making the Holland Arena available, and for coordinating all aspects of this event to benefit the veterans. Kristen was instrumental in making this event so successful for our first event of this type. We hope to see everyone again next year at our hockey tournament.

Thank you all,
Paul Cardello, Chairman
Bob Regan, Media Relations
iPods For Wounded Veterans

Historical Commission thanks Town Meeting

Dear Editor,

On behalf of the Wilmington Historical Commission, I would like to thank the residents at Town Meeting who voted in favor of tabling Article 26 until next year's Town Meeting. This favorable vote prevents the demolition of the Whitefield School until the Commission compiles and submits written documentation of the School's historical significance and any potential funding and uses for the building. The Commission is grateful and privileged for the opportunity afforded by this vote to do what it took an oath to do: preserve our historic resources and educate the community as to the same.

The Commission will dedicate the majority of its volunteer efforts during the next year to review the inventory of municipally-owned historic resources, determine their physical and other needs, outline any and all sources of funding available for improvements and interpretation, suggest potential uses for these resources, and document

our recommendations for the community as a whole to review. Ultimately, the voters at Town Meeting will decide the future of the Whitefield School. The Commission will perform its duties in a timely and professional manner. We look forward to this challenge and appreciate the opportunity to service the community in this way.

As always, the Commission welcomes public input at its meetings or otherwise. Meetings are open to the public and all are welcome. Our May 12th and June 9th meetings will be at the Harnden Tavern/Town Museum at 7:00 p.m. Residents are also encouraged to contact the Commission members at 978.658.5475 or htavern@wilmingtonma.gov

Thank you again for your support.

Kathleen Black Reynolds,
Chair
Wilmington Historical Commission

Town Crier

Tewksbury - Wilmington

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Want your opinion heard?

Send Letters to the Editor to:

Jayne@yourtowncrier.com

All submissions must be accompanied by full name, address, and daytime contact information for verification purposes. Letters must be e-mailed by noon on Monday in order for consideration the same week's edition.



Ella and Maggie McMahon were shopping for doll clothes with P.J. along for the ride at the St. Elizabeth's craft fair held at the Masonic Hall on Saturday. Joan Leverone and Diane Winchell of "Allison elle" make the handmade clothes with matching doll outfits and sell them at local craft fairs. Photo by Maureen Brady/www.shootingstarspix.com

Wilmington Middle School Honor Roll

Class of 2018

Andersen Avery
Ardito Katelyn
Autoin Jarred
Balliro Joseph
Belmonte Samantha
Bernardo Arianna
Bolis Kyle
Bowker Stephen
Boyle Jack
Bresnahan Dylan
Briggs Taylor
Burke Julia
Busby Sarah
Calla Shane
Campbell Matthew
Carpenito Olivia
Casey Morgan
Catanzano Hallie
Champoux Jacqueline
Chrisemer Michael
Cokash Amber
Colarusso Ashley
Connelly Kalin
Cooney Lea
Courtney Madeline
Cox Amanda
Cummings Kaitlin
Curtis Gavin
Daley Michael
D'Angelo Lauren
D'Angusta Julie
Dawson Andrew
DeFeo Joslyn
Edeburn Katherine
Field Lauren
Fletcher Lynn
Fulkerson Jake
Goulet Dana
Granara Isabella
Grecco Christopher
Greenhalgh Dillon
Gullotto Rebecca
Hall Leah
Hassell Ashley
Hayden Emily
Kane Nolan
Keeley Sean
Kelley Alexa
Kendall Rebecca
Kenney John
LaCambria Katelyn
Lagunilla Sara
Le Jasmine
LoGrasso Marissa
Machado Alexis
Malloy Hanna
Marquard Jared
Marshall Shawn
Martignetti Tia
Masiello Alec
McEvoy William
McHugh Steven
McInney Joseph
McKearney Anthony
Miele Jillian
Mirabella Joseph
Moore Jessica
Moy Jessica
Murray Rose
Nerestant Kendia
O'Donnell Kevin
O'Donoghue Brandon
O'Grady Shannon
Padulsky Sydney
Paolillo Kylie
Pastore Benjamin
Pearson Andrew
Pelletier Sydney
Peroni Taeya
Petriello Lailoo
Perrino Angelo
Pietropaolo Anna
Raimo Melanie
Rebeiro Joseph
Richardson Alyssa
Rideout Matthew
Ritson Kyle
Roberts Tyler
Rossi Isabella
Sadowski Jonathan
Saragosa Cameron
Savage Hannah
Shapiro Max
Sheehan James
Silva Danielle
Soel Michael
Speranza Haylie
St Jean Ryan
Strow Thomas
Sullivan Alison
Sullivan Jenna
Surprenant Taryn
Thomas Megan
Tkachuk Kamryn
Torres Allison
Vale Maxwell

Vallee Jason
VanDeMark Vanessa
Vega Mason
Walsh Hannah
Wargo Alexandra
Woodford Tia
Worob Thomas
Zaya Riley

Class of 2019

Ahern Jessica
Ahlin Shane
Alves Thais
Anthony Stephen
Ayvazian Eric
Bailey Ryan
Banks Beverly
Barnes Marcus
Barnum Kerri
Bazile Jerome
Bonaccorsi Sophia
Bourrell Kacie
Boyajian Nicole
Broderick Sarah
Brunetto Gianna
Butler Ryan
Calder Tyler
Champoux Michael
Cheng Brandon
Cimaglia Brittany
Cohane Krystal
Cooper Sofia
Cosman-Cyrus Jillian
Costello Hailey
Dancewicz Zachary
Dankese Brian
Dawson Matthew
Days Andrew
DeAmbrose Sadie
DeLaCruz Vincent
DeSantis Alaina
DiAdamo Julia
Driscoll Kayla
Duffy Conlin
Estrela Shawn
Farrell Robert
Fiorenza Michael
Flanagan Kylie
Fox Natalie
Frye Nathan
Gallezzo Kaitlin
Gear Emily
Gendall Audrey
Giampaolo Sophia
Gibbons Alyssa
Goodwin Thomas
Gosselin Natalie
Haines April
Hill Emily
Irizarry Frank
Jackson Marisa
Kelley Joseph
King Thomas
Koester Ethan
Kourkoutas Lia
Liscio Danielle
Marino Peter
Marquard Jason
Mastorilli Ginamarie
McCue Riley
Medeiros Christopher
Meier Olivia
Miller Jomei
Molloy Madison
Morganelli Matthew
Morris Alan
Munro Kyle
Nesline Eric
Nguyen Benjamin
Orlowska Olivia
Patterson Kali
Pennie Meagan
Pimentel Jonathan
Prezioso Kendra
Ramesh Prathik
Riekstins Troy
Riley Dianna
Rogomentich Mark
Rosa Gabriella
Rourke Olivia
Ryan Julia
Santini Michael
Scolastico Angela
Smolinsky Michael
Souza Kevin
Spada Carli
Spinazola Christopher
Stalker Leah
Stanford Sean
Steen Michael
Stokes Christopher
Sullivan Kaitlyn
Sullivan Julia
Thomas Matthew
Trites James
Wareham Samantha

Wargo Jessica
Wilson Joseph
Zaccagnini Gianna
Zwahlen Alyssa

Class of 2020

Abbott Thomas
Accardi Joseph
Adamek Gregory
Antinarelli Alison
Ardizzoni Domenic
Arsenault Jake
Bacon Sarah
Barczak Celina
Boehm Alexander
Bolanos Christian
Booska Taylor
Buckley Allyson
Burke Emily
Burke Samantha
Cadogan Maeve
Calla Shannon
Churchill Maximilian
Connelly Elizabeth
Cote Reid
Cuozzo Anthony
Curdo Nathan
Daley Stephen
Danieli Jake
DeFeo Jaelyn
D'Entremont Sarah
DeTommaso Claudia
DiRienzo Alexandria
Donahue Alexis
Ekstrom Nicole
Elder Brian
Ferreira Brianna
Fiorenza Alexander
Foley Grace
Fuller Payton
Garcia Diego
Gordon Julia
Grace Madison
Hamilton Amanda
Hartzell Joseph
Hayden Melanie
Hill Joseph
Howlett Nathaniel
Ings Daniel
Ings David
Kelley Sean
Koss Lexi
Kulis Adam
Langone Duncan
Larffarello Brianna
LaVita Hannah
Lentini Elise
Lucot Kylee
Lydon Joseph
MacGregor Cora
MacInnis Brendan
Martin Maryjane
Martin Ryan
Masiello Ava
Matzke Madeleine
McConlogue Kathleen
McDonald Keith
McGaffigan Daniel
Medina Adriana
Miller Atley
Misuraca Gianna
Moore Jason
Moretto Jenna
Moy Brandon
O'Connor Jonathan
Packer Ryan
Palmerino Kevin
Perry Abigale
Regan Ryan
Ricci Nolan
Ritson Heather
Roney Carolyn
Scalfani Rocco
Scalfani Vincent
Severino Andrew
Shinohara Cory
Silveira Abigail
Smith Bailey
Smith Skylar
Spencer Holly
Stuart Richard
Sweeney Raegan
Tavanese Jenna
Thakkar Manav
Tran Amanda
Trevisani Amanda
Vachon Evan
Valente James
Vega Randall
Villalta Gabriela
Vlahis Alexander
Vokey Akaila
Walsh Gianna
Willson Julia
Wingate Anne
Zaya Mackenzie

Wilmington Recreation Department

Spring into Soccer!

Ages: 3 & 4
Dates: Saturdays, May 3 - 24, 4 Weeks
Times: 9 - 9:45 a.m. or 10 - 10:45 a.m. or 11 - 11:45 a.m.
Location: West Intermediate Gym
Cost: \$35
Each class will have warm-up activities, group play and an introduction to soccer skills.

"Wheels" Micro Sports

Ages: 2 - 5 with caregiver
Dates: Saturdays, May 3 - June 7, 6 Weeks
Time: 10 - 11 a.m.
Location: West Cafeteria
Cost: \$72

"Wheels" teaches the fundamentals of learning to ride a bike without training wheels using both wheeled and non-wheeled products such as scooter boards, three wheel scooters and balance bicycles to help build gross motor skills, balance and confidence. There will be games and activities such as balance beams, balancing stones, street signs and an obstacle course.

Spring Tennis Lessons

Dates: Wednesdays, May 7 - June 11, 6 Weeks
Location: Shawsheen Elementary School
Times: Grades K - 1: 5:15 - 6 p.m.
Grades 2 - 4: 6 - 6:45 p.m.
Adults: 6:45 - 7:45 p.m.

Cost: Children - \$30; Adults - \$40
The perfect class for new and continuing students to learn this life-long sport. Please note: we are now accepting grade 4 students in the 6 p.m. class!

Red Sox Tickets -

Bleacher Seats
Vs. Cleveland Indians
Friday, June 13, 7:10 p.m. \$34
Vs. Kansas City Royals
Sunday, July 20, 1:35 p.m. \$42
Vs. Seattle Mariners
Saturday, Aug. 23, 1:35 p.m. \$34

North Shore A Cappella Day Trip

Date: Wednesday, May 21
Cost \$79
Travel to Luciano's Lake Pearl in Wrentham for a luncheon and a musical performance by North Shore A Cappella. This group that began on the streets of Boston's North Shore has excited audiences around the country for 30 years. The fan base for this talented group has grown after their performances on NBC's popular show "The Sing Off", featuring A Cappella groups from around the country. Hear familiar songs from the 1940's through today performed without instrumental accompaniment. This is a sure hit!



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Presented by: Marilyn Stasonis RN, BSN
Corporate Director of Resident Care, Northbridge Companies

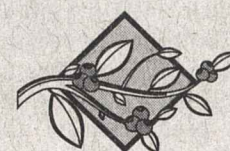
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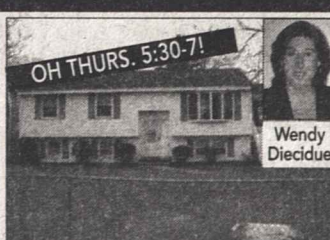
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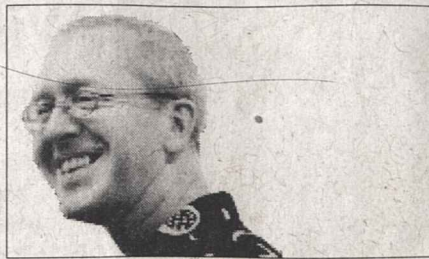


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Bird Flue

By SCOTT J. MULLOWNEY
Staff Columnist



A bird in the hand is worth two in the bush. A bird in your fireplace is worth \$125, at least according to the pest control service I called to help me with my wild animal home invasion.

Last week my wife and I had a rare day off together. We sat in our living room sipping coffee when a strange noise caught our attention.

"What's that noise?" my wife asked.

"I think the trash barrels blew over," I said.

The noise sounded again.

"It's coming from the fireplace," my wife said.

"No, it's just the wind," I said.

"It's coming from the flue," my wife said.

I muted the television volume and we both listened for the origin of the perplexing sound. Our two cats joined our silent listening party. They sat with their attention focused on the fireplace like children awaiting Santa's arrival.

There was a definite rustling in the chimney flue, echoing into the fireplace. I turned the lever to open the flue to investigate further. The flapping sound started and stopped. It sounded to me like an injured bird trapped in the chimney. The question was how to get it out of there.

I turned to the all-knowing internet for guidance. My wife Googled "how to get a bird out of a chimney" and sure enough the answer magically appeared.

The solution was simple. Turn on a flashlight and leave it inside the fireplace with the flue open. The bird will eventually head towards the light. I closed the fireplace screen and waited to see if this easy internet tip worked. I envisioned the scene from Alfred Hitchcock's film *The Birds*, where a massive storm of winged creatures explode into a home by way of the chimney.

Within minutes, we heard a flapping of wings. A bird came down the chimney and landed in my fireplace. Unfortunately, that was the end of the internet tips. I had to figure out what to do next.

I was expecting a broken-winged sparrow to flop into the corner, waiting for me to scoop it up in a shoebox and bring it outside so it could recuperate in the wild. Instead, I got a raving mad medium-sized North American Starling with an attitude problem.

The angry bird crashed around the inside of my fireplace looking for a way out. It latched onto the fireplace screen and shook it with its sharp talons. It pecked vio-

lently with its razor-like beak. Its piercing black eyes sent a message to me - and it was not a friendly hello.

"Just throw a towel on it and carry it outside," my wife said.

Easier said than done. I cautiously opened the fireplace screen and quickly tossed an old bath towel into the fireplace, completely missing the bird.

"What are you doing? Are you afraid of a bird?" my wife asked.

"No. I'm afraid you're going to freak out if it gets loose inside the house. Remember the mouse incident of 1998?" I said, trying to deflect the question back to her.

I tried throwing another towel in the fireplace, but the bird was moving too fast.

I had a business card on the refrigerator from a local pest control service. This wild bird definitely qualified as a pest. I called the number and the service said they could send someone right over. I thought the price was steep - \$125 per bird for removal - but it was worth it to end this siege.

The exterminator showed up promptly and assessed the situation. He was oddly bird-like in his own way - he had a nest of straw colored hair, a large pointed beak of a nose, and nervous, darting eyes. He wore protective glasses and gloves. He asked if he could use the towel I had thrown in the fireplace to grab the bird. For \$125 he could have at least brought a net of his own. He asked me to open the front door and stand clear while he trapped the starling in the towel and ran to the front porch to release the angry bird into the wild.

He checked the flue (with my flashlight) and said, "You've got another one up there."

Upon my recommendation, he used the internet flashlight trick to coax a second bird out of the flue.

"I hope there aren't any others up there," he said.

"I hope not either. At \$125 a bird, I can't afford any more," I said. I was going to ask for a discount since he used my towel and my flashlight, but I didn't want to press the issue.

My wife was happy with the results. She wanted the birds treated humanely so they weren't injured in their relocation back to the outside world (although I still think my Duraflame log solution would have been a heck of a lot cheaper).



Let's Hear it!!

Your Two Cents...

Panhandler in Wilmington?

Does anyone know about the young girl & dog who was holding a sign reading "Homeless, hungry Anything will help" in the Wilmington Plaza Sunday 5-4-14 3:30 pm? All kinds of people gave her money & food. As I watched all this I went to CVS and bought dog treats, juice and granola bars (box) for her.

I went outside and she was gone. A woman told me she said she was from NH, her mom passed away and things didn't work out with her boyfriend. So, she's homeless.

I went home and googled this and found all kinds of stories that sound just like this girl's tale. She's been pan handling in Tewksbury for at least a year. Beware, it sounds like she's a scam.

It's so sad, you try to do the right thing for people in need. You just don't know anymore who really needs the help and who's scamming you.

Want your opinion heard?

Send your Two Cents to:

twocents@YourTownCrier.com

All submissions must be accompanied by contact information for verification purposes. Submissions exceeding 200 words will not be considered for publication. All submissions chosen for publication will be done so anonymously.

How to submit news items...

The Town Crier goes to press on Wednesday afternoons and has a deadline for submissions as of noon on Mondays.

Preferred Submission Method:

E-Mail to **jayne@yourtowncrier.com**

E-Mail guidelines:

- News releases, news tips or information, letters to the editor - send either as copy in the original email or as an attached TEXT or Word document.
- Photos/images - send as an attached JPEG at a minimum of 200 resolution. Please do not embed the image within a Word document.
- All submissions **must** be accompanied by name, address, and a daytime telephone number. There are **no** exceptions.

Note: For elections, letters to the editor pertaining to a particular candidate will not run in the edition immediately preceding an election. Letters must be received by Noon on the Monday prior to publication.

Other submission methods:

- Deliver to the Town Crier offices at 1 Arrow Drive, Woburn, MA during business hours, 9:00 a.m. to 5:00 p.m.
- Submissions may also be mailed to - Town Crier, 1 Arrow Drive, Woburn, MA 01801

Fun Run will be donated to the Wounded Warrior Project; a minimum of \$25 is required to register for the race. Registration can be accomplished online at www.tewksburycc.com.

open seminars to learn more about COPD.

North Reading:

North Reading Community Chorale Concert

May 9th and 10th; 7:30 PM-9:30 PM

The North Reading Community Chorale will be presenting two consecutive concerts featuring a wide variety of choral pieces at the Aldersgate United Methodist Church, found on 235 Park St. Come to hear songs from artists such as Jerome Kern, Danie Pinkham, and Edward Elgar, for a night of choral entertainment! Tickets are \$12 for seniors and \$15 for adults; more information can be found online at <http://northreadingchorale.org/>

Woburn:

Free A Cappella Concert

May 14th: 9 AM-12 PM

The Woburn Senior Center will be hosting a free and open to the public A Cappella concert at the Woburn Council on Aging 144 School St. Call 781-897-5960 by May 12th in order to reserve your place for the concert; the performance will feature the semi professional group "Blue of the Kind" and the Winchester High School Octets.

Merrimack Area:

Burlington:

COPD Seminars

May 16th; 10:00 AM

The Lahey Medical Clinic, found on 41 Mall Rd. in Burlington will be hosting a series of various seminars on Chronic Obstructive Pulmonary Disease to educate the public on COPD. These seminars will begin at 10:00 AM and will be held inside of the 5 East Steane Conference Room. Be sure to attend these free and

and

Fun Run at the Tewksbury Country Club

May 26th; 8:00 AM

The Tewksbury Country Club will be hosting a Fun Run fundraiser at their golf course, which is found on the Club's premises at 1880 Main St. in Tewksbury. Come and run for a good cause with friends and family, as all proceeds of the funds that are raised at the

"What's My Dog Thinking?" Presentation

May 22nd; 7 PM-8:30 PM

If you've ever wondered what exactly you're dog's been thinking as they go about their own daily lives, then be sure to head to the Tewksbury Public Library to hear a presentation by certified veterinary naturopath and show dog enthusiast Tracie Laliberte as she delves into the K-9 psyche in a night of interesting psychological delving. No admission fee is required; be sure to register online at the library's website to attend this event.

Tewksbury:

Drug Abuse Awareness Talk

May 14th; 7 PM-8:30 PM

Nancy Parker, the current Program Director at the Tewksbury Treatment Center, will be holding a presentation at the Tewksbury Public Library on the prevalent relationship between substance abuse and mental health issues. Be sure to register online at the library's website, as seats are limited.

Annual Plant Sale

May 17th; 9 AM-2 PM

The Tewksbury Garden Club will be holding it's annual Plant Sale on the grounds of the Tewksbury Public Library, found on 300 Chandler St. Come and browse a wide variety of fairly priced and affordable plants to help enrich the life and space of your home! The sale is open to the general public to attend.

Recycling Committee

Boutwell schools in Wilmington. Kids from kindergarten to the sixth grade are invited to register online at <http://kids.pmc.org/>; registration costs \$10, and all riders have a \$25 fundraising minimum for the ride. The ride begins on 17 Boutwell St. in Wilmington. The ride begins at 9:00 AM.

Wilmington's Got Talent Auditions

May 18th; 6 PM-8 PM

Auditions for the upcoming "Wilmington's Got Talent" competition will be held on May 18th from 6:00 PM to 8:00 PM at the Villanova Hall next to the Saint Thomas church. Groups of all ages are invited to audition for the show, scheduled for the night of June 8th; all contestants who audition will be charged \$5 for individual acts, or \$10 for group acts. Twenty five of all contestants who audition will be admitted into the June 8th show.

Collection Day

May 17th; 9 AM-1 PM

Still looking to complete some spring cleaning around your household? Then be sure to head to the Tewksbury Public Library to partake in the Recycling Committee's Collection Day there to get rid of your waste products, including disposable trash, styrofoam, or anything else that isn't necessary to hang onto any longer.

Reading Symphony Orchestra POPS Concert

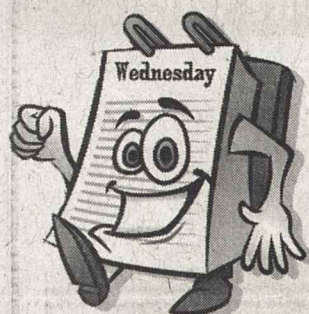
May 18th; 3:30 PM

The Reading Symphony Orchestra will be performing their traditional POPS concert at the Parker School Auditorium, found on 45 Temple St. Come and hear a variety of musical pieces from classical tunes to hits from well known productions, all performed with a fine quality. Tickets are \$15 for adults, \$10 for students and seniors, and all children under 12 are admitted free.

Community Calendar

send your item to:

Calendar@YourTownCrier.com



Wilmington:

WHS Lamplighters Presents: The Mystery of Edwin Drood

May 8th and 9th, 7 PM and May 10th, 2 PM & 7 PM

The Wilmington High School Lamplighters Drama Guild will be presenting the musical production of the infamous unfinished novel by Charles Dickens "The Mystery of Edwin Drood." With four performances over the span of Thursday (at 7:00 PM), Friday (at 7:00 PM) and Saturday (at 2:00 PM and 7:00 PM), come and see a production filled with laughter and enjoyment only a musical can provide. Tickets will be sold at the door for each show time.

Wilmington Public Schools' Art Show

May 9th; 6:00 PM-8:00 PM, May 10th; 11:00 AM-3:00 PM

The Wilmington Public School system is proud to once again host the 2014 Student Art Show, coming to the Wilmington Middle School on Carter Lane. Be sure to come down and view a wide variety of artwork from all grade levels and schools, from the Shawsheen Elementary School to the Wilmington High School. The art show is completely free and open to the public.

Wilmington United Methodist Church Fundraising Dance

May 10th; 6 PM-8 PM

Looking to try out your new dance moves, or to break in a pair of dancing shoes? Then be sure to head to the Wilmington United Methodist Church, found on 87 Church St. for their Sock Hop 50's Music dance fundraiser. Come for the themed dancing, but stay for the dessert afterward. Tickets are \$10 per person or \$20 for the whole family; for more information, be sure to contact 203-509-5375.

Bag2School Drive for the Shawsheen and Boutwell

PACs

May 10; 9 AM-2 PM

Looking to clean out your closet this summer season? Have an abundance of materials, clothing, or even stuffed animals you'd like to offload? Then be sure to bring your clothing, drapery, stuffed animals, shoes, bedding, belts, and purses to the Boutwell School parking lot, found on Carter Lane; and help benefit the Bag2School drive, benefiting the Shawsheen School and Boutwell School's PACs.

"Selling Your Age Advantage" Presentation

May 12th; 9:30 AM-11 AM

The Wilmington Networkers will be offering a free presentation led by Kit Harrington Hayes, a career coach and author, at the Wilmington Memorial Library on how to reinvigorate your job search and give you tools and tips to improve your chances of finding a meaningful and rewarding career. Be sure to register online at the library's website to attend this helpful presentation. No fee is required to attend.

Abundant Life Presents "My Fair Limey"

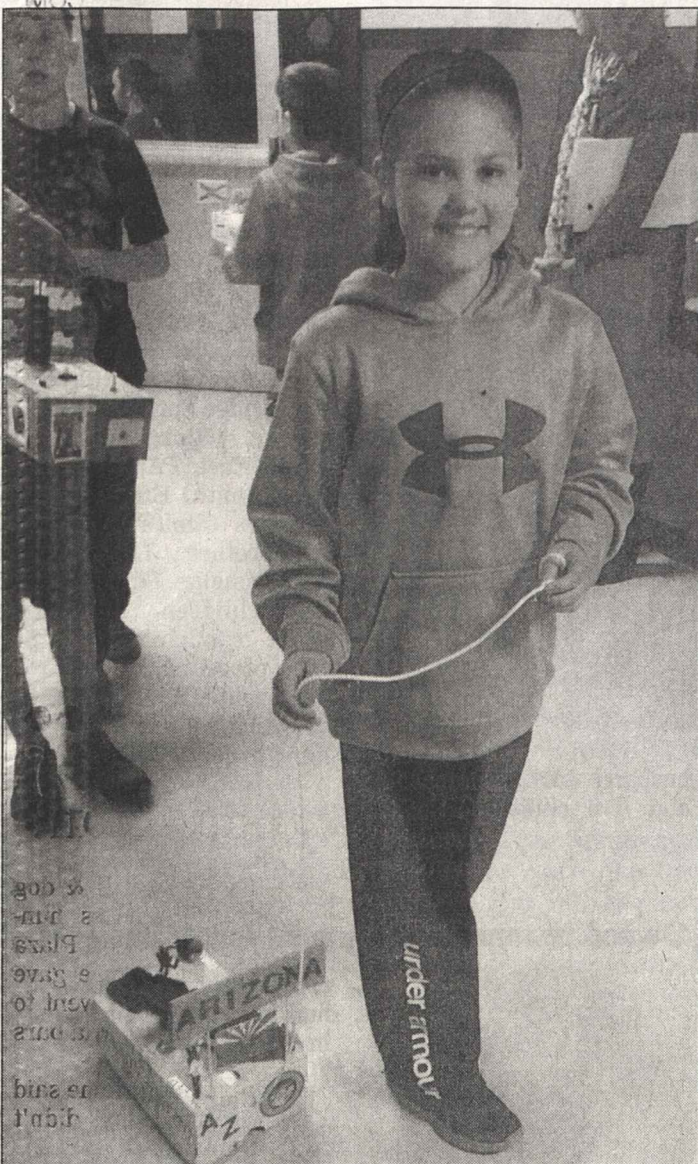
May 15th and 16th; 7 PM

The Abundant Life Christian Center's middle school drama guild presents "My Fair Limey", a Western adaptation of the classic show "My Fair Lady". Both shows will begin at 7:00 PM; tickets for general admission are priced at \$5 per person. Tickets can be purchased at the door, or by calling 978-657-8710. The Christian Center can be found on 173 Church St., next to the Wilmington Memorial Library.

PMC Wilmington-Andover Kids Ride

May 18th; 9 AM-12 PM

The Pan Mass Challenge will be coming to Wilmington for the annual PMC Kids Ride to raise funds for cancer research in a Kids Ride around the West Intermediate, Middle, and



Tewksbury's Trahan School hosted the State Float Parade on April 30th. The entire 4th grade was given an assignment to create a float about one of the states in the USA. Each student picked a state and created a "float" for a parade around the school. The students had to label and represent the state capital, products from the state, the state flag, climate and a famous person from that state. Here Maeve Cahill shows off her Arizona project in the parade.
Courtesy Photo

Three Wilmington students make the grade at UMass-Boston

Three Wilmington residents were among the 2,900 students from the University of Massachusetts Boston who made the Fall 2013 Dean's List. The three students include: Stephen Rodenhiser, Christopher Clark and Rebeca Cortazio. Recognized for its innova-

tive research addressing complex issues, UMass Boston, metropolitan Boston's only public university, offers its diverse student population both an intimate learning environment and the rich experience of a great American city.

Wilmington Middle School High Honor Roll

Class of 2018

Almeida Andrew
Amazeen Lindsey
Andersen Caroline
Blonigen Marissa
Bresnahan Morgan
Brown Krista
Burton Adele
Choi Francesca
Cigna Olivia
D'Entremont Jessica
DiMeo Nathaniel
Doucette Adam
Dusablon Hailey
Gautham Aditya
Genthner Abigail
Gibbons John
Gordon Elizabeth
Gracia Daniel
Haines Travis
Hanley Marissa
Hansen Matthew
Haque Fariha
Hebert Danielle
Hogan Thomas
Ibico Vittorio
Kalpat Nithish
Kelley Erin
Keogan Kayley
Kieran Antonia
Lamothe Isabella
Lentini Gillian
L'Esperance Samantha
Marzi Zoe
Maynard Benjamin

Medros Natalie
Melanson Francis
Melvin Abigail
O'Connell Mia
Olson Kristen
Proulx Ian
Ramanan Sharanya
Roche Jill
Scaramozzino Michael
Sica Robert
Spizuoco Jason
Swamy Sudarshan
Trevisani Justin
Turner Jessica
Valente Jesse
Wingate Olivia
Wong Matthew
Xing Joana
Zhong Stella

Class of 2019

Abbey Meghan
Beauregard Samantha
Bernazani Alyssa
Blonigen Kayla
Bond Gabriella
Canale Meghan
Carpenito Matthew
Chen Michelle
Collins Cassidy
Collins Hailey
D'Arco Jessica
Dickson Madison
Duggan Mindy

WCTV programming 'Book Stew' for the ages

WILMINGTON - WCTV's show "Book Stew" will feature the second of a two-part on Thursday, May 1 at 7 AM and 7 PM. We continue our visit to the United First Parish Church of Quincy, MA, the home of the Prison Book Program, a local organization providing books to incarcerated people all across the country (<http://www.prisonbookprogram.org/>).

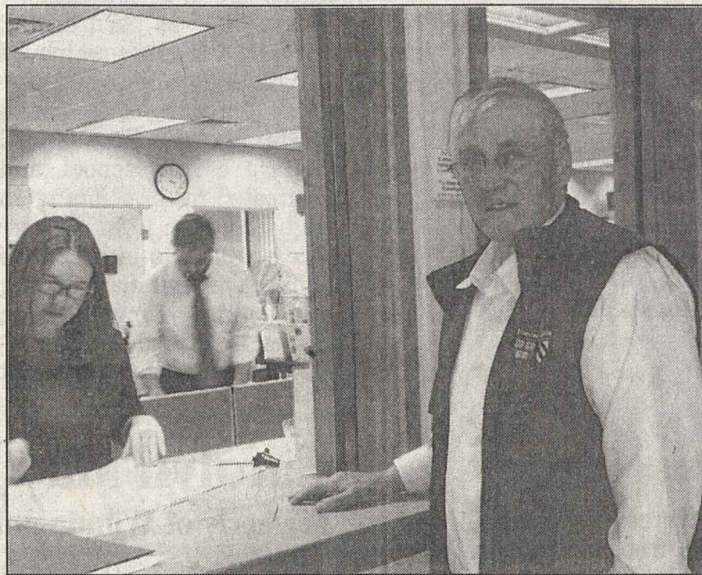
In this episode, host Eileen MacDougall comes face to face with epic history in a most unexpected manner.

Eileen is a Wilmington Memorial Library Trustee and bibliophile extraordinaire. Here's a fun fact: Eileen devours on average two or three books a week, and her daughter, Dr. Julia

MacDougall, reads almost the same amount. However, Julia's choice is fan fiction on line, and she only reads paperback or hardcover books on vacation, when most of us would just grab our Kindles.

In the works for the future "Book Stew" shows are interviews with two local authors and a visit to a Brookline book store to meet their in house book club.

Both episodes of the Prison Book Program show can be viewed together on Monday May 5th at 5 PM, Tuesday May 6th at 1 PM, Thursday May 8th at 7 AM and 7 PM and Saturday May 10th at 2 PM, with the same schedule repeating throughout the month of May.



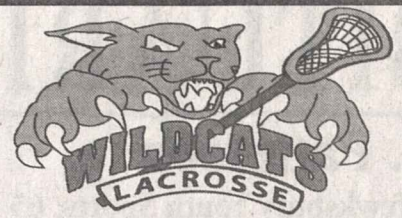
Tewksbury resident and former Selectman Doug Sears turns in his signatures to be the first candidate to qualify for the ballot in the race for 19th Middlesex House of Representatives for Wilmington and Tewksbury. Sears will take on veteran House Representative Jim Miceli in November. He turned in 188 certified signatures.
Courtesy Photo

Foley Molly
Fusco Samantha
Gaffey Morgan
Galvin Julia
Ganley Rebecca
Garrity Emma
Homola Jared
Johar Simran
Karnesky Ethan
Krueger Nicole
Marzi Samantha
McElligott Matthew
McGloughlin Victoria
McLaughlin Julia
Neogi Ankur
Novak Sophia
Nuzzolo Jacob
Palmer Jocelyn
Rhind Emma
Russell Amie
Sheehan Victoria
Watson Grace
Williams Alexa
Wright Emily

Class of 2020

Alberti Garrett
Andersen Savannah
Arulraj Joanne
Bertolami Gina
Burton Evelyn
Buzzanga Marco
Cheney Sarah
Colantuoni Alyson

D'Amico Sophia
Daniliuk Jessica
Dankese Ashley
Jordan Allison
Kennedy Nolan
Lawson William
Lequin Rachelle
Lovine Eric
Maienza Daniel
Malfa Erica
Maselli Joseph
McNamara Richard
Miller-Nuzzo Evelyn
Morris Zachary
Morrison Alyssa
Nelson Leah
O'Connell Tess
Palazzo Tyler
Patrone Juliana
Petrucchi Gianna
Quinlan Cameron
Rideout Anna
Serounian Harry
Sivakumar Sukethram
Stevens Jessica
Sun Timothy
Thakkar Mansi
Vigeant Morgan
Vitale Aedan
White Jocelyn
Zavulunov Shani
Zuccola Felicia

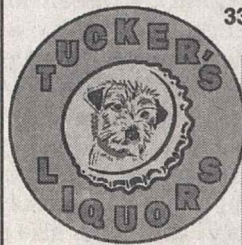


The Wilmington Youth Lacrosse Association is proud to announce the

PAUL "SCOTTY" MCDUGALL MEMORIAL SCHOLARSHIP - 2014

The Wilmington Youth Lacrosse Association is proud to announce the offering of two \$1000 scholarships in memory of our friend, Paul "Scotty" McDougall. These scholarships have been established for graduating high school seniors that have participated in Wilmington Youth Lacrosse. Scholarship application information including forms, eligibility guidelines, and selection criteria can be found at:

www.wilmingtonlax.com



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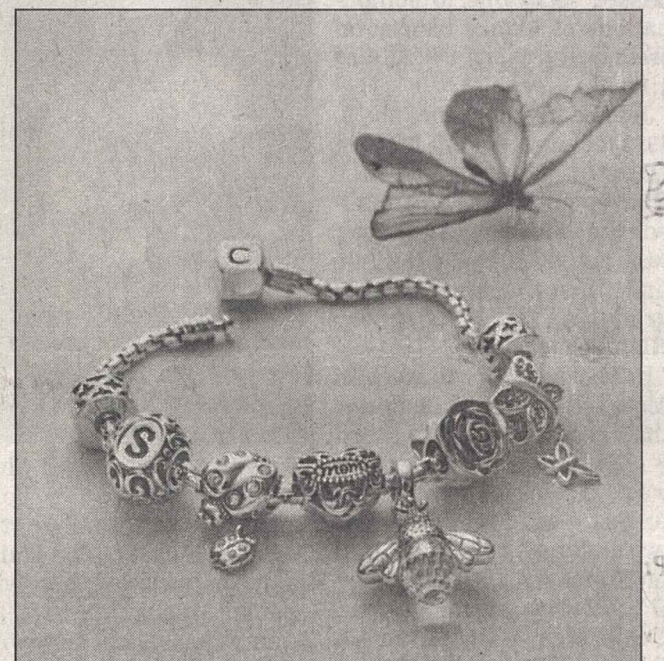
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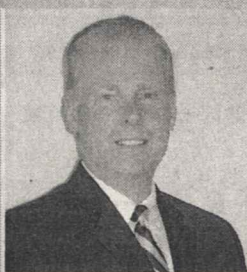


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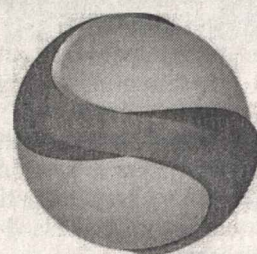
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OBITUARIES

Roy E. Patterson

Active in Tewksbury Youth Sports; 65

TEWKSBURY - Roy E. Patterson, age 65, well known in the community as a businessman and leader in youth sports, died unexpectedly on Friday afternoon, May 2, at LGH's Saints Campus, from an apparent heart attack. He was the beloved husband of Susan M. (Watson) Patterson, with whom he would have celebrated a 43rd wedding anniversary on June 13th.

Roy was born in Lowell, January 12, 1949, a son of the late Leroy F. and Barbara C. (Penney) Patterson, and was a lifelong Tewksbury resident. He graduated from Tewksbury Memorial High School with the Class of 1966. He began his career as an auto body repairman with his uncle Stavley at Penney's Auto Body in Tewksbury. He went on to work with Hamel Brothers Auto Body in Lowell, until he founded his own business, Towne Auto Body in downtown Lowell. He retired from there after 30 years of ownership. Towne Auto Body sponsored a men's softball team in Tewksbury for a number of years.

Roy was defined by his decades of contributions to youth sports. He coached in Tewksbury Youth Baseball,



Tewksbury Youth Hockey, Tewksbury Memorial High School Freshman and Junior Varsity Baseball for ten years, as well as Northeast Baseball League. He served on the Board of Directors for the T.Y. Baseball and T.Y. Hockey organizations and was a co-founder of the T.Y. Hockey Boosters Club. He was also a Senior Member of the Wamesit A.F. & A.M. DeMolay youth organization. Roy was also a member of the Tewksbury-Wilmington Elks, Lodge 2070.

Roy was raised in the Tewksbury Congregational Church, and received recognition by the Church for his longevity of membership.

Besides his beloved wife, he leaves his devoted son, Stephen Roy Patterson, and

beloved grandson, Timothy Roy Patterson both of Tewksbury; three brothers and their spouses, Roland T. and his wife Jacqueline (Millette) Patterson of Lowell, Barry W. and his wife Sharon (Dobay) Patterson of Bradford, Charles E. and his wife Dawn (Spaulding) Patterson of Lowell, and an aunt, many nieces and nephews, grand nieces and grand nephews.

He was predeceased by his sister, Sandra A. (Patterson) Williams, and a niece Alicia Dobay.

Visiting hours Tuesday, May 6, from 4 to 8 p.m. in the Tewksbury Funeral Home, corner of 1 Dewey and 975 Main Sts. (Rte 38) Tewksbury Center, ph (800 in MA or 978) 851 2950. His Funeral Service will be held Wednesday at 11:00 a.m. in the funeral home, followed by burial in Tewksbury Cemetery. In lieu of flowers, memorials to the George "Timmy" Ernest Memorial Scholarship Fund, c/o T.F.H., 1 Dewey St., Tewksbury, MA 01876 or Tewksbury Food Pantry, 999 Whipple Rd., Tewksbury, MA 01876 will be appreciated. tewksburyfuneralhome.com

Shirley Rita Boyer

Exemplified the Proverbs 31 woman

WILMINGTON - "Her children arise and call her blessed . . ." Shirley Rita (Smith) Boyer, age 79, passed away Thursday, April 24, 2014, at her home. She was born September 16, 1934, in Wilmington, Massachusetts, a daughter of the late Lester and Thora Smith.

Shirley exemplified the Proverbs 31 woman. She loved her family, was a great support to everyone, and her love and compassion was felt by all those around her. She enjoyed working outdoors, crocheting, and painting.

Shirley is survived by her



husband John, of 57 years, and five children: Carolyn

(Randy) Weislogel of Fairview, PA, David (Kathy) Boyer of North East, PA, Darlene (Craig) Newell of Erie, PA, Sandy Boyer of Cambridge Springs, PA, and Coleen (Rick) Triana of North East, PA; two sisters, Ella (Smith) Efraimson and Barbara (Smith) Cleveland; two brothers, Lester (Smith) and Douglas Smith; eleven grandchildren, and three great-grandchildren. She was preceded in death by one brother, Roland Smith.

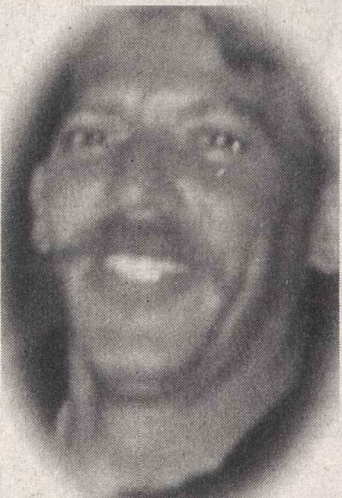
A private burial was held in her memory.

Peter Kritter

Formerly of Wilmington, Owned restaurant equipment repair business

WEST WARWICK, RI - Peter Kritter died at home in W. Warwick RI under Hospice care on May 3, 2014 at the age of 55 after a long illness. He was born in Fall River, MA in 1958 and moved to Wilmington with his parents Eugene and Joan Kritter in 1960. He attended Woburn Street school and graduated from Wilmington High School in 1976.

He was active in soccer in high school and many indoor and outdoor town league teams. He attended commercial restaurant equipment



repair school in Texas, and had his own repair business in Rhode Island for the past 21 years.

He is survived by his two sons Dylan and Remy, his three brothers Paul, Philip, and Andrew, and his parents.

Donations in his memory can be made to the American Lung Association. Memorial plans will be announced separately.

The Gorton-Menard Funeral Home in Coventry, Rhode Island will handle the arrangements.

Jeanne M. Conley, LPN

Member Baldwin Civic Assoc, Skating Club, Methodist Church

BREMEN, ME - Jeanne M. Conley of Bremen, Maine passed away due to complications of kidney cancer on Wednesday, April 30, 2014 at 1:10am.

Jeanne was born on June 9, 1922, daughter of Marion (Davis) and Walter Pierrepont Ifill. She attended the Muscongus School, was active in the 4-H Club, and then became a 1939 graduate from Waldoboro High School.

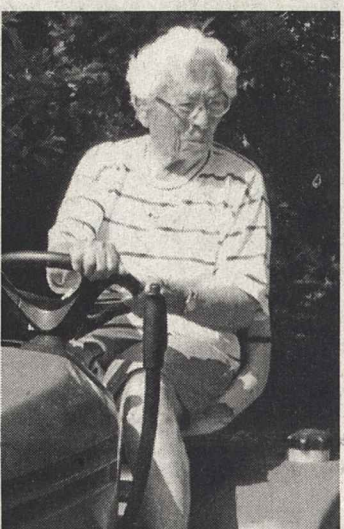
In 1942 she went to work in Massachusetts and later that year, married Bernard F. Riley of Cambridge. Riley was killed in France in August 1944. She worked for two summers at Kindercamp in Bremen. She remarried G. Earle Camber of Cambridge; they lived in Revere, Woburn and settled in Wilmington, MA. for 21 years.

She was a Den mother in Cub Scouts and for 15 years a Girl Scout leader and summer camp director who taught nature for all the troops in town. She belonged to the Baldwin Civic Association, the Wilmington Skating Club, and Wilmington Methodist Church.

For 12 years Jeanne served as a Special Officer in the Wilmington Police Department. She also decorated mints at a home workshop of the head decorator of a confectionary company. She made hundreds of wedding and birthdays cakes, many for friends and relatives (including Christmas gingerbread houses for 58 years).

In 1968 she matriculated at Tewksbury Hospital's School of Practical Nursing and graduated in 1969 as an LPN, and began working at that hospital, then the Medical Personnel pool, and the Bayview Nursing Home of Winthrop, MA. Jeanne divorced in 1974. She remarried Clyde D. Conley and moved to Bremen in 1977.

She worked at Fieldcrest Manor Nursing Home in Waldoboro and also did private duty nursing care. She belonged to the Muscongus Community Club, Bremen Union Church (where her grandparents had a pew), the Patriotic Club, Coastal



Clippers Square Dance Club, the Muscongus Pond Association, and the Audubon Society. The Maine Audubon awarded her with special recognition "...for twenty years of surveying and protecting Maine's Common Loons..." that is, she was a certified loon counter.

Jeanne was a great friend of the Miles Memorial Hospital League in Damariscotta. She worked at their Rummage Sale for 20 years and fed volunteers for 17 of them. She always had a garden and froze and canned most every year throughout her life. She and Clyde traveled extensively throughout the USA, visiting every state except Kansas. Jeanne was known for her picnics and for mowing her three acres on her John Deere with her Bichon Frise, Frosty, in her lap.

Jeanne made many lifelong friends; Kathy Burgess came up from South Carolina, a classmate from nursing school, to tend to Jeanne in her final days. She introduced herself to Jeanne's children as "...your sister from a different mother." Linda Kane of Georgia did as well. Marge Jicha of Bremen was one of Jeanne's dear friends and they would do anything for each other.

Jeanne hosted three Davis Family Reunion Picnics at her home where, in August 1991, they unraveled a twenty-foot chart put together by her cousins, Barbara Plummer Briggs and Mildred Plummer. Just Eleven Generations to the Mayflower, it documented the family's lineage back to the families of Richard

Warren, Samuel Baker, Henry Howland and William White. All of them came over on the Mayflower.

She was predeceased by her husband and best friend, Clyde; and by two brothers, Clinton and Edward Ifill; as well as by her step-daughter, Kathleen Blair.

She is survived by her three children (and spouses), Robert Riley and his wife Patricia of Winter Haven, Florida; Valerie Borgal and her husband Thomas of Tewksbury, MA, and Bruce Camber and his wife, Hattie, of River Ridge, LA; as well as by stepchildren, Jon, Leland and Peter Conley of Concord (MA), Bedford (MA), and Orlando (FL) respectively; and Carol Baker of Mt. Dora, FL; and by six grandchildren, eight great grandchildren, 1 great-great-grandchild, as well as 9 step grandchildren, and nine step-great grandchildren; and by her brother, Robert Ifill of Damariscotta and Readfield; and her sister, Lila San Angelo of Bremen.

A memorial service will be held on Sunday, June 15, at 1 PM at the Strong-Hancock Funeral Home, 612 Main Street, (old Route 1 - 1.6 miles north of downtown Damariscotta once you cross the little bridge into town). The service will be officiated by her dear friends and ministers, Doug Wood of Safe Harbor Community Church in Bremen and Tim Connelly of the Word of Life Church in Waldoboro.

In lieu of flowers, please donate to the best cancer research organization that you know. Arrangements are under the direction and care of the Strong-Hancock Funeral Home, 612 Main Street, Damariscotta. Condolences, and messages for the family, may be expressed by visiting: www.StrongHancock.com.

Carolyn May Luken

Formerly of Wilmington; Services announced

Carolyn May (Connors) Luken, age 89, passed away on April 3, 2014, in Maryland. Carolyn was a resident of Wilmington for 35 years, having raised her two daughters, Patricia and Christine and taken care of 17 foster children there with her husband Willard. She was born in Portland Maine, the daughter of Carroll and Mary Connors. She worked at Raytheon for 25 years before retiring and moving to Texas with her daughter's family.

Carolyn is survived by one daughter, Christine Barnard and her husband Robert Barnard Jr., grandchildren,



Michelle Toto, Joseph and Susan Toto (children of her late daughter Patricia), Bobby and Holly Barnard, Jessica Barnard, and Amanda and Clark Buffam

Anna A. Ippolito

Tewksbury's oldest citizen; 102

TEWKSBURY - Anna A. (Adario) Ippolito, age 102, Tewksbury's oldest citizen, featured in newspaper articles for the award of "Tewksbury's Boston Post Cane," last year, died peacefully, Monday afternoon, May 5, 2014, at the Blaire House of Tewksbury, with her family at her side. She was the wife of the late Vincent J. Ippolito, who predeceased her in 1999. Anna received many citations congratulating her for her milestone birthdays from President Barack and Michelle Obama, U. S. Senator Elizabeth Warren and Senator Barry Finegold, Congressman John Tierney, Speaker of the House Robert DeLoe, State Representative Jim Micelli, Governor Deval Patrick and all of Tewksbury's Board of Selectmen.

Mrs. Ippolito was born in Cambridge, February 22, 1912, one of eight children of the late Vincenzo and Domenica (Barbetta) Adario. She lived in Cambridge for ninety five



years. During her career, she worked at Dewey & Almy Company and Teledyne Crystallonics, both located in Cambridge, retiring from Crystallonics in 1977. She moved to Tewksbury in 2005, and joined the St. William's Parish community.

She is survived by six children, Constance Castelhana of CA, James Ippolito and his wife Beverly of FL, Barbara Ciommo of Malden, John Ippolito of CA, Ronald Ippolito and his wife Josie of CA, and Susan Broussard and her husband John of Tewksbury; her 15 grandchildren, 24 great grandchil-

dren, 9 great, great grandchildren as well as many nieces and nephews. She also leaves behind her Blaire House family, including her dear friend Linda Antonucci.

She was predeceased by her siblings, Carlo, John, Susan, Rose, Patrick, Mary, and Alice.

Visiting hours are Sunday, May 11, from 4 to 7 p.m. in the Tewksbury Funeral Home, corner of 1 Dewey St. and 975 Main St. (Rte 38) Tewksbury Center, Ph: (800 in MA or 978) 851 2950. Her funeral will begin Monday, May 12, at 9:00 a.m. from the funeral home, followed by a Funeral Mass Monday at 10:00 a.m. in St. William's Church, 1351 Main St. (Rte 38) Tewksbury. Burial will follow in Mt. Auburn Cemetery, Cambridge.

In lieu of flowers, memorial donations in Anna's name may be made to RARA (Recreational Adult Resource Association), 295 High Street, Lowell, MA 01852.

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Lifestyle

What's really in your "vitamins" or that energy drink?

BY SHERYL WALSH
Town Crier Correspondent
Sheryl@YourTownCrier.com

Supplements have grown into a booming industry far beyond what the makers of One-A-Day or Flintstones Vitamins ever imagined. Much more than an enhancement to our food sources of nutrition, the supplement industry has grown to include pills and drinks associated with solving a myriad of problems from weight loss to low energy. The issue is that the manufacturers are not regulated in a manner that necessarily ensures the products are safe and properly labeled.

Twenty years ago the US Food and Drug Administration regulated dietary supplements much more like they do drugs. They evaluated ingredients. But with the passage of the Dietary Supplement Health and Education Act of 1994, the FDA proclaimed "It is the company's responsibility to make sure its products are safe and that any claims are true."

The supplement industry does not have to provide any information to the FDA before selling a product. There are no pre-market tests. The FDA only steps in when concerns have been reported. And they have done that. According to their web site, they have worked with industry to recall more than 190 products off of the market. But they also offer a clear warning about fraudulent products.

"Just because you see a supplement product on a store shelf does NOT mean it is safe or effective. When safety issues are suspected, FDA must investigate and, when warranted, take steps to have the product removed from the market. However, it is much easier for a firm to get a product on the market than it is for FDA to take a product off the market."

To counter this, the FDA has a wealth of information on their web site about products and about how to receive automatic notice of warnings and recalls. The best source for notices is the FDA Consumer Updates page.

There are also a few independent organizations that offer a "seal of approval" that can be earned by and displayed on certain products. For example, States



Pharmacopeia (USP) rigorously tests and verifies supplements. They assure consumers that ingredient labels are accurate, there are no harmful contaminants, the supplement will break down and release in your body, and it was made using accepted manufacturing practices. They test products by pulling random samples from the retail marketplaces. Consumers can look for their seal on a label.

So before purchasing a supplement, remember the old adage "Buyer Beware" certainly applies here. Consumers should take advantage of the FDA website and the work of independent testers.

Help your Mom get organized for Mother's Day

Mother's Day is May 11. If you're wracking your brain for ways to show your mom appreciation for all the sacrifices she made while raising you, here's a thought: Why not offer to spend some time helping to sort through her financial, legal and medical paperwork to make sure everything is in order?

While flowers and candy offer immediate gratification, your mom will truly appreciate the long-term value of getting her records in order now so that she - and you - will be able to take appropriate actions later on, should the need arise.

Some of the areas you might want to organize include:

- Retirement income sources. Gather these documents so your mom will have a better idea how much income she'll have available throughout retirement.

- Register your mom at my Social Security (www.socialsecurity.gov/myaccount) to gain access to personalized estimates of retirement, disability and survivors benefits, lifetime earnings records and estimated Social Security and Medicare taxes paid.

- You'll also need your dad's statement to determine any potential spousal or survivor benefits for which she might be eligible, so sign him up as well.

- Annual statements for pension, IRA, 401(k) or other retirement savings plans for which she's eligible. (Check your dad's statements too in case she's eligible for spousal death benefits.)

- Bank statements for checking, savings, money market and CD accounts.

- Company stock and bond certificates, and statements for other investment accounts.

- Outstanding debts. Also gather monthly statements and outstanding balances owed for major expenses including: home mortgage or other property loans, home equity loan or line of credit, car loan or lease, credit cards, medical bills and personal loans.

- Other important documents. Your mom should have documents instructing how she'd like her affairs to be handled, both while she's living and after death. Look for:

- Medical, homeowner/renter, auto, life, disability and long-term care insurance policies.

- A will (and possibly a trust) outlining how she wants her estate managed after death.

- Durable power of attorney and health care proxy specifying who will make her financial and medical decisions if she becomes incapacitated.

- Also, a living will tells doctors which medical treat-

ments and life-support procedures she does or doesn't want performed.

- Birth certificate, marriage license, Social Security card, funeral plans, safe deposit box information, etc.

- Contact information for professional service providers (doctors, pharmacy, lawyer, financial advisor, bank, insurance companies, etc.) Also give these providers your own contact information in case of emergencies.

- Review these documents regularly and make updates whenever her situation changes. For example, make sure that designated beneficiaries for your mom's will, life insurance and retirement plans accurately reflect her current wishes.

If you need help guiding financial discussions, Social Security has created a special website for women (www.ssa.gov/women) that provides information on retirement, disability and other issues - in English and Spanish. They also have a Retirement Estimator (www.ssa.gov/estimator) that enters her earnings information from their records to estimate her projected Social Security benefits under different scenarios (age at retirement, future earnings projections, etc.)

Another good resource is the Women's Saving Initiative, a program jointly developed by

Heinz Family Philanthropies, the Women's Institute for a Secure Retirement (WISER) and Visa Inc. This program features a free book called "What Women Need to Know About Retirement," which you can download as a PDF or audio file at www.practical-moneyskills.com/resources.

If you need professional help, consult a licensed financial planner who can design a personalized retirement strategy. If you don't know one, try the Financial Planning Association (www.plan-nerssearch.org).

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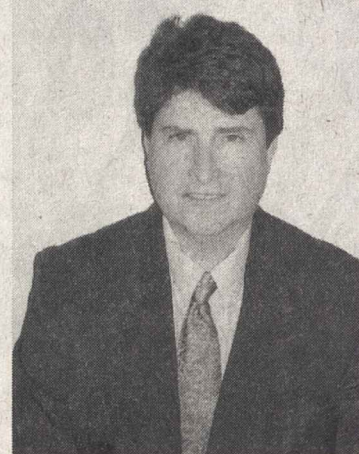
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coverage through your employer and you have dependents under the age of 19, we can actually have a check sent to you monthly for reimbursement on your existing group coverage. The Health Safety Net also provides comprehensive dental, but you need to apply to receive these highly subsidized benefits.

We also can help with Medicare Supplemental plans and currently we assist the Town of Wilmington Veterans Department with Medicare Supplemental coverage and can also review the best prescription drug programs (this could save hundreds of dollars per year). We can review programs that may save you additional funds such as extra help, Mass Health Buy-In, and Prescription Advantage.

Our goal is to inform you about areas of planning that should be helpful to minimizing your exposure and also finding ways to reduce expenses in regards to your health coverage. In addition to healthcare, we are independent and can quote you rates for life insurance, disability insurance, home and auto, etc.

This member profile is provided by the Wilmington Chamber of Commerce. To have your business highlighted here contact Executive Director Nancy Vallee at 978-657-7211.

Upcoming Chamber of Commerce Events:

Government Affairs Breakfast

Date: Tuesday, May 20
Time: 8:00 am - 9:30 am
Place: Panera Bread, Wilm. Plaza
Cost: Free for Chamber Members

Multi-Chamber Business Card Exchange

Date: Wednesday, May 21
Time: 5:30 pm - 7:30 pm
Place: Brightview, Arlington
Cost: \$10 Members, \$20 Guests

Please contact the Chamber at 978-657-7211 for additional event details.



Making the most of STEM night - Science, Technology, Engineering, and Math - help make the grade. Rose Ebert and Grace Smith make fossils out of clay, while Art and Science Teacher Mrs. Vik and Grace's mom Nicole look on.

Bruce Hilliard Photo



Tewksbury Police Log

Plethora of drunk driving arrests

April 28, 2014

12:51 AM - 911 caller reported he was walking at the Wynn Middle School when he was almost run over by two vehicles, was unable to give the plate or description of the vehicle. Caller was also concerned at the fact that there was a large amount of cars in the parking lot of the above location and would like to speak to an officer. Filed a report after a few police cars searched around the area.

11:48 AM - Charme Road resident reported that she received a call from a male claiming that he was her grandson. He stated that he needed money to be released from jail.

9:07 PM - David Casella, 20, of 128 Treble Cove Road, was arrested on the basis of a warrant at 450 Main Street, The Caswell Motel.

April 29, 2014

7:23 AM - Matthew Logan, 28, of 134 River Road, was stopped for speeding near the intersection of Fiske Street and Scotland Drive. He later was arrested and charged with driving with a suspended license.

5:14 PM - Aaron Sherman, 30, of 24 Brooke Street, was arrested on the basis of a warrant and charged with conspiracy to violate drug law, possession of class A drug, uttering a false name. Randolph Bailey, 50, of 80 Farwell Road, was arrested and charged with possession of a class A drug.

5:42 PM - Green Street resident walked into police station requesting to speak with an officer. In January someone wrote derogatory statements on his car, one month later vehicle hood was scratched, and last week 3 ladders were stolen from his back yard. Filed a report.

5:55 PM - Cooney Road resident reported his neighbor is taking video and pictures of him and his wife. Filed a report.

April 30, 2014

11:43 AM - 911 caller at Stadium Plaza Market Basket reported 3 small children left in a vehicle alone. Filed a report.

7:27 PM - Lakeview Avenue resident reported he was having tree work done when a tree struck the house. Caller stated when he went out to confront the workers they he asked him not to call the police. There is minor damage to the residence and the homeowner is having a contractor come out tonight to look at the damage. Insurance information was exchanged.

9:28 PM - Michael Codner, 27, of 34

Cinnamon Circle, was arrested on the basis of a warrant and charged with receiving stolen property with a \$250 fine.

10:30 PM - John Stimpson, 47, of 27 Champa Rd., Billerica, was stopped in his vehicle in the vicinity of 919 Whipple and arrested on the basis of a warrant.

May 1, 2014

3:04 AM - Richard Mason, 22, of 10 Delmar Road, allegedly fell asleep at the wheel, causing extensive damage to his vehicle. He was arrested and was charged with possession with intent to distribute a Class D substance and a dangerous weapons charge.

10:43 AM - Melissa Beauchesne, 33, of 16 Burns Street Apartment 2 in Lowell, was arrested at the Motel 6, 95 Main Street, on the basis of a warrant and charged with shoplifting, and possession of a Class A drug.

1:09 PM - Gary Duarte, 37, was arrested at 333 Foster Road on the basis of a warrant.

4:38 PM - Kirk Proctor, 21, 221 Shoreline Drive, was arrested and charged with assault and battery.

7:53 PM - An Ames Hill Drive resident reported she is receiving threatening phone calls.

May 2, 2014

7:08 PM - Jonathan Sanchez, 25, of 454 Central Street in Lowell, was arrested near the intersection of Andover Street and I-495 and charged with malicious destruction over \$250.

10:21 PM - Caller from Whipple Road reported she keeps her vehicle in her garage and she heard the horn beep three times. Caller is nervous because just prior to that she heard a dog barking. Police reports the homeowner hit the button in her pocket.

11:30 PM - 911 caller reporting there are people looking through cars with flashlights at a Main Street automotive shop. It was an employee working on an emergency repair.

May 3, 2014

1:00 AM - Motor Vehicle Stop
123 Whipple Road at 10 Sesame Street
Derick Mackenzie, 18, of 185 Allen Road in Billerica, was arrested following a motor vehicle stop near intersection of Whipple Road and Sesame Street. He was charged with Operating under the influence of liquor, negligent operation of motor vehicle, and marked lanes violation.

1:03 AM - Derek Lynch, 42, of 4 Kimball CT

Apartment 108 in Woburn, was arrested following a motor vehicle stop near the intersection of Main Street and State Street and charged with a marked lanes violation, negligent operation of motor vehicle, OUI liquor, and unregistered motor vehicle.

1:43 AM - Cory Daley, 22, of 4 King Street in Wilmington, was arrested following a motor vehicle stop near the intersection of Geddes Drive and North Billerica Road and charged with Operating under the influence of liquor, negligent operation of motor vehicle, speeding, and lights violation.

May 4, 2014

1:13 AM - Alec Rodriguez Jr., 19, of 32 Edgewood Road, was arrested on Madeline Road and charged with Operating under the influence of liquor and negligent operation of motor vehicle.



Wilmington Police Log

Vandalism of car or desecration of pizza?

Monday, April 28th:

10:05 AM: Corey Arruda, 26, of 295 Olney St. in Seekonk, Massachusetts was arrested at the Saint Thomas Church on Middlesex Ave on the basis of a warrant.

Tuesday, April 29th:

7:38 PM: A three-way motor vehicle collision occurred on Shawsheen Ave. involving a Buick Century, a Saturn SL2, and a Ford Ranger. All three vehicles involved sustained minor damage, and one operator sustained minor injuries in the collision.

Wednesday, April 30th:

8:16 AM: A three way motor vehicle collision involving a Ford Cutvan, a Ford Econovan, and a Ford Escape occurred at the Hefferon Materials on Salem St. All three vehicles were towed away from the scene of the collision, and no parties involved were injured in the collision.

11:35 AM: Christopher Couto, 27, of 14 Everett Ave. in Wilmington was arrested at his residence on the basis of an outstanding warrant.

2:27 AM - Brittany DiCredico, 24, of 55 Fremont Street, was arrested after a stop near the intersection of Whipple Road and Farwood Road, and charged with Operating under the influence of liquor, negligent operation of motor vehicle, marked lanes violation, and speeding.

4:33 PM - Whipple Road caller reported he believes his grandmother's nurse was taking her medicine. Amanda Stamas, 26, was arrested and charged with possession of a Class B drug and larceny.

Disclaimer: The arrest records available through this publication are public information. Any indication of an arrest does not mean the individual identified has been convicted of a crime. All persons arrested are innocent until proven guilty in a court of law.

Thursday, May 1st:

Quiet.

Friday, May 2nd:

Still quiet.

Saturday, May 3rd:

6:38 PM: A vehicle parked at a residence on Pouliot Place was vandalized with a full box of pizza splattered all over the front windshield. The vandals have not been apprehended.

Sunday, May 4th:

4:17 AM: Xiong Yang, 25, of 46 Royal Crest Apartments in North Andover was arrested on the Route 125 Highway, charged with operating a motor vehicle while under the influence of liquor, the negligent operation of a motor vehicle, failing to stop for police, speeding, a breakdown lane violation, and a marked lanes violation.

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SAVE \$3,640!

MSRP: \$17,635

\$13,995

\$74.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$1,798.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$10,728.30. Title & out of state taxes excluded. Due at signing ... \$3,714.95

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New 2014 Ford Fusion

#46583

FUEL SAVERS 33

24 Month Lease
\$7995 per mo.

SAVE \$4,810!

MSRP: \$22,305

\$17,495

\$79.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$1,918.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$15,261.75. Title & out of state taxes excluded. Due at signing ... \$3,719.95

This is YOUR Final Price with No money down!

New 2014 Ford Escape

46255

FUEL SAVERS 31

24 Month Lease
\$12495 per mo.

SAVE \$5,000!

MSRP: \$23,995

\$18,995

\$124.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$2,998.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$15,616.85. Title & out of state taxes excluded. Due at signing ... \$3,764.95

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New 2013 Ford Edge SE

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24 Month Lease
\$19995 per mo.

SAVE \$6,870!

MSRP: \$30,865

\$23,995

\$199.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$4,798.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$23,677.95. Title & out of state taxes excluded. Due at signing ... \$3,839.95

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SAVE \$4,915!

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\$27,995

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46118

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\$19995 per mo.

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MSRP: \$31,515

\$24,995

\$199.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$4,798.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$23,677.95. Title & out of state taxes excluded. Due at signing ... \$3,839.95

This is YOUR Final Price with No money down!

New 2014 Ford F150 STX Supercab

46680

24 Month Lease
\$19995 per mo.

SAVE \$6,545!

MSRP: \$35,540

\$28,995

\$199.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$4,798.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$23,677.95. Title & out of state taxes excluded. Due at signing ... \$3,839.95

This is YOUR Final Price with No money down!

New 2014 Ford F250 4X4

#45794

24 Month Lease
\$19995 per mo.

SAVE \$8,290!

MSRP: \$35,285

\$26,995

\$199.95 first month payment, \$2995 cash or trade down, \$645 acquisition fee are due at lease inception. Security deposit is waived. Monthly payments total \$4,798.80. 21,000 miles are included and excess miles are 15¢ each. Customer has option to purchase at lease end for \$21,233.30. Title & out of state taxes excluded. Due at signing ... \$3,839.95

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\$129.95 first month payment, \$995 cash or trade down, \$595 acquisition fee are due at lease inception. Security deposit is waived. Must qualify for KIA recent college grad rebate. Monthly payments total \$6,118.20. 36,000 miles are included and excess miles are 20¢ each. Title & out of state taxes excluded. Total due at signing ... \$14,759.95

2014 KIA FORTE LX

K40184

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SAVE \$2,720

MSRP: \$18,415

PORTSMOUTH KIA PURCHASE PRICE

\$15,695

KIA 36 Month Lease With Only \$995 Down

\$144.95 first month payment, \$995 cash or trade down, \$595 acquisition fee are due at lease inception. Security deposit is waived. Must qualify for KIA recent college grad rebate. Monthly payments total \$5,218.20. 36,000 miles are included and excess miles are 20¢ each. Title & out of state taxes excluded. Total due at signing ... \$1,734.95

2014 KIA OPTIMA

K1008

0% MONTHLY FINANCING AVAILABLE

SAVE \$4,225

MSRP: \$23,220

PORTSMOUTH KIA PURCHASE PRICE

\$18,995

KIA 36 Month Lease With Only \$995 Down

\$159.95 first month payment, \$995 cash or trade down, \$595 acquisition fee are due at lease inception. Security deposit is waived. Must qualify for KIA recent college grad rebate. Monthly payments total \$5,758.20. 36,000 miles are included and excess miles are 20¢ each. Title & out of state taxes excluded. Total due at signing ... \$1,749.95

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• Alloys • ABS • Cruise

\$17,995

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• Air Conditioning
• Heated Seats
• Reverse Sensing
• Sirius • SYNC
• Power Seats
• Factory Warranty

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U1171A

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• Air Conditioning
• Power Windows & Locks
• Cruise • Tilt
• ABS • Alloys
• Leather
• Power Seat

LEATHER

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U1302

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25th Anniversary for Atlantic Audiology

WILMINGTON - On Thursday, May 15th the Wilmington Office of Atlantic Audiology, Inc. is celebrating 25 years of serving the communities on the North Shore. In 1989, Loleata Wigall purchased Atlantic Audiology which was located in Melrose. In 1994, the company moved into Greenwood Plaza in Wakefield. In 2003, Mrs. Wigall purchased another hearing aid company in Wilmington. That office is located in the Winchester Hospital Family Medical Center on Route 62.

Mrs. Wigall began her col-

lege career at the University of Redlands intending to be a history teacher. But a friend convinced her to take an audiology class. She changed her career path and earned her Master's Degree in Audiology in 1974 from Bradley University in Peoria, IL.

In 1977, Mrs. Wigall began a hearing aid dispensing practice at Hunterdon Medical Center in Flemington, NJ. She was the first audiologist to dispense hearing aids from a Medical Center in New Jersey. Then in 1987, she and her husband and son

moved to Massachusetts for her husband to pursue further education.

"I had been dispensing hearing aids for a long time, but running a business was a new adventure", reports Mrs. Wigall. "There have been ups and downs, but I have the best customers in the world who motivate me."

The public is invited to celebrate this milestone with the staff of Atlantic Audiology on Thursday May 15th from 11-3. Refreshments will be served. There will be plenty of food and giveaways.



Matt Pantanella and Emilee Clapp had lead roles in the Tewksbury Memorial High School production of Zombie Prom last weekend at Tewksbury Memorial High School. Their characters were Johnny and Toffee. Megan MacKinnon, was Candy, Jordan Ezekiel was Coco, Maddy Burgoyne played the part of Tootsie and Jennie Muse, was Ginger.
Photo by Maureen Brady/www.shootingstarspix.com

Wilmington Education

Arts festival this weekend

WILMINGTON - The Wilmington Public School's Visual Arts Department and the WHS Lamplighters Drama Guild are teaming up to present an art-filled weekend! Please join us for one of the four performances of The Mystery of Edwin Drood in the Wilmington High School Barrows Auditorium and visit the District's 2014 Student Art Show at Wilmington Middle School

The Mystery of Edwin Drood is a musical based on the unfinished murder mystery by Charles Dickens. The production runs from Thursday, May 7th through Saturday, May 10th with three evening performances starting at 7pm and a matinee at 2pm on Saturday afternoon. Tickets are \$12 for adults and \$10 for students and senior citizens (or \$8 for the matinee). To order tickets, call (978) 694-6017 or

email:

jason.luciana@wpsk12.com

The 2014 Student Art Show is being held on Friday, May 9 from 6-8pm and Saturday, May 10 from 11am-3pm at the Wilmington Middle School. This event is free and open to the public. Light refreshments will be served. Artwork from all grade levels and schools will be on display. Please join us in celebrating our hard working and talented art students!

Styrofoam recycling event May 17th

The Tewksbury Recycling Committee will be hosting a Styrofoam recycling event in the Tewksbury Public Library parking lot on Saturday, May 17th, from 10am-2pm.

And, mark your calendar for Tewksbury's 6th Annual Zero Waste Day, scheduled for Saturday, September 27th, from 9am-1pm in the Wynn Middle School parking lot.

Facebook Users: Please help us to spread the word by liking our page at Zero Waste Day, Tewksbury and by RSVPing to our sixth annual Zero Waste Day event.

ZWD website is available all year at www.zwdtewksbury.org. Check out our Share Your Stuff and Go Green pages for up-to-date contact info of local

organizations that will gladly accept your donations of gently used items or your items to be recycled.

And, if you know someone in a neighboring community that might be interested in coordinating their own ZWD, please point them to our plan your own WZD page which provides a six-month step-by-step planning guide.

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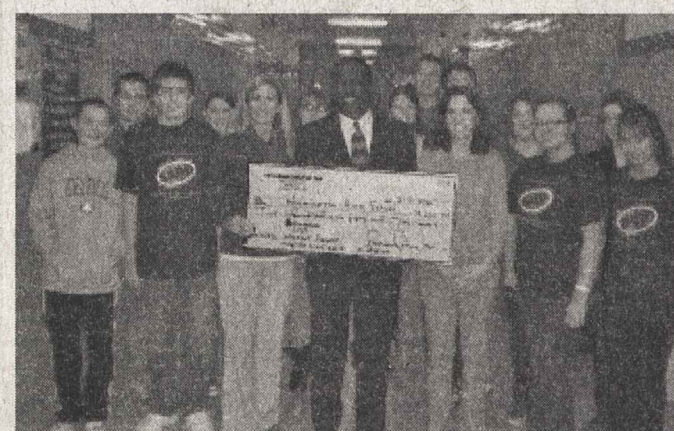
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Congratulations to the winners

Wilmington Memorial Library Poetry Contest Winners

Winner Kindergarten-Grade 1

Like Reading

By Terry Ding

Come, come...read a book.
Reading is awesome.
Books, big or small,
I like them all.
When I read a book,
It takes me to adventures
Where I've never been before.
Now I'm a 1st grader.
I like books even more.
Come, come...read a book.

Winner Grades 2-3

Jack & Annie

By Maddie Alexander

Opening a new Jack and Annie
to find myself in a little cranny.
My mind wondering what the book's about.
When and where will the treehouse come out?
I like to read my book beyond dreams,

As Jack and Annie plot their schemes.
The magic pulls me into their mystery
and I travel through history.

My imagination starts to spin.
Faster and faster.
Then everything is still,
Absolutely still.

Winner Grades 4-5

My Child

By Angelynne Eaton

It's not just a bunch of pages
You check out then return.
Within it are secrets.
Some day you will learn...

To me it's a child.
I carry it wherever I go.
As I flip through its silky pages,
The child gets older, it starts to grow.

Everyone has bones
This child has a spine.
Bones are put together.
Like words on a line.

Does this "child" have a name?
No, just simply a title or a cover.
Now can't you tell?
I am such a book lover!

Winner Middle School

Reading is a Time Vortex

By Cassia Gonsalves

A book is a time vortex.
A net for adventure.
Whoosh! You fall in!
In many places you will venture.
As amazing as parachuting,
As lovely as a dream,
Stuck to it like glue,
Makes you laugh, cry, and scream.
The possible is impossible,
And the impossible is possible.

Winner High School

A Sweet Escape

By Nicole Rego

Alone in my room the silence
Fills me with wonder.
I flip the pages
Allowing myself to ponder.

How do I relate to a person
Who isn't even real?
But reality seems to worsen,
And I don't know how to feel

But in my book,
Getting lost with every page
I realize this is all it took
To help forget my father's rage.

My friends don't get it
This is the only time I feel like me.
While another were is being lit,
I pick up a book and I am free.

For once my father is small,
And reality isn't real.
As I read I allow myself to fall,
Into a sweet escape where safe is how I feel.

Winner Adult

On Reading

By Jon Bishop

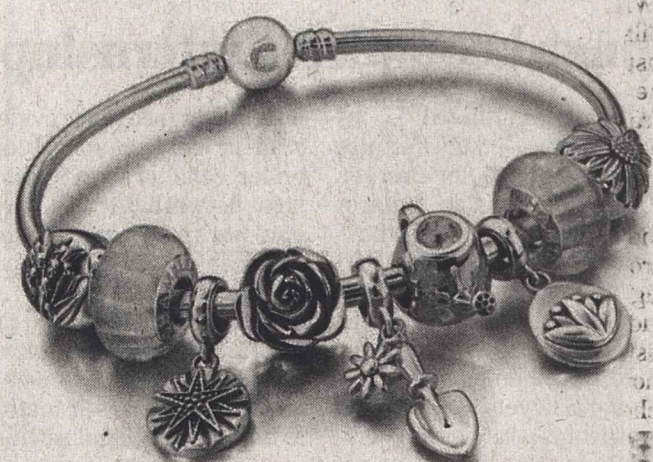
It is late, dark, and the house is silent,
and so I have decided to sit out in my living room,
in the chair that leans all the way back;
in my hands I have a book,
a book which I am halfway through,
and I've just gotten to the good part—
where the lovers kiss,
where all things have been drawn into
the abyss—and I go deeper,
deeper still, and if others awoke,
perhaps to get a drink of water,
they would not see me,
for I have been transported
far, far away, into something
fantastic.

Congratulations to the winners of the Annual Poetry Contest 2014! The theme this year was "reading." Over 200 entries were submitted. Thank you to our judges: Kendra Amaral, Assistant Town Manager; Jean Chang, Chairman of the Wilmington Arts Council and Alison Schwartz, Teen Services Librarian. Winners and those who received an Honorable Mention are invited to **Poetry Night** on Tuesday, April 29 at 7 pm to read their poems and receive awards and certificates. Winning poems are listed here. Honorable Mention winners and poems can be found on the library's web site www.wilmlibrary.org.

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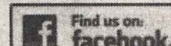
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Maria Cappachety, gets up close and personal with "Trial" at Strongwater Farm recently. Bruce Hilliard Photo



Audrey Serna and Kim Lambert-Serna bought c.d.'s from Andrew, Judy and Steve Dickson at the community yard sale in Wilmington on Saturday. Photo by Maureen Brady/www.shootingstarspdx.com

Pinard completes internship

Abigail Pinard of Tewksbury successfully completed Colby-Sawyer College's internship requirement at the Newport Montessori School in Newport during spring 2014. A member of the class of 2014, Pinard is majoring in Child Development. Colby-Sawyer College internships are field experiences designed to provide a student learning opportunity under collaborative supervision between faculty, staff, and work site professionals. Internships offer the opportunity for students to enhance their academic programs with work experience related to career interests in all industry areas in national and international settings.



Tewksbury Library Notes

by Diane Giarrusso

10 Things For Adults To Do At Tewksbury Library Next Week

(IMPORTANT: All events are free. To register for an event, please call 978-640-4490 x 205, email rhayes@mvlc.org, or visit the library's online calendar of events at www.tewksburypl.org.)

1.) On Monday, May 12 at 10:30am, enjoy a screening of the recently released DVD - "The Hobbit: The Desolation of Smaug" - a PG-13 fantasy adventure starring Martin Freeman and Ian McKellan.

2.) On Tuesday, May 13 at 7pm, enjoy "Spring Cleaning: The Feng Shi Way," a presentation that will inspire you to actually want to clean, with Julie Pelletier-Rutowski, owner and founder of "Feng Shui Services of New England."

3.) On Wednesday, May 14 at 12:30pm, discover some new books to read at the library's "Booked For Lunch" Book Club, where members simply share book recommendations. Bring a brown bag lunch. The library will provide the drinks.

4.) On Wednesday, May 14 at 2pm, the library's Job Seekers Networking Group will hold its weekly meeting. At this meeting, the group will watch and discuss five TED Talks related to the job search. The group is open to any resident of Tewksbury (or a nearby community) who is unemployed or underemployed.

5.) On Wednesday, May 14 at 7pm, attend the library's monthly drug abuse awareness talk, co-sponsored by the Tewksbury Police Department and CareWell Urgent Care. This month's program features Nancy Parker, director at the Tewksbury Treatment Center, discussing drug abuse

as it relates to mental health issues.

6.) On Thursday, May 15, 10am-4pm, book a 30-minute, one-on-one computer class, taught by a library staff member, to learn about computer basics, internet basics, email, Facebook or Twitter.

7.) On Thursday, May 15 at 7pm, enjoy "From Choosing Your Dog To Saying Goodbye," a presentation from Crystal Arnott, Shelter Manager of the Lowell Humane Society, who will provide dog-owners (and perspective dog-owners) with useful information about each major 'milestone' in dog ownership.

8.) On Friday, May 16 at 8pm, enjoy a screening of the recently released DVD - "Her" - an R-rated romantic drama starring Joaquin Phoenix and Amy Adams. The film was nominated for Best Picture at this year's Oscars.

9.) On Saturday, May 17, 10am-1pm, enjoy a trip to the Friends of the Tewksbury Public Library's Friendly Little Bookshop, where all books are \$0.50 to \$1.25! The shop is also open on Wednesday, May 14, 4:30pm-7pm. All proceeds benefit the library.

10.) Bring the little ones in your life to some of the library's wonderful upcoming children's programs, including Tiny Tykes Story Time (0-18 months) on Monday, May 12 at 10:15am and 11am; a Dance Party (1-6 years old; tickets required) on Wednesday, May 14 at 10:30am; and Wiggle Time Story Time (2 year-olds) on Thursday, May 15 at 10:15am and 11am.

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Wilmington Networkers-Selling Your Age Advantage

Monday, May 12, (9:30 am coffee, 10:00 speaker)
Career Coach and author, Kit Harrington Hayes, will help you address age stereotypes, dispel self-doubts, and launch or reboot a job search campaign that gets results. Kit's passion is guiding individuals to find their own life passion and purpose

Adult Crafts & DIY-Terrarium (RR)

Tuesday, May 13, 7 pm
Bring the outside in! Add a little green to your indoor space with a striking terrarium.

Technology- LinkedIn (RR) (limit 10)

Tuesday, May 20, 2:30 pm
Learn how to create a presence on LinkedIn and facilitate your job search. A hands-on course taught by Technology Librarian Brad McKenna. Laptops provided.

Foraging Walk (RR)

Tues., May 20, 6 pm-8 pm
Join Russ Cohen, expert forager and author of Wild Plants I Have Known and Eaten, for a foraging walk in Wilmington. The walk will take place at Hathaway Acres located at the intersection of Draper and Evans Drives. Attendees should meet at Hathaway Acres a little before 6pm. Street parking is available on Draper and Evans Drives. Cosponsored by the Ipswich River Watershed Association

What is a CSA?(RR)

Thursday, May 29, 7 pm
Would you like to pick up fresh vegetables and fruit once a week at the library this summer? Farmer Dave from Dracut, Massachusetts and the library are working together again this year to offer a CSA (Community Supported Agriculture) pick up at the library. Farmer Dave will be on hand to explain how a CSA works and share options that are available.

Basic Lawnmower Repair

Thursday, June 5, 7pm
Would you like to know what to do the next time your lawnmower gives out? Learn from the expert! With many miles of lawn mowing experience, Wilmington resident and all-around mechanic, Al Landry, will teach you the basics of lawnmower repair. Show the lawnmower who's boss!

Teen Events

Mother's Day Tea for Tweens and Younger Teens (RR)

Saturday, May 10, 12pm
Those in grades 4-8 are invited to dress up for a Victorian-style tea with mothers or grandmothers in celebration of Mother's Day. Enjoy little sandwiches and cookies while sipping tea. Pinkies up!

Crafty Teen Tuesdays in May: Mystery Craft

Tuesday, May 13, 3pm
What fun, creative craft will we do today? Drop into the Teen Zone to find out!

Tuesday, May 20, 3pm

Another mystery craft awaits in the Teen Zone!

Crafty Teen Tuesdays in May: Glowing Lantern Jar

Tuesday, May 27, 3pm
Make your own glowing lantern in a jar. Anytime you light it up will serve as a reminder that summer nights are getting closer!

Children's Events

Imagine That STEM: Magnetic Personality (RR)

Monday, May 12, 10 am
Explore the power of magnets with a variety of activities that test their strength! Ages 3-6.

Digital Tools for Early Literacy (RR)

Saturday, May 12, 7 pm
This workshop will offer strategies for sharing the media experience with children, criteria for choosing quality age-appropriate apps, and recommendations for apps that target the 5 early literacy activities.

Star Mag

Wed., May 14, 3:45 pm
Help create this magazine written by, for and about kids! Bring in original artwork, puzzles, poems, comics, jokes, or create it while you are here. Ages 8+

May Flowers Stories and Craft (RR)

Tuesday, May 13, 3:45 pm
Come listen to stories about flowers and make a beautiful craft. (Please note that this program was originally scheduled for May 15)

Baby Times and Time for Twos

Thursday, May 15
Cancelled

Due to installation of new flooring in the large meeting room, these two programs have been cancelled.

Drop-in Storytime

Friday, May 16, 10 am
Cancelled

Due to installation of new flooring in the large meeting room, these two programs have been cancelled.

Read to a Dog (RR)

Tuesday, May 20, 5 pm
Cooper is a great listener who loves to have kids read to him and improve their reading skills. Cooper has been certified as a therapy dog by the Pets & People Foundation. Call the Children's Department to sign up for a 15 minutes session.

How to Make Friendship Bracelets (RR)

Wednesday, May 21, 7 pm
Join us for this fun workshop and learn how to create your own friendship bracelets. No loom required. Come see what you can create with nothing more than string and your own creativity. Sign up with your BFF or come alone and make one for you or a friend. Ages 7+

Memorial Day Schedule

Please note that the library will be closed on Saturday, May 24 and on Monday May 26, Memorial Day.

Marisa DeFranco Wants to Win the Sixth

CONTINUED FROM PAGE 1

Congress, she said, has been “crushing jobs and crushing innovation—and crushing all of the energy and vitality of Main Street.”

Thus they don’t know what they’re doing.

“I’m going to do better than this,” she said. “So that’s why I’m running.”

Her number one issue is jobs. And she used that to take aim at Tierney, who is the incumbent.

“In the sixth district, the entire time my opponent has been in office has been the entire time I’ve been in business,” she said. “We hear all these talking points about how the economy is improving,” but you see “things closing left and right.”

Mediocre is not good enough, she said.

Both the Democratic and Republican parties like it this way, because it allows them to get re-elected, she said, noting that incumbency is in the high nineties.

“Eighty nine percent of Americans despise Congress—yet these guys and women get re-elected year after year,” she said. “When they do get re-elected, they do thing things like invade our privacy.”

They also pass “trade bills that negatively affect immigration.”

DeFranco fashioned herself as the “populist, get-things-done Democratic candidate.” She’s “somebody who comes from the real world.”

“That’s who I am,” she said. “I’ve represented all different industries across the board and beyond.”

If elected, she’ll stand up for privacy, and she again took aim at Representative Tierney.

“Everybody said it was the Bush administration, but the current administration has gone even further [on priva-

cy issues],” she said. “My opponent should have known about this. Where was he when this was all going down?”

If elected, she’ll “cut all corporate subsidies.”

“Small businesses get nothing, and then Main Street suffers,” she said. “It’s very backward and anti-capitalist, I might add.”

As a lawyer, she’s represented rape and torture survivors, helped with domestic assault, and she’s also worked on sex trafficking cases.

She criticized the Democratic “War on Women” platform, and she mentioned that the Democratic Congressional Campaign Committee took a poll and left her name out of it. Thus far, she’s the only one who was turned in her signatures.

“Maybe the [Democrats] ought to look in the mirror,” she said.

Overall, people are fed up with the status quo—especially since “both parties engage in these purity tests” and DC engages in “unrealistic behavior.”

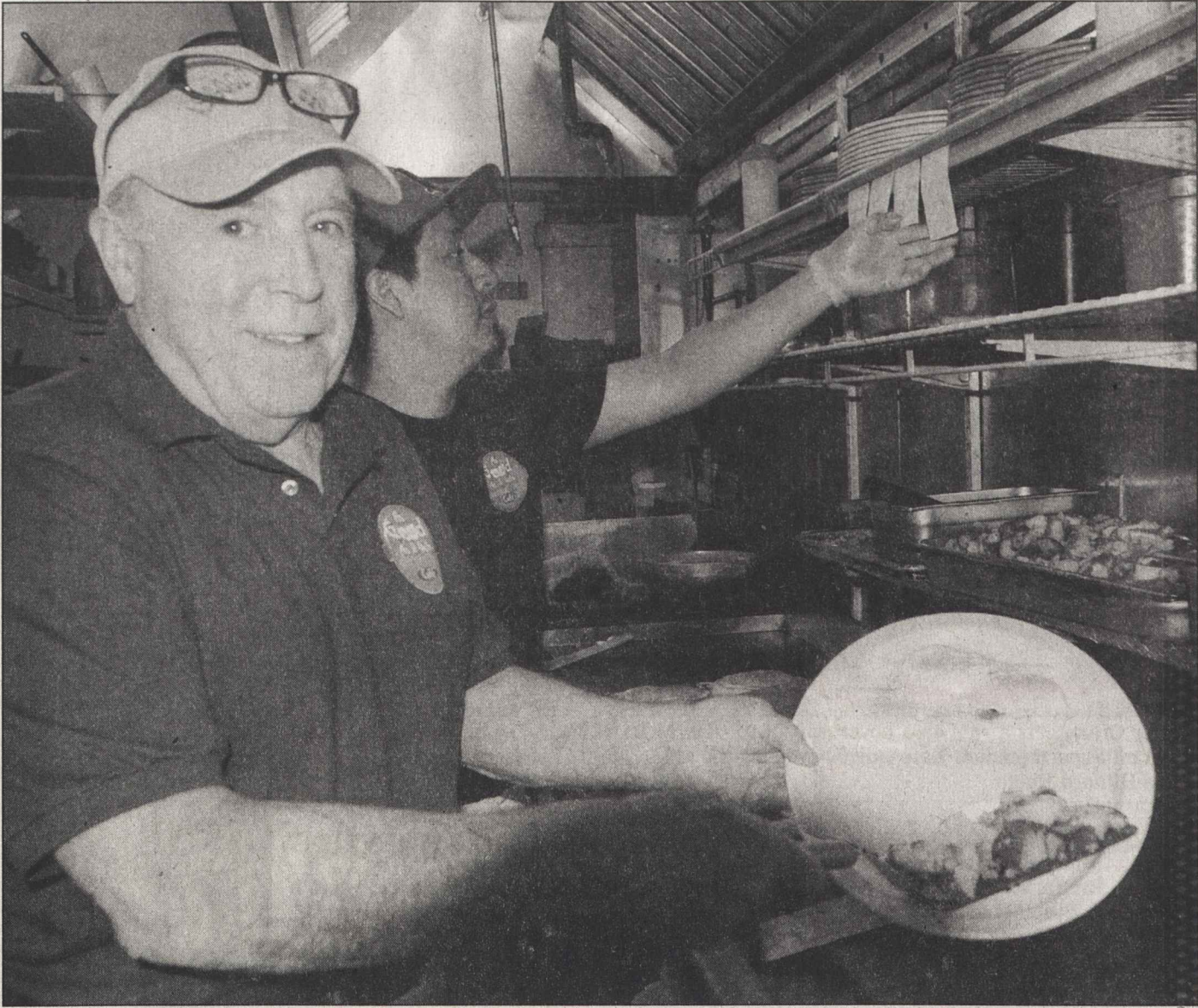
“The good news is, it could be fixed,” she said. “I’m a clean money candidate. I’m taking money from individuals.”

The recession, she added, happened on Tierney’s watch.

“When do these solutions start coming?” she said. “That’s why I’m running. We’re supposed to be represented by real people. I don’t believe in being in Congress for decades and decades.”

“I think after about twelve years, you’ve done your service,” she added. “You should go back to your day job and let someone else serve.”

“I fight the federal government for a living. I fight the Department of Homeland Security and I win.”



Richard DeAngelis, owner of As Good As it Gets, served breakfast to customers with Walter Jimenez on Monday morning. Photo by Maureen Brady|www.shootingstarspix.com

As Good As It Gets

CONTINUED FROM PAGE 1

from top to bottom. “Even the bathrooms,” he says laughing. He also learned that besides looking for great food and service, the show looks for places that are different and interesting for viewers.

That was no problem for As Good As It Gets. Bustling with energy and a menu that has items like an omelet made with meatloaf and mac and cheese, the restaurant fit the bill for an upcoming show on breakfast and lunch eateries. When the Phantom staff came back to double check the café, the restaurant was chosen for that show.

Then the fun began. The taping was a four and a half hour affair.

Everyone was excited and also a bit nervous. But as Angelis explains, that didn’t last long. “They were so professional,” he says referring to the Phantom team of directors and camera operators. “They made us comfortable; they made it fun.”

The staff had to prepare and serve nine different menu items under the scrutiny of the show’s super foodies. Angelis describes the whole experience as exciting for all of them. “Even our guests,” he says referring to the café patrons. The Phantom team was even in the dining room filming and interviewing people lucky enough to be there that special day.

Angelis says that business has increased since the airing of the

Phantom Gourmet, but that’s not the only thing that brings a smile to his face. “People come in and they say they don’t even need a menu; just bring us the Tower of Terroror some other dish they saw on the show.” The veteran restaurant owner loves that.

The Tower of Terror is a stacked high sandwich which uses a 10-inch skewer to hold everything in place. Patrons may not see this or other Phantom Gourmet featured meals on the menu, because the menu changes. All you have to do is ask for it. Angelis rotates dishes, but is very responsive to his “guests.” That attitude is one of the many reasons he earned this visit from the Phantom Gourmet.

Whitefield School Survives

CONTINUED FROM PAGE 1

“But sentimental value is not historical value,” said Newhouse. He said that Rev. George Whitefield didn’t spend much time in Wilmington and that the Whitefield school’s architectural style isn’t, in fact, unique. To demonstrate this point, he showed a picture of a house built in 2003, stating that it has a similar façade. Both are in the Greek revivalist style.

He also noted that the town should not sell the property, because it needs the recreation space.

Kathleen Reynolds, the current chairwoman of the Historical Commission, said that the Commission made the Whitefield a priority in February.

The Commission, she said, has been around for forty years, and they felt insulted by the fact that they weren’t included in the process.

“We’re not able to do our job to the best of our ability,” she said, indicating that the town-appointed board was precluded from exploring uses of the building.

Selectman Mike Champoux agreed, noting that the Commission hasn’t had enough time.

Carloyn Harris, the former chairwoman of the Commission, called the article “a rush to judgment.” Mario Marchese did, too.

“What’s the next building that’s going to come down?” he said. “Let [the Commission] do their job.”

Mike Bodnar cautioned that once a building is gone, it’s gone forever.

But Newhouse, as well as Chairman Michael McCoy and Selectman Lou Cimaglia, all pointed out that Wilmington has always looked to preserve its buildings: the West School and the Harden Tavern, for instance.

Ultimately, the voters agreed with the Commission, and they tabled the article for one year. 124 voted yes, while 73 said no.

Article 44 also generated discussion. Kevin Brennan, a resident of 276 Lowell Street, wanted to rezone his house

from R-20 to General Business. His house is directly adjacent to the sand lot near Burger King, and his property is the only residential zone in that area.

“I ask for your yes vote so I can move my daughters off this highway,” he said.

Because of the location, he’s had trouble selling his house.

But many residents were not only worried about traffic increases, but also about potential collusion. Some said that Global Partners had wanted to put a gas station in that lot—a fact which Brennan noted—for a long time. Some assumed that the company was using him as a potential spokesman.

Brennan’s article failed: 81 voted yes and 132 said no.

At the beginning of the meeting, Selectman Judy O’Connell updated residents on the Yentile Farm project, calling herself a “symbolic representation of the entire team.”

She said that the town purchased the site in June of 2012, and, in the fall of 2013, began soliciting proposals. They had their second public workshop on March 29th. The first was back in February.

“We’re doing well, from a financial perspective,” she said. They’ve received a lot of input at the public meetings.

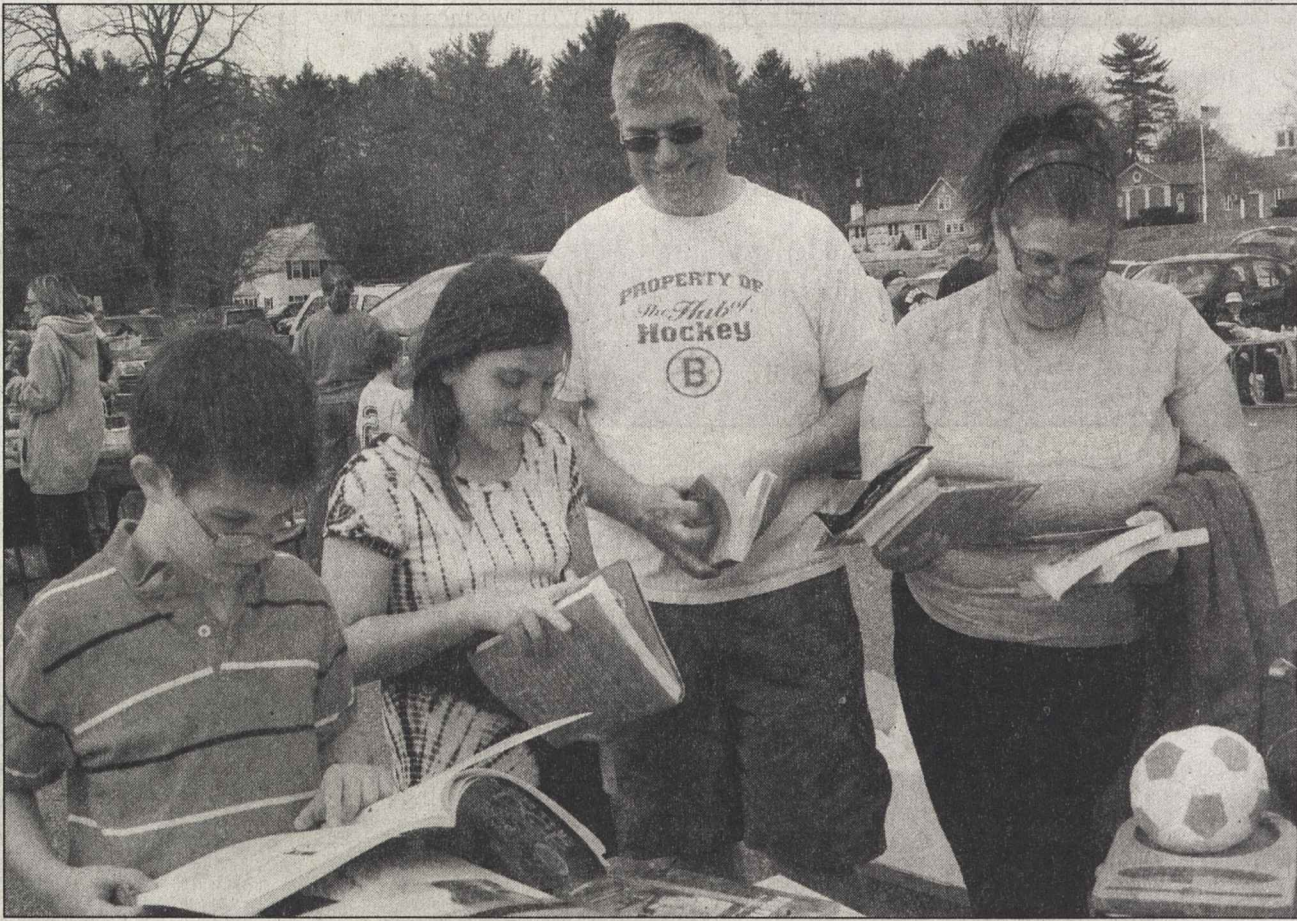
“People want a recreation space for all ages,” she said. But they can’t take everything—like a proposed ice skating rink. Thus they’re trying to be efficient.

“This is an ongoing process,” she said. The concept design should be finished by the middle of this month.

Article 21 involved the Yentile Farm project—it asked the town raise \$50,000 for it—and it was unanimously approved.

This was also Town Moderator Jim Stewart’s last meeting. He thanked the town for allowing him to serve it for thirty-three years.

“I truly hope that my service to the town has been worthy of your support and confidence,” he said.



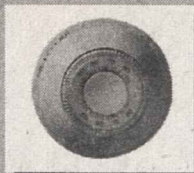
The Lemay Family- Calvin, Holly, Jim, and Joy looked through the many used books for sale at the community yard sale in Wilmington on Saturday.

Photo by Maureen Brady|www.shootingstarspix.com

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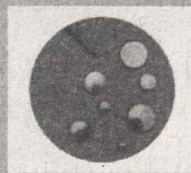
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Connor Crane gets a ride on a hovercraft at the STEM FAIR Thursday night. Assistant Superintendent Kate Burnham helps the kid to have a safe ride!
Bruce Hilliard Photo

Austin Prep student attends Leadership Conference

Austin Preparatory School junior Ian Perkins of Wilmington attended the Youth Leadership Conference recently at Norwich University in Vermont.

The two-day program gathered 75 students from across the country. It was hosted by the university and the Military Order of World Wars, an organization for retired military officers. Ian took part in workshops about leadership, effective communication, the Constitution, the Bill of Rights, free

enterprise, cyber security, ethics and what it means to be a "citizen soldier." Participants divided into teams and took on challenges which helped them develop leadership strategies, self-confidence and teamwork skills.

In order to attend, students had to submit a 500 word essay on "the Bill of Rights and My Responsibilities" and be in high academic standing.



Adriana and Keira Rice experiment with the age old tin can and string phone while Mom (Stephanie Rice) watches.
Bruce Hilliard photo



Moesha Beray, Paulina Ndione, Shannon Macaliengay, Dishan Bagayao and Anais Ndione enjoyed the "cookie walk" at St. Elizabeth's craft fair held on Saturday at the Masonic Hall. Photo by Maureen Brady/www.shootingstarspix.com

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Director of Audiological Services



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Police agency to undergo assessment

CONTINUED FROM PAGE 1

(MPAC) is scheduled to arrive on Tuesday, May 20, 2014, to begin examining various aspects of the Wilmington Police Department's policies and procedures, operations and facilities.

"Verification by an Assessment Team of our Department ensures we meet the Commission's standards and is part of a voluntary process to gain State Accreditation. This is a self-initiated evaluation process by which police departments strive to meet

and maintain standards that have been established for the profession, by the profession," said Begonis in the statement.

The Massachusetts Police Accreditation Program consists of 257 mandatory standards as well as 125 optional standards. In order to achieve accreditation status, the Department must meet all applicable mandatory standards as well as 55% of the optional standards.

Lt. Daniel Murray told the Town Crier that standards include guidelines for policies and procedures that

address matters such as emergency response planning, records and communications, property and evidence control, and more.

Murray explained that the state's accreditation program is based upon the national standards established by the Commission on Accreditation for Law Enforcement Agencies (CALEA), and they reflect the best professional standards in police management, administration, operations, and support services. The standards proscribe what "agencies should be doing, but not how they should be doing it," said Murray, adding that CALEA leaves that up to each agency.

The process for accreditation begins with certification following a self-assessment process, culminating in the accreditation. From start to finish it takes the typical agency two to three years. With so many policies and procedures in place at the end of the process, the agency creates a basis to correct deficiencies in operations and offers a means of independent evaluation, ultimately enhancing the reputation of the department.

Out of more than 350 police departments across the Commonwealth, 172 departments are participating in the process, with 47 departments already accredited, 21 departments certified, and 104 in the self-assessment phase. Wilmington was initially accredited in 2011, and this year marks the first three-year assessment by the MPAC.

"Not only do we meet those standards, we have been following them for the last three years," said Murray about the program. "It's a great program and Massachusetts is fortunate to have this program statewide."

Achieving Accreditation is a highly prized recognition of law enforcement professional excellence. Anyone interested in learning more about this program is invited to contact Chief Michael Begonis or the Wilmington Police Department's Accreditation Manager, Lieutenant Daniel Murray.



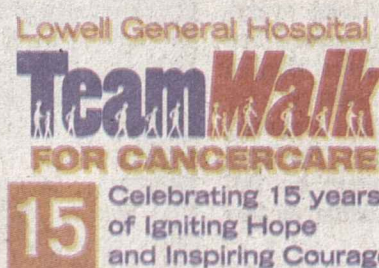
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A CIRCLE HEALTH MEMBER



WHS Senior Kaitlyn Cowden receives Frank Kelley Award

Overcoming adversities and the odds

By JAMIE POTE
Sports Editor

Jamiepote@hotmail.com
WILMINGTON - When you're an athlete playing basketball and competing in the throwing events with track-and-field, your legs are your focal point. For the past several years, Kaitlyn Cowden has battled through severe pain in her legs, forcing surgery to both, yet she still was able to be a solid contributor off the bench for the Wildcat Girls Hoop team and one of the premier discus and shot put throwers in the area.

The Wilmington High senior has battled through her share of adversities, including being diabetic, and going through "Compartment Syndrome". And for that, she was one of ten student-athletes in the entire state to receive the "Frank Kelley Athlete Adversity Award". The award is named after the longtime Hall of Fame Coach here in town, who overcame his own adversities throughout his life while teaching and coaching for decades.

The award has been given out to different student-athletes across the state since 2000 and is "intended to recognize any student-athlete that has had to overcome any type of adversity, or hardship - physical, or mental disability or personal challenge. Eligibility is based on successful completion of a high school season of either cross-country or winter or spring track."

Cowden is the first athlete in the history of WHS to receive this award.

Cowden will be the recipient of this award officially during the Massachusetts State Track Coaches Association's Awards Banquet night which will be held on June 8th at "The Lantana" Restaurant in Randolph. She was nominated for the award by both her head coach in both sports Bri Karow and the legendary Mr. Kelley.

"It's a complete honor," said Cowden. "To be nominated by Mr. Kelley and my coach, and for me to get this award, I'm just so honored to be able to receive it. I really want to thank both Coach Karow and Mr. Kelley for nominating me and for everything they have done for me during my career. I

also really want to thank my teammates, my parents (Donald and Janice) and my sister Erin for all of their support as well."

Back in 2005, Cowden was diagnosed with diabetes and she has been diabetic ever since. She said it doesn't bother her while playing sports. She always keep an extra Gatorade around while her teammates, coaches and trainers are aware of her condition in case something happens but she said it really hasn't bothered her all that much. The same can't be said for the conditions with her legs.

During her sophomore year, she started to battle with shin splints. The pain continued to get worse and that forced her to go for further testing. It was revealed that she had "Compartment Syndrome" in both of her legs which is a serious condition.

The only way to help ease the pain is "Fasciotomy" which is a surgery where the "muscle compartment is cut open to allow muscle tissue to swell, decrease pressure and restore blood flow". She had the surgery in July of 2012 and it took her five months to recover from it.

Last year as a junior, she was a key member off the bench for Girls' Hoop team which advanced to the sectional semi-finals and followed that up by finishing fourth in the discus at the Middlesex League Championship Track Meet during the spring track season.

This year as a senior, she played sparingly for the basketball team because of her injuries to her legs. Now she's back feeling better and has season best throws of 105-9 in the discus (accomplished on Tuesday) and 33-11 in the shot put.

"It still bothers me," she said. "I still have it now it's just not as bad as it used to be. The benefit now is I can do the sports without it hurting so much like it did before."

During this past basketball season, Cowden missed a chunk of the season because of her syndrome.

"I had to wear the stupid looking socks which went up to my knees and then I had to wear that huge brace throughout the season," she said with a big laugh. "But I

didn't care. We had a really good team. It was a bummer that I wasn't on the court as much as I wanted to be but I was on the sidelines and happy just to be a part of the team."

"My role didn't mean that I wasn't on the team despite not being on the court as much. I still tried to jump up and down wearing the boot. It was a bummer, but I always tried to make the best of it."

During the hoop season, the team had a huge game at the time against Watertown at their place. A couple of players were in foul trouble while Cowden and Rachael Mara were on the bench - Cowden in her boot and Mara battling Mono. Both of them were able to play just a few minutes, provide a small spark which at the time the team really needed. But in the second half, Wilmington's offense struggled and Watertown eventually won the game. Mara didn't play the rest of the season and Cowden hardly played, and those were two big losses for the Wildcats.

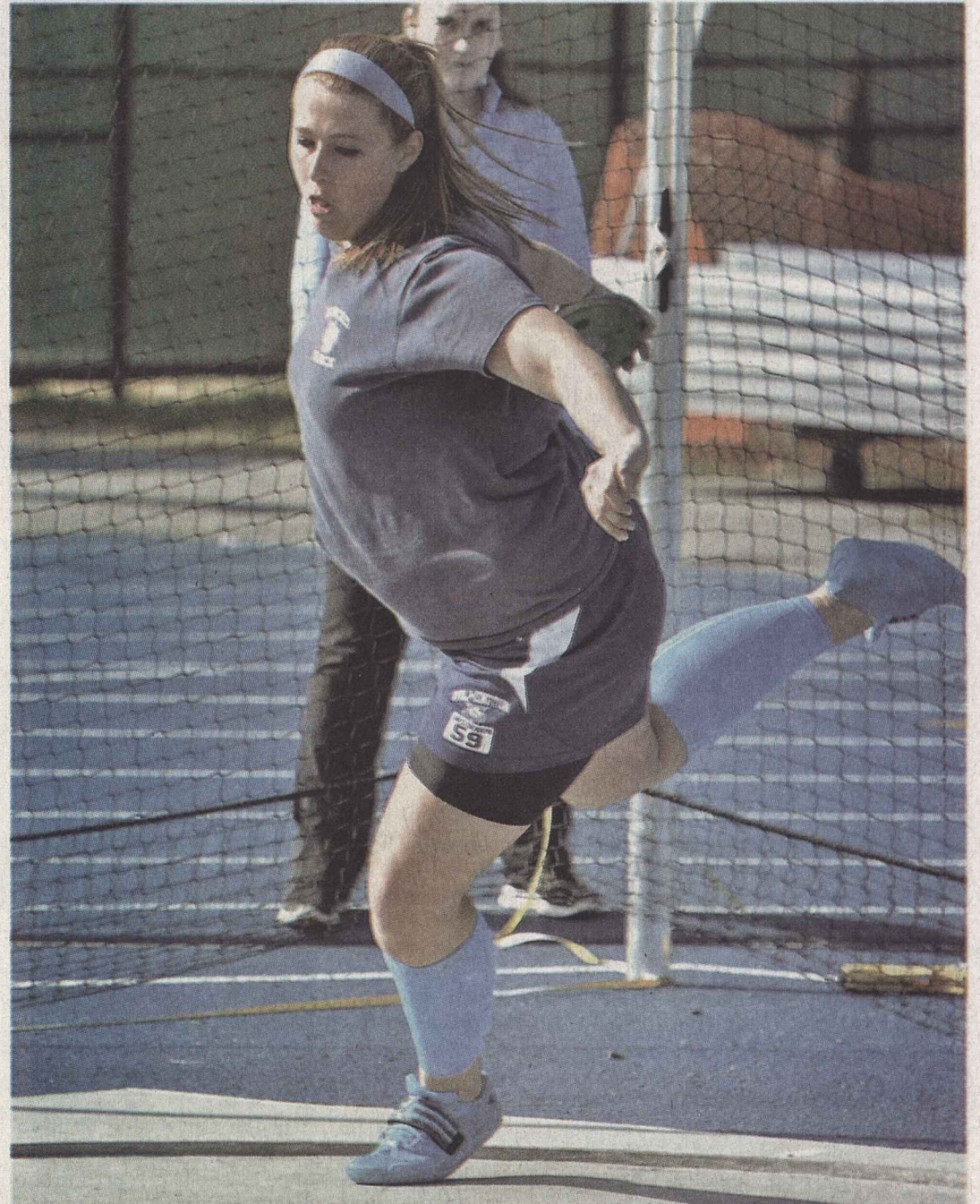
"I was in quite a bit of pain," she said about the few minutes on the court in that Watertown game. "It was pretty hurtful. But I was able to deal with it. I was still able to play for a short while and that was great. I never let it get the best of me. Honestly, I refuse to let this hold me back. There's no way it's going to hold me back, especially in my senior year."

After the basketball team was upset in the first round of the tournament, Cowden had a few weeks off to rest before the track season started in late March. She was named one of the captains on this year's team and has placed either first or second in every meet thus far in both the discus and shot put.

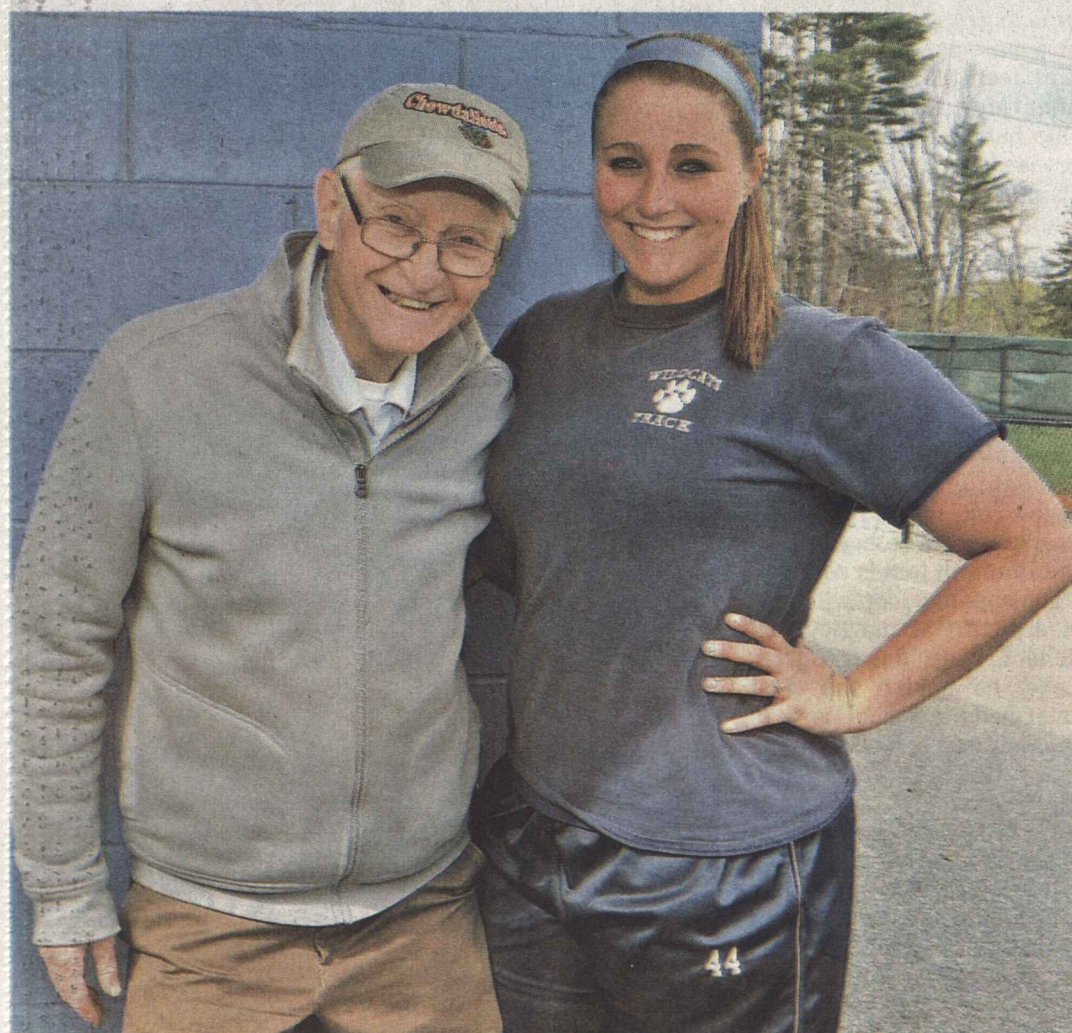
"I have short and long goals in both events," she said. "I'm always looking to beat my personal records and I'm always trying to stay consistent and constant in both events. My long term goal is to break the school record in the discus."

She said on Monday night that the school record in the discus is 122 feet and last week in practice she threw

COWDEN PG SP11W



It's been quite a week for Wilmington High School Senior Kaitlyn Cowden. She first was named one of the winners of the Frank Kelley Adversity Award, and then on Tuesday afternoon she threw her personal best in the discus to take first place in the team's home meet victory over Watertown. (photo by JoeBrownphotos.com).



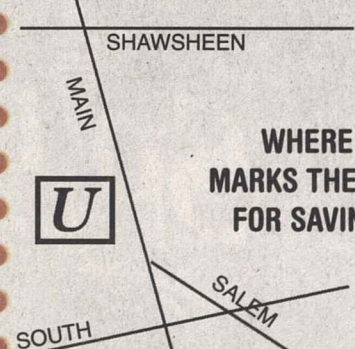
Wilmington High senior Kaitlyn Cowden poses with Mr. Kelley on Tuesday afternoon before the WHS Girls' Track Meet. Cowden was named one of the winners of the Frank Kelley Adversity Award, given out to just ten athletes in the entire state. She will be honored by the Massachusetts State Track Coaches Association on June 8th. (photo by JoeBrownphotos.com).

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Both Track teams defeat Watertown

By JAMIE POTE
Sports Editor

Jamiepote@hotmail.com

A total of 21 different athletes scores at least a point helping the WHS Girls Track team defeat Watertown at home on Tuesday afternoon by a 85-51 score. The Wildcats are now 2-3 on the season.

Both Alex Bischoff and Sioban Turner scored in three different events to lead the way for Wilmington. Bischoff won both the javelin (83-8) and 400 (62.5) and then joined Kelly Hartsough, Julia Gake and Christina Spinos to win the 4x400 relay race at a combined time of 5:21.2. Turner was first in the 100 at 13.6 seconds, third in the high jump clearing 4-4 and then she joined Kaila Bavin, Jess Hogan and Sam Pitzi to win the 4x100 relay race at a combined time of 55.8 seconds.

In addition, Gake and Hartsough finished second and third in the 800 at 2:27.0 and 2:27.1 respectively. Spinos was third in the 400 (66.1), Bavin was third in the 100 (14.2) and Pitzi was second in the 200 (29.4). She has been battling injuries all season and ran her best time.

Other double place finishers include Amber Peach with first places in the 400 hurdles (73.1) and triple jump (31-11); Kaitlyn Cowden with a first in the discus (105-9) and a second in the shot put (31-3.50); Nicole Romanzo with a first in the two mile (14:41) and a third in the 400 hurdles (88.0); Abigail Chase with seconds in the javelin (68-8) and high jump (4-6); Devyn Malatesta with a second in the 100 (14.1) and a third in the 200 (30.0) and finally Michelle Murray with third places in the long jump (12-10) and triple jump (28-9.50).

Rounding out the scoring includes third places from

Jordyn Granara in the mile (6:10), Olivia O'Regan in the discus (78-4), Brianna Tavares in the shot put (28-3), Heather Niemiec in the javelin (68-3), Vicki Lee in the 100 hurdles (18.9) and Emily Monteforte in the two mile (15:00).

Cowden in the discus and Gake and Hartsough in the 800, who have already qualified for the state meet, improved their throws/times, while Tavares and O'Regan had their best throws of the season, Turner ran her best time in the 100 and Niemiec earned her first varsity point with her third place finish in the javelin.

The Boys team also defeated Watertown on Tuesday by a 89-47 score to improve to 4-0 on the season. Tuesday they will face Burlington, who is also 4-0 for a battle for first place in the Middlesex League Division 2 standings.

James O'Regan had a huge day for the 'Cats taking first place in three different events including the long jump (17-9), high jump (6-2) and 110-meter hurdles (15.9). Eli Jennings won two events taking the shot put (51-0.50) and discus (153-7). Other first places came from the two relay teams, 4x100 (46.9) and 4x400 (3:59) as well as Steve Layon in the javelin (141-6).

Jon Weaver took home a pair of second places in the shot put (41-8.50) and discus (126-9), while Connor Townsend finished second in the 200 (23.9) and third in the javelin (114-4). Also earning second places were Connor Bennett in the high jump (5-10), Avery Woodbury in the two mile (11:35), Joe Gaudreau in the 110-meter hurdles (11.6), Craig Smith in the mile (5:19) and Kyle Souza in the 400 (54.5).

Rounding out the scoring with third places include Chris Maienza in the two

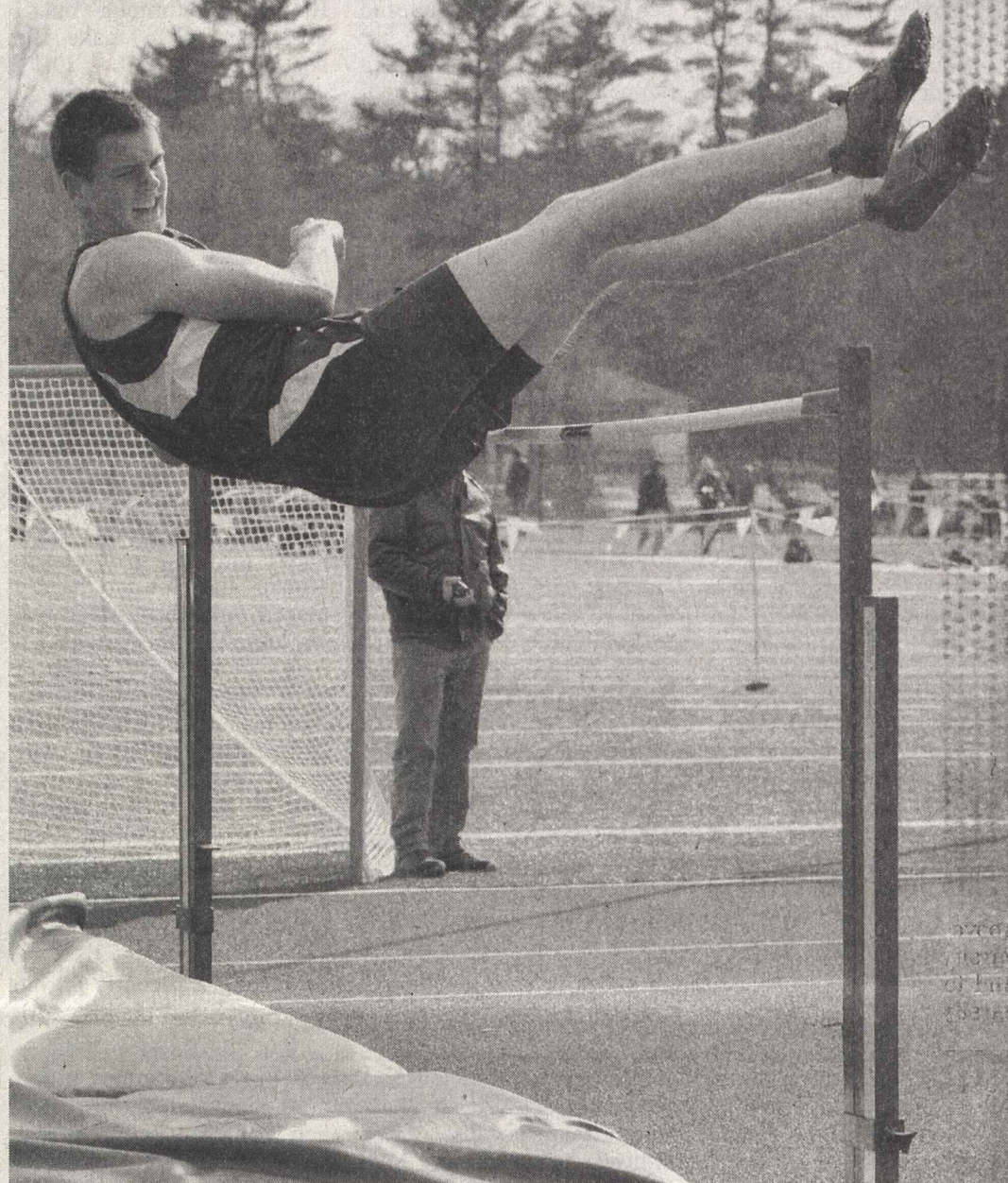


On Tuesday afternoon, the WHS Girls Track team defeated Watertown in a Middlesex League Meet at home thanks to Sioban Turner, left, and Kaila Bavin, right, taking first and third, respectively in the 100-meter dash. (photo by JoeBrownphotos.com).

mile (11:38), Ben Rohleder in the 110-meter hurdles (16.6), Steve Godfrey in the 100 (12.2), Kevin Dunn in the mile (52.5), Alex Pizette in the 800 (2:12), Dan Bell in the 200 (24.3), Kyle Nelson in the discus (97-6) and Devin Langenfeld in the long jump (16-9).

On Saturday night, both the Wilmington Boys and Girls Track teams competed at the Weston Twilight Invitational Meet. On the Boys' side, the top performance non the day belonged to Connor Townsend, who was fourth in the 100 meters with a time of 12.12. He also was 25th in the 400 at 54.13. Dan Bell was sixth in the 100 as he came in at 12.41 seconds. Chris Maienza was 13th in the 2,000 meter steeplechase event coming in at 7:51.70 and Colin Chase was 14th in the 400 hurdles (1:00.28) and Kyle Souza was 34th in the 400 (54.86).

On the Girls' side, Kaitlyn Cowden has the top performance as she was fourth in the discus tossing 97-09 and was ninth in the shot put with a throw of 31-09. Kelly Hartsough was 14th in the 800 at 2:29.06 and teammate Julia Gake was right behind her finishing 15th at 2:30.13. Jackie Ryan was 33rd in the two mile at 12:56.89 and Nicole Romanzo was 36th in the 800 at 2:48.79.



Wilmington High junior Connor Bennett, shown here during an earlier season home track meet, attempts to clear the high jump. On Tuesday he took second place in the event clearing 5-10 in the team's win over Watertown. (photo by JoeBrownphotos.com).

Ninth annual Pan-Mass Challenge Kids Bke Ride set for May 18

The 9th annual Pan-Mass Challenge Wilmington-Andover Kids Bike Ride will be held on Sunday, May 18 from 9:00am-noon at the Boutwell Early Childhood Center on Carter Lane in Wilmington. The bike ride is open to kids from preschool through grade six.

Participants can register online (<http://www.kids-pmc.org/wilmington.aspx>) and must pay a \$10 registration fee (\$15 if registering after May 11) plus raise a One hundred percent of the proceeds go to the Pan Mass Challenge in support of the Dana Farber Cancer Institute and Jimmy Fund. The PMC Wilmington-Andover Kids Ride has raised over \$117,000 to help fight cancer.

There are two different riding options: a one mile loop for kids in kindergarten through grade six and a 'tykes on trikes' obstacle course for preschoolers on the Boutwell tennis courts.

The one mile loop will have riders start at the Boutwell School, ride down Carter Lane, go behind the West Intermediate School, back to the Boutwell and continue as many times as they would like in an allotted amount of time. Kindergarten and first graders will ride from 9:00-9:30am followed by second and third graders going from 9:45-10:30am, and fourth through sixth graders finishing the day from 10:45-11:45am.

While the kids are not riding they can enjoy free face painting, a DJ, hot dogs and other refreshments, and opportunities to win raffle

prizes.

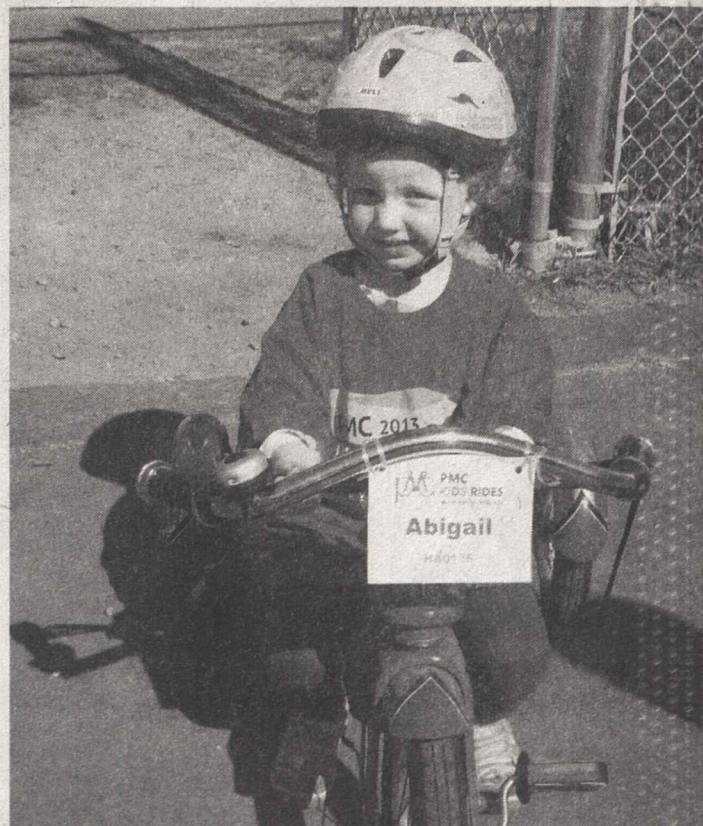
All registered riders receive an event t-shirt, water bottle, and other goodies. Kids can also get together with their families and friends to form a team. Pick a name for your team and start raising money. The team that raises the most amount of money will win a free ice cream sundae party courtesy of the PMC Kids Ride!

A preregistration/packet pickup day will be held the day before, Saturday, May 17

at the Boutwell School from 9:00-11:00am. Riders can pick up their goodie bags and also enjoy a bike safety rodeo sponsored by Cub Scout Pack 136.

The scouts will pump up bike tires, help with helmet fittings, and have a bike safety course set up for the kids to practice riding before the big day!

For more information or to register for the ride, please visit our website: <http://www.kids.pmc.org/wilmington.aspx>



Three year old Abigail Harris is ready to ride the "Tykes on Trikes" obstacle course on the Boutwell Tennis Courts in last year's Pan-Mass Challenge Wilmington-Andover Kids Bike Ride. This year's event takes place on Sunday, May 18th at the Boutwell Early Childhood Center in Wilmington. (courtesy photo).

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Mixed results for Wildcat Baseball and Softball teams

By **JAMIE POTE**
Sports Editor

Jamiepote@hotmail.com
WILMINGTON -- After winning its fifth straight game against Belmont, the Wilmington High School Baseball team followed by dropping its next two games to Stoneham and Arlington to bring the team's overall record to 7-4 overall. The Wildcats need three wins in their final nine games to qualify for the state tournament.

The week started with a brilliant performance by sophomore left-hander Jackson Gillis who tossed a two-hit shut out and struck out a season high 14 batters to improve to 3-1 on the sea-

son. He retired the last 11 batters to face him, with eight coming via strike out.

Wilmington scored single runs in the third and fourth innings which was the difference in the game. In the third inning, Brian Cavanaugh was on second base with two outs and he was able to score on an infield single and error off the bat of Evan Raffi. Then in the fourth, Gillis stroked a one-out double and moved to third on a groundout before Jamie Hill singled to score Gillis with the much needed insurance run.

Hill and Raffi had two hits each, while Cavanaugh, Devon Field, Gillis and Jimmy Davey had one each.

Wilmington then took on Stoneham and let a 5-0 lead slip away as the Spartans scored seven unanswered runs for the come from behind victory. The Wildcats scored five runs in the first two innings led by the performance of Raffi, who was 4-for-4 including a RBI and he scored two runs. Mike Curtis was 2-for-4 and Corey Stillings had a big two-out, two-run double.

Matt Woods was the starting pitcher and he did very well but ended up losing his first varsity decision, after getting a no-decision earlier this season.

On Monday, Wilmington's bats went silent as the team managed just four hits as

Ryan Carroccino, Hill, Raffi and Davey had one each. Hill knocked in the only run coming on a double off the left field fence which scored Stillings. Curtis suffered his second loss of the season going the first six innings before Joe Scurto tossed a perfect inning in relief.

SOFTBALL

The Wilmington High School Softball team split a pair of games this past week, first defeating Belmont 10-1, before falling to Arlington 8-0 on Monday to bring the team's overall record to 2-8.

In the win over Belmont, senior Heather Benson was

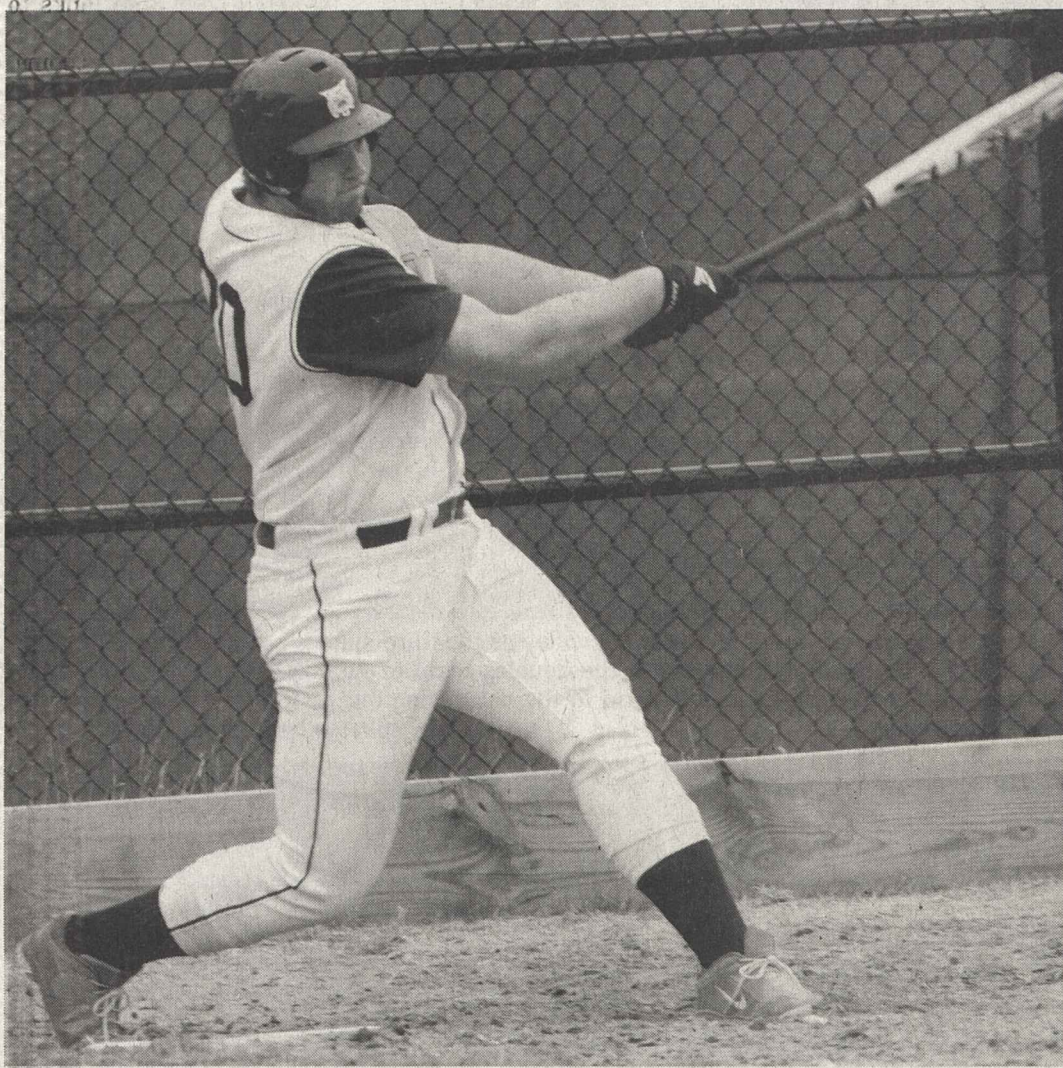
the winning pitcher and she was very solid all day and was helped out by some solid defense including first baseman Sara Ennis who was able to make a double play on a bunt when Belmont had runners at second and third with one out in the second inning. Also senior Cassie Grasso threw out a runner at second base, who was looking for an extra base hit but was denied on the strong throw.

Offensively, Grasso finished 2-for-2 with two walks and also scored three times. Fellow senior Amanda Richards also had two hits, scored three times and knocked in a run. Ennis had a strong day at the plate

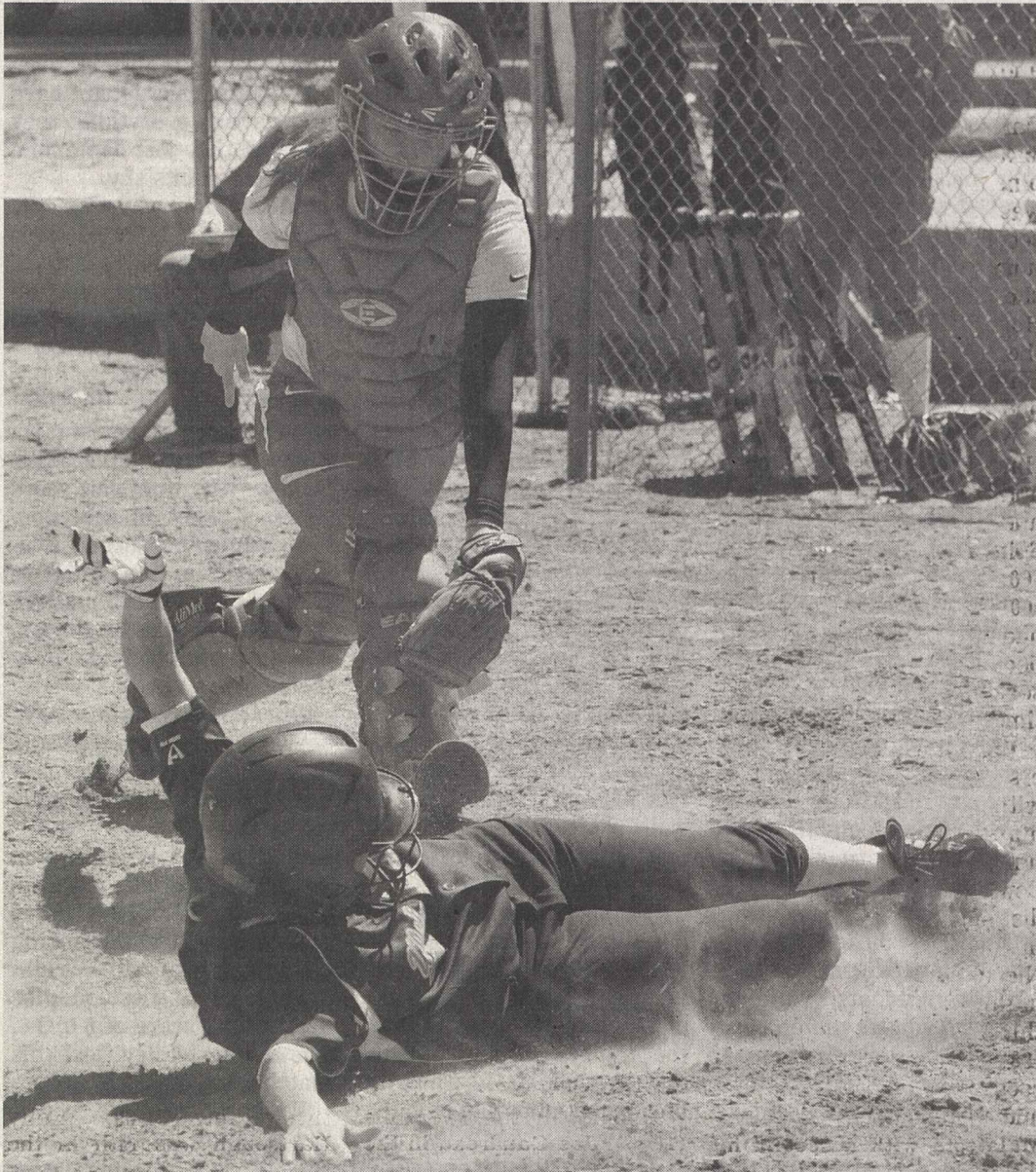
while Teresa Garcia, Britney Garrard and Bridget Santos each enjoyed their first varsity RBI.

In the loss to Arlington, head coach Audrey Cabral-Pini said the team was unable to field bunts cleanly which led to five runs, four of them unearned.

Wilmington will be back in action with games on Friday at home against Burlington (6:00 pm), on the road Monday afternoon against Melrose, before coming home Tuesday night to face Whittier Tech and then going back on the road Wednesday night to face Wakefield.



Above Wilmington High's slugger Jamie Hill takes a cut at a pitch during a recently played Varsity Baseball game (photo by Bill Ryerson); And to the right Shelby McHugh slides in safely at home plate during a recently played Varsity Softball game. (photo by JoeBrownphotos.com).



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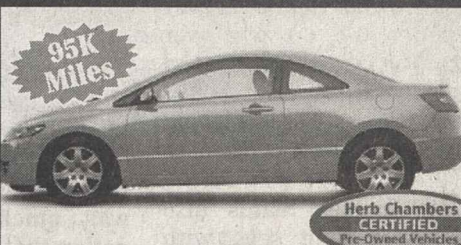
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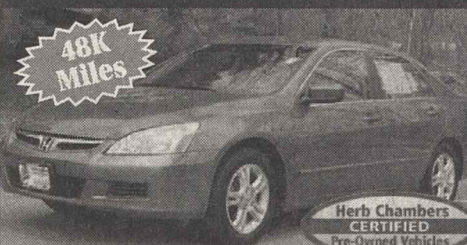
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Both Tennis squads pick up big victories

By MIKE IPPOLITO
Sports Correspondent

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WILMINGTON

Wilmington High Girls Tennis coach Matt Hackett had seen the improvement in his team in recent weeks. He had seen it in practices and he had seen it in recent matches.

The only problem for Hackett was trying convince his team of the improvement he was seeing as the results were not showing up in the win column, as after an early season win over Tewksbury the Wildcats had dropped seven matches in a row to fall to 1-8 on the season.

But on Monday afternoon against Stoneham all of that changed for the Wildcats, as they picked up an impressive 3-2 win for their second victory of the season, getting a pair of big wins from their doubles teams, as well as a hard fought win in third singles.

Hackett was thrilled to see his team finally rewarded for all of the hard they have been putting in all season long.

"The team was excited. It's never easy enduring a long losing streak but the girls have been mentally strong throughout it. Yesterday was a hard fought win that we had to earn," Hackett said. "From my perspective, I have seen tremendous improvement in our team despite the losses. A win helps convince the girls that they are improving tremendously."

Senior Christina D'Ambrosio picked up the only singles win of the day for the Wildcats, winning her third singles match over Stoneham's Reiko Lasei by a score of 4-6, 6-4, 6-1.

"Christina played a fantastic match start to finish. It was a hard fought back and fourth three set match. I was very proud of her for staying strong and coming back after losing a close first set," Hackett said. "Nothing seems to rattle Christina. She keeps her emotions in check very well which is a tremendous asset in a close match like that."

"I thought she hit with authority and confidence. She is also learning to use angles in her game more effectively which helped her yesterday. Overall, it was a solid win."

The Wildcats picked up their other two wins in doubles. The first doubles combination of Samantha Maragioglio and Jess

Nussbaum rolled to a 6-2, 6-0 win over Kristin Flynn and Katherine Grodian.

"Samantha and Jess did indeed roll start to finish. Samantha continues to impress me with her tennis intelligence. She has a tremendous sense of where to hit the ball and when to use different shots," Hackett said. "Jess had a great match too. In particular, it's been rewarding to see her net game improve. She was dominating at the net yesterday which is the key to winning in doubles. They compliment each other well in all phases of the game."

The second doubles combination of Rachel Cummings and Sam Wobab had a much more difficult time of it in their match, but they ultimately persevered to get the win after being blown out in the second set to come away with a 6-1, 1-6, 6-4 win over Stephanie Nolanco and Louise Malchionno.

"They had an up and down match and like Christina, they had to remain steady and survive the waves, which they did. I'm always impressed when athletes can put frustrating points or games behind them and turn the page," Hackett said. "Rachel and Sammy did a great job of that in their win. Rachel was her usual strong presence at the net and Sammy continues to hit with tremendous consistency, lobs well and is covering lots of court these days as well. Overall, it was an impressive hard fought victory for them."

Wilmington senior captain Sophie Serna suffered an injury during her first singles match and had to withdraw. Hackett doesn't feel the injury is very serious and is looking forward to having his star player back soon.

"Sophie suffered a leg injury that may be connected to a previous injury so we played it safe. She was having trouble even walking when she called me over. True to form, she was not happy ending play and actually wanted to keep playing," Hackett said. "She is such a fierce competitor but we both knew it was better to play it safe. She will have another crack at that opponent in a couple weeks. I just hope she recovers quickly. She's a great kid and our best player."

BOYS TENNIS

The Wilmington High Boys Tennis team also picked up a big win over Stoneham on

Monday, rolling to a 5-0 victory, but according to coach Rob Mailey, they were even more impressive in a loss to Arlington on Tuesday.

With the 1-1 week, the Wildcats are now 6-6 on the season and very much alive for a state tournament berth.

In the loss on Tuesday, the Wildcats suffered a 3-2 loss to their powerful opponents, giving their Middlesex League rivals all they could handle before finally falling.

"I would say that today was probably the highest level of tennis I have seen us play since I have been at Wilmington High," Mailey said. "I am really proud of our team. They fought hard and gave it everything they had, but they just came up a couple of points shy."

Indeed they did, as the Wildcats got both of their wins in the doubles matches, while losing a pair of close matches in first and second singles.

In their doubles matches the Wildcats got a three set win from senior co-captains Chris Saporito and Mike Diorio, who won by a score of 4-6, 6-2, 6-4 in first doubles, while the second doubles combination of Ales Neville and Jonathan Mackinnon earned a 3-6, 6-2, 6-3 come from behind win of their own.

"Our doubles teams have been playing very well and they came up big after losing the first sets," Mailey said.

Each of the Wildcats top singles players, Justin Wright and Robbie Mailey played well while losing close matches, with Wright dropping his first singles match by a score of 6-0, 3-6, 6-4, while Mailey lost his match 7-5, 6-3.

"We came so close to getting one of those matches and obviously that would have made all the difference," Mailey said. "But both Justin and Robbie played their hearts out."

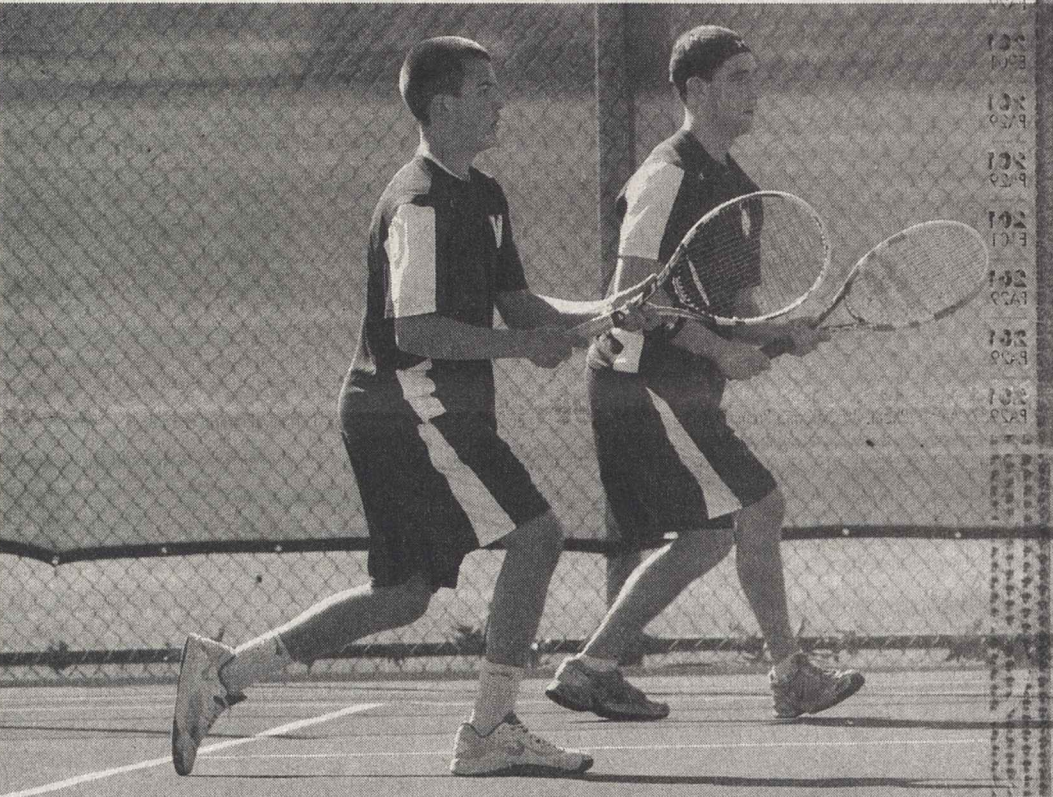
While the loss was tough to take because the Wildcats were so close to pulling a major upset, Mailey was able to look at the many positives his team could take from the match.

"The level of play was so high," Mailey said. "I think the kids realize after this match that they can compete with anyone. And if we continue to play like this the rest of the season we should do very well."

In their previous match the day before the Arlington defeat the Wildcats showed



Wilmington's Sam Maragioglio returns a volley as the third singles player during a recently played Girls Tennis match and below the doubles team of Adam Cocculuto (R) and Mike DiOrio (left) and Adam Cocculuto head to the net during one of the Boys Tennis matches held this season.



BOYS LACROSSE

just what they can do to a lesser opponent when they are at the top of their game, blowing out Stoneham 5-0 and not losing asset the entire match.

Wright scored a 6-0, 6-0 victory over Pat Grady in first singles, while Robbie Mailey earned a 6-1, 6-1 win over Mike Tagarovsky in second singles and Saporito rolled over James Columbus in third singles by a score of 6-0, 6-2.

Both doubles teams also won in straight sets, with Diorio and Neville teaming up in first singles for a 7-5, 6-2 win, while the sophomore combination of Mike Gake and Quinton Foley earned a 7-6, 6-1 victory.

There are going to be weeks like this for the Wilmington High Boys Lacrosse team as the young squad continues to grow and mature. The Wildcats suffered a pair of blowout defeats this past week, dropping a 16-2 decision to Winchester last Friday and a 16-1 loss to Reading on Monday.

Despite the lopsided losses, first year coach Fran Peters was quick to dispel the notion that it was difficult to take a lot of positives from such a tough week.

"The positive we take out of it is that this team does not give up. We were out of this game (Reading) halfway through the first

quarter, but this team did not give up," Peters said. "This is a resilient team. Nobody likes to lose, and nobody likes to get blown out, but these kids kept working all the way through."

Scott Manganelli scored the Wildcats lone goal in the loss to Reading, while Manganelli and Matt Penney had the tallies in the loss to Winchester.

"The kids understand that what we are doing this year for a lot of these kids learning how to play at this level, so this will be something that we will be able to benefit from going forward," Peters said. "It is a great group of hard working kids."

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Where's the Action?

Day	Date	Sport	Opponent	Time
Wilmington High Sports				
Thursday	May 8	V Boys Tennis	vs Winchester	3:30 PM
Thursday	May 8	V Girls Tennis	at Winchester	3:30 PM
Thursday	May 8	Boys Track	at Burlington	3:30 PM
Friday	May 9	V Baseball	vs Burlington	3:45 PM
Friday	May 9	V Boys Lacrosse	at Watertown	3:45 PM
Friday	May 9	V Girls Lacrosse	vs Watertown	4:00 PM
Friday	May 9	V Softball	vs Burlington	6:00 PM
Saturday	May 10	B/G Track	at Andover Boosters	10:00 AM
Monday	May 12	V Boys Tennis	vs Burlington	3:30 PM
Monday	May 12	V Girls Tennis	at Burlington	3:30 PM
Monday	May 12	V Softball	at Melrose	3:45 PM
Monday	May 12	V Baseball	at Melrose	3:45 PM
Monday	May 12	V Boys Lacrosse	vs Arlington	4:00 PM
Monday	May 12	V Girls Lacrosse	vs Peabody	6:00 PM
Tuesday	May 13	B Track	vs Stoneham	3:30 PM
Tuesday	May 13	G Track	at Stoneham	3:30 PM
Tuesday	May 13	V Girls Lacrosse	vs Belmont	4:00 PM
Tuesday	May 13	V Softball	vs Whittier Tech	6:00 PM
Wednesday	May 13	V Boys Tennis	at Melrose	3:30 PM
Wednesday	May 13	V Girls Tennis	vs Melrose	3:30 PM
Wednesday	May 14	V Baseball	at Wakefield	3:45 PM
Wednesday	May 14	V Boys Lacrosse	vs Stoneham	6:00 PM
Wednesday	May 14	V Softball	at Wakefield	6:00 PM

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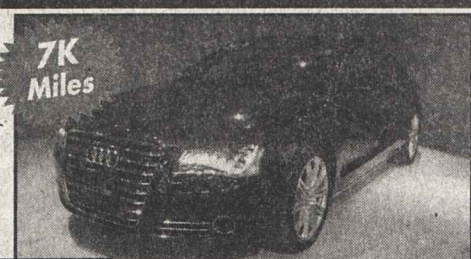
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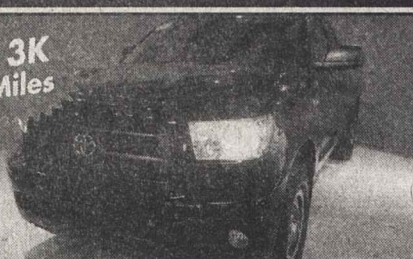
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Murphy helps Bentley Lax team defeat SNH

By MIKE IPPOLITO
Sports Correspondent

sports@yourtowncrier.com

Brendan Murphy, a 2011 graduate of the Middlesex School, scored two fourth quarter goals, including the game winner with 3:07 left in the game, to lead the Bentley University Lacrosse team to an 8-7 come from behind win over Southern New Hampshire in the first round of the Northeast-10 Tournament on Tuesday, April 29.

Murphy's two goals were part of a four goal Bentley outburst that brought them back from a 7-4 deficit at the end of the third quarter.

Regis College junior Peter Leighton closed out his season with two goals and three assists in a 12-10 loss to Becker College on Tuesday, April 29. The 2011 graduate of Wilmington High finished the season second on the Pride in scoring with 36 goals and 25 assists for 61 points.

For his efforts this season, Leighton was named as an Honorable Mention for the NECC All-Conference team.

St. Anselm sophomore Emily Crannell went 2-for-3 with a home run and drove in the winning run for the Hawks Softball team in a 2-1 win over Pace University in the quarterfinals of the Northeast-10 Tournament last Friday.

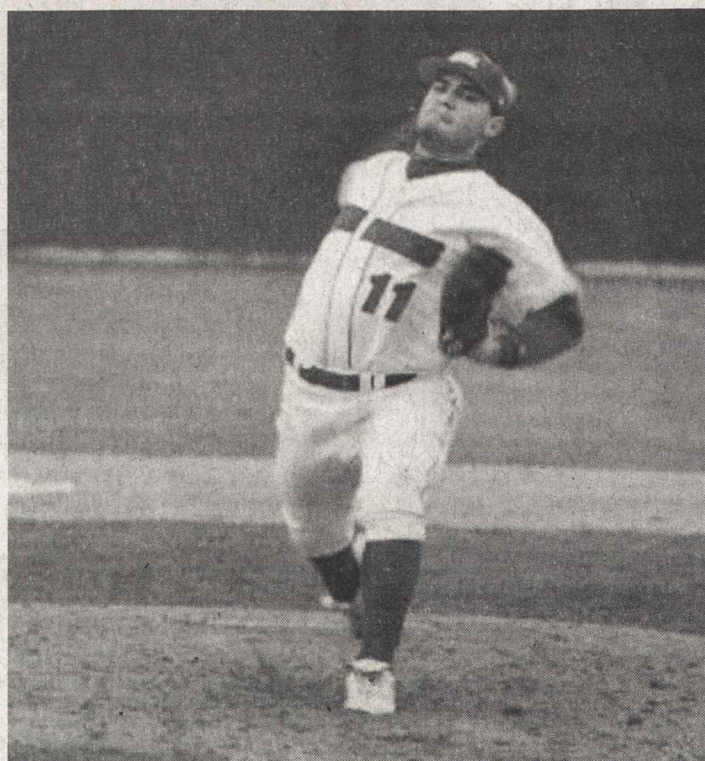
With the Hawks trailing 1-0 in the bottom of the fifth, the 2012 Wilmington High graduate cranked a solo home run to tie the game. Crannell then drove in what would prove to be the winning run in the bottom of the sixth when she laced a single that drove in teammate Pattie Turner.

St. Anselm was eliminated from the post season the next day by New Haven, but Crannell finished her season batting .261 with two home runs, 15 RBI's and 14 runs scored.

UMass Lowell senior pitcher Nick Boutoures picked up the save for the River Hawks Baseball team on Tuesday, April 29 in a 5-3 Lowell win over Brown University. The 2010 Wilmington High graduate now has an ERA of 1.23 on the season and has struck out 13 batters in 14 2/3 innings of work.

Bentley College freshman Erik Alatalo, a 2013 Wilmington High graduate, competed for the Falcons track team in the 10,000 meters at the Northeast-10 Conference Championships on Saturday and earned a 10th place finish in a time of 34:32.89.

Stony Brook sophomore Cali Pepper, a 2012 graduate of Wilmington High, finished 18th in the 200 meters in 26.43 seconds at the America East Outdoor Track and Field Championships in Burlington, Vermont this



Wilmington resident Nick Boutoures throws a pitch for the UMass-Lowell Baseball team during a game held this past week. (courtesy photo/UML- Bob Ellis).

past weekend. Pepper was also part of the sixth place 4x100 and ninth place 4x400 relay teams for the Sea Wolves.

TEWKSBURY

Findlay (Ohio) University freshman midfielder Melissa Peters had a goal for the Oilers in a 14-13 come from behind win over Wheeling Jesuit (West Virginia) in the quarterfinals of the GLIAC Tournament on Tuesday, April 29. Peters goal was part of a big second half for the Oilers who fought back from an 11-5 deficit to earn the win.

Findlay's season came to an end with a semi-final loss to Grand Valley State, but the 2013 Tewksbury High graduate finished her first college season with 14 goals and 11 assists.

Lasell College sophomore Mike Pino was selected as a second team All-Conference player for the Great Northeast Athletic Conference Lacrosse team. The sophomore tri-captain, a 2012 graduate of Central Catholic helped lead the Lasers defense this season, tying for the team lead in caused turnovers with 21, while leading all Lasell defensemen with 32 ground ball pickups.

Newbury College sophomore Sheri Liggiero went 2-for-4 with a run scored in a season ending 5-3 extra inning loss to Mitchell College in the second round of the NECC Tournament last Friday. Liggiero scored the game tying run in the bottom of the seventh for the Night Hawks before Mitchell won it in the eighth.

The 2012 Tewksbury High graduate finished the season second on the team with a .394 average to go along with 19 stolen bases and 35 runs score.

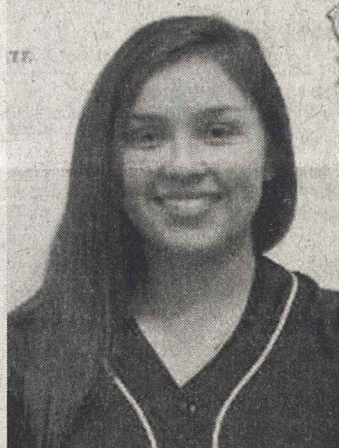
UMass Dartmouth senior

Emily Pontes had a hit in both Corsair games this past weekend, going 1-for-2 in a loss to Western Connecticut State last Friday and following that up by going 1-for-4 in a loss to Rhode Island College on Saturday.

Pontes, a 2010 graduate of Essex Aggie wrapped up her final college season by batting .242 with nine stolen bases.

UMass Lowell junior Ally Greene had a stolen base and a run scored for the River Hawks in a 7-0 win over the University of Hartford in the team's season finale last Saturday. The 2011 Tewksbury High graduate led the River Hawks with 16 stolen bases on the season.

Allie Frazier, a graduate student at the University of New England, went 1-for-3 in



EMILY PONTES

a 6-3 loss to Western New England College on Tuesday, April 29. The former two sport star at Tewksbury High finished her season batting .308 with two home runs, two triples, 14 RBI's, 24 runs scored and eight stolen bases.

Joe Hulme, a junior second baseman for the Wentworth Institute of Technology Baseball team was named an honorable mention for

the Commonwealth Coast Conference All-Conference team this season.

The 2011 Tewksbury High graduate finished his junior season batting .280 with 23 RBI's, 22 runs scored and 11 stolen bases, leading the team in stolen bases, while he was second on the team in RBI.

During his three year career Hulme has totaled 12 doubles, three triples, one home run, 25 stolen bases, 62 runs scored, 53 RBI's and an overall batting average of exactly .300.

Fitchburg State College freshman Brian Amaral competed in the 10,000 meters for the Falcons at the Division 3 New England Championships this past weekend. The 2013 Tewksbury High graduate finished in a time of 32:51.46.

Franklin Pierce freshman Cory Cataldo earned a ninth place finish in a field of 21 competitors in the long jump at the Northeast-10 Outdoor Track and Field Championships this past

time of 11.13 seconds. The 2011 Tewksbury High grad also took an 11th place finish in a field of 22 runners in the 200 meters in a time of 22.80 seconds.

UMass Amherst freshman Cory Thomas competed in the 5,000 meters for the Minutemen in the Atlantic 10 Conference Championships this past weekend in Amherst.

The 2013 Tewksbury High graduate finished in a time of 15:37.30. UMass Lowell freshman John Fiorello scored a sixth place finish in the shot put for the River Hawks at the America East Outdoor Track and Field Championships in Burlington, Vermont this past weekend. The 2013 graduate of Tewksbury High also placed 12th in javelin in field of 19 throw of 162-00.

Richard Kirby, a 2011 graduate of Tewksbury High also competed for the River Hawks at the America East Championships and was also of the third place 4x400 relay team as well as taking a

PRO UPDATE

Checking in on several locals playing professional baseball, Tewksbury High Graduate Scott Oberg has rebounded from a tough outing early on in the season for the Double AA Tulsa Rattlers and has been unscored upon in his last eight outings. He currently is 0-1 with a 2.70 ERA with six saves. In 10 innings, he has given up just three earned runs while walking just one batter and striking out ten.

Stephen Peterson, of Wilmington and formerly of St. John's Prep, has also shaken off a rough outing and has been unscored upon in three of his last four outings as a relief pitcher for the Milwaukee Brewers Single-A Wisconsin club. He is 0-1 with a 5.40 ERA, but has struck out 10 batters in 11.2 innings.

ROAD RACES

Many locals participated in a handful of road races over the past week. At The Cure is Coming 5K in Lexington, Kyle Spiller of Tewksbury was the lone local finisher as he was 66th at 25:20. At the NECC Campus 5K in Haverhill, Tewksbury residents include Denise Illsley, fresh off the Boston Marathon, as she was 36th at 24:50 and was followed by Rita LaBella (78th, 29:30), Paula Cullen (159th, 39:37), and Melissa Gleaton (178th, 53:14). The lone Wilmington resident was Robin Kanter, also fresh off the Boston Marathon, as she was 111th at 32:55.

At the Step Up for Colleen Race in Andover, Tewksbury resident Linda Jennings was the top overall finisher, she was 36th at 19:53. She was followed by fellow residents Lauren Charbonneau (126th, 22:21), Nicole Mercer (141st, 22:58), Lillian Gagnon (198th, 24:15), Ricky Lavigne (323rd, 26:54), Lisa Dolan (428th, 28:14), Samantha Ventura (491st, 29:36), Brian McGettrick (617th, 30:42), Marcia Vitale (643rd, 32:38), Jeanne Dunn (786th, 48:28) and Alison Lima (854th, 1:00.23).

Wilmington residents include Theresa Smarof (152nd, 22:28), Michael Carter (164th, 22:47), Keith Bridge (251st, 25:23), Karen Bridge (509th, 29:38), Amy Logan (591st, 31:07) and Jamie Burnstein (684th, 33:45).

Finally at the 21st annual New England Pediatric Care Cool Kids 5K in Billerica, Katey Sullivan of Wilmington finished 24th at 24:50 and she was followed by Nathalie Balch of Tewksbury (46th, 27:34) and Nikki Gounans of Wilmington (125th, 42:42).



JOE HULME

weekend. Cataldo's jump of 6.62 meters left him just out of scoring in the top eight. Cataldo also placed 10th in the 110 hurdles in a time of 16.45.

The 2013 Tewksbury High graduate also helped the Ravens 4x100 team to a fifth place finish in a total time of 44.00 seconds and the 4x400 team to a sixth place finish in 3:23.81.

Merrimack College junior Anthony Arcari scored a sixth place finish in the 100 meters at the Northeast-10 Outdoor Championships this past weekend, finishing in a

fourth place finish in the 400 meter hurdles.

A pair of Tewksbury High alumni also did very well on the Women's side for UMass Lowell at the America East Outdoor Track and Field Championships. Senior Kyla Higgins competed in the hammer throw finishing with a distance of 109-10 and in the shot put where she finished with a distance of 36-00.00, while fellow senior Karie Judge was sixth in the 800 in a time of 2:14.73 and was part of the eighth place 4x800 relay team and the ninth place 4x400 team.

Ten options for a healthy breakfast



By LAUREN BACHELLER
Fitness Columnist

Lauren.B.Bacheller@gmail.com.

I know that everyone has heard that breakfast is the most important meal of the day; but do you truly understand why? Hopefully after reading the below you will have a better grasp on it, and even more so you become a believer.

A common reason why people skip breakfast is because they think it will assist in losing weight. However, dodging this important meal can do the exact opposite and make weight control more difficult.

Partaking in a protein packed breakfast helps kick start metabolism and sets the foundation for a day of healthy, mindful eating. It has been proven that people who skip breakfast typically eat more calories throughout the day.

Also, several studies suggest that eating fewer, larger meals tends to add more body fat than eating the same exact number of calories in smaller, more frequent meals!

While it's true that adults need to eat breakfast each day to perform at a high level, it's even more pivotal that children eat it. Children's growing bodies and developing brains need to be regularly refueled through the nutrients in food. And when they skip breakfast, they are not get-

ting what is needed to perform in the classroom and on the field.

Interestingly, studies show that children who skip breakfast are tardy and absent from school more often than children who eat breakfast on a regular basis.

Another reason why breakfast tends to be missed is that hectic schedule. Many of us are short on time, but eating a wholesome, nutritious morning meal will save you from searching for food or eating out during your day.

By recharging the brain and body, you'll be more efficient at the office and at home with family.

Below I have provided ten healthy options for breakfast on the go that will hopefully persuade you to join the 'breakfast is the most important meal of the day,' movement.

10. A Single-serving of Whole-Grain Cereal packed with vitamins and minerals.

Great options are Special K or Kashi. As far as milk

goes there are many alternative to traditional cows milk such as unsweetened almond milk, soy milk or coconut milk that provides equivalent or more calcium without all the fat.

9. Avocado Toast with Egg. Grab two slices of whole grain or wheat bread, toast it lightly and add a thin slice of avocado. Sprinkle with salt and pepper and top with sunny side up eggs for a protein punch. If you have to grab and go throw it in some Tupperware or combine it as a sandwich to eat on the fly.

8. Hard-Boiled Eggs. This is easy to do the night before, simply boil water and toss in two or three eggs for about ten minutes. Peel the eggs and put them in the fridge. The next morning simply grab the eggs and go!

7. Low-Fat Greek Yogurt.

You can buy the ones already in individual packs, or make your own. The individual packs are very convenient, but be sure not to get tricked into sweet ones with fruit syrup, or even

candy.

Choosing plain yogurt and adding fruit such as pineapple, or one with a flavor rather than 'fruit on the bottom,' syrup are better combinations of carbohydrates and protein.

6. Whole-grain English Muffins with Peanut Butter. This can serve as a delicious heart-healthy breakfast sandwich that leaves you feeling satisfied and not crunched for time.

5. Egg Whites with Veggies.

Use 1/3 cup of egg whites combined with any vegetable of your choice. I tend to like leafy spinach or sweet yellow pepper. Throw in a small amount of a low-fat cheese like feta and pop it in the microwave for three minutes. Take the tupperware to go and you have a breakfast that will keep you feeling full for hours.

4. Soy or Lean Turkey Sausage Patties.

They can be eaten solo or put them in a whole wheat tortilla with some salsa and it makes a tasty breakfast

burrito to go.

3. Banana Oatmeal. Mash an older banana, add 1/3 cup of old fashioned oats, and 1/2 cup of milk. Pop it in the microwave for two to three minutes and top of cinnamon. You have yourself a sweet, filling breakfast that won't add to the waistline or timeline.

2. Apple Surprise.

Cut one apple in half and remove the core. Drop a table spoon of nut butter in between the two holes and sprinkle in one tablespoon of granola. Wrap the entire apple in plastic wrap or foil to enjoy as you walk out the door. If you aren't afraid of a sticky situation add one teaspoon of honey to sweeten it up!

1. Waffle PBJ-Wich.

Try this sweet take on a classic breakfast sandwich. Use one whole-grain waffle sliced in half. Spread one-to-two tablespoons of peanut or almond butter and layer two-to-three slices of strawberries on top.

Shawsheen Tech Sports Round-Up

Softball team slugs past NDA, 9-7

By MIKE IPPOLITO
Sports Correspondent

sports@yourtowncrier.com
BILERICA - At the end of the season, all wins are created equal. That is important to remember for the Shawsheen Tech Softball team, who will undoubtedly have many more aesthetically pleasing wins than the one they picked up on Monday afternoon in their 9-7 triumph over Notre Dame Academy.

The Lady Rams walked 13 batters on the afternoon, but led by several outstanding offensive performances they were able to outslug their CAC rivals on the way to improving their record to 6-4 on the season as they head into the second half of the season.

"We have to remember that we are still a young team and we are still going to have a Dr. Jekyll and Mr. Hyde personality," Shawsheen coach Maureen Buckley said. "On the positive side we hit their pitchers very well, and we put people on base and created scoring opportunities."

Unfortunately we also gave them a bunch of scoring opportunities with walks. We fell behind 2-0 in the first inning without giving up a hit."

The positive side that Buckley referred to came from a lineup that pounded Notre Dame pitching without the benefit of picking up as walk of their own.

Leadoff hitter Mariah Wentzel of Tewksbury and number two hitter Kennedy Harper of Wilmington helped set the table for the Lady Rams with Wentzel going 3-for-4 with a stolen base and three runs scored, while Harper was 2-for-4 with two RBI's.

"It is very unusual for a slapper like Mariah to be the leadoff hitter but she does a great job of getting on base as does Kennedy," Buckley said. "Their speed makes things happen on the base paths."

"This game was a perfect example. Kennedy was on third and we tried to bunt her home, but the bunt only went about four feet. But Kennedy used her speed and she still scored and because of that everybody was safe."

Freshman Arianna Nicosia of Tewksbury went 2-for-3 with two runs scored for the Lady Rams. While still searching for consistency, Nicosia has shown she has what it takes to compete at the varsity level as just a freshman.

"She is another of our players trying to fit into the system," Buckley said. "We had her playing some first base, but now we have her in center field and she is doing a good job. We are looking for consistency from her, just as we are with a lot of players."

As much as Shawsheen pitchers struggled to find the plate on Monday, that was not the case for Tewksbury's Katie Welch who pitched the seventh inning to pick up the save, allowing one hit, but walking none and striking out two to preserve the victory.

"Katie did a great job in the seventh inning," Buckley said. "She was around the plate and that's what we need our pitchers to do. They need to give us a chance to make plays behind them. We need to make the other team's earn their way on base."

Buckley knows that regardless of how good the offense is, the Lady Rams pitching and defense will have to improve if the team is going to have the type of success they have become accustomed to in recent years. And she knows that a lot of the responsibility for that will fall on her as coach.

"What I need to do as coach is pick the player that

day that has the hot hand and gives us the best chance to win," Buckley said. "If someone is struggling we need to just go to the next pitcher. We can't afford to lose on walks."

GIRLS LACROSSE

The Shawsheen Girls Lacrosse team went 1-1 this past week to maintain their .500 record as they make a bid for the post season with just four games left in the season.

The Lady Rams started their week with an 11-4 road loss to Austin Prep, but followed that up with an impressive 14-7 win over Dracut on Monday to get back to the .500 mark.

In the win over Dracut the Lady Rams were led on offense by Rachel McLaren of Wilmington who had four goals, while Kaitlyn McLaren of Wilmington added three tallies. Meg Ferguson had two goals, while Tewksbury residents Skylar Jacques, Michelle Farragher and Nicole Kopacz had one goal each as did Megan Longo and Alisha Shidoki.

"This was a great game," Shawsheen co-head coach Eileen Warford said. "Kerrie Malloy was a key player in this game and (goalie) Kerin O'Hearn played her best game yet saving 18 shots on goal, while also having an assist."

Warford and co-head coach Charlotte Ardini have been impressed with what they have seen from their team in recent weeks.

"The girls have improved tremendously since the beginning of the season," Warford said. "We are really working together as a team. If we keep playing like we have been and improving I see the rest of the season going great and making it to the tournament."

In the 11-4 loss to Austin Prep, the Lady Rams got two goals from Ferguson, while Rachel McLaren and Kopacz had one goal each, and O'Hearn made five saves.

BOYS LACROSSE

Shawsheen's Boys Lacrosse team also got back to the .500 mark on the season this week, sweeping all three of their games to improve to 6-6 overall.

The Rams dominated in two of their games this week, blowing out two CAC opponents, and winning a thriller in their third game.

The Rams started their week with 12-4 win over Northeast last Wednesday and followed that up with a 12-0 blowout of Lynn Tech on Friday before edging Minuteman by a score of 11-10 on Monday.

The win over Minuteman was truly a thriller, with sophomore Zach DeLuca scoring the game winner with just 2:07 left in the game. Jack Stone added two goals and three assists, while Josh Bouley had two goals and an assist and Tom Avtgis and Jake Nardone had two goals each.

Junior goalie Kevin Vacca made 20 saves for the Rams.

Shawsheen's other two games on the week were not nearly as close. In the shutout over Lynn Tech the Rams were led by five goals by junior Donovan Ryan of Wilmington, while Avtgis had three goals and an assist, DeLuca had two goals and three assists, Stone had two goals and one assist and freshman midfielder Matt Merrick of Tewksbury had two goals.

Last Wednesday against Northeast it was Avtgis leading the way for the Rams with five goals and an assist, while Stone had two goals and three assists and DeLuca had three goals and one assist.

BASEBALL

The Shawsheen Baseball team looks to be in peak form as they continue the second half of their season, picking up a pair of blowout victories over CAC opponents this past week to improve to 9-3 overall and 8-1 in the CAC, leaving them tied for first with Whittier atop the CAC Large.

The Rams blew out Chelsea on the road on Monday afternoon, winning by a score of 11-0 and continued their shutout inning streak the next day with a 15-0 mercy rule shutout of Lynn Tech in another road game.

In the win over Chelsea, the Rams got another outstanding pitching performance from Matt Lucia of Tewksbury, as the senior hurler struck out ten batters over five innings while allowing only one hit.

As great as Lucia was in shutting down Chelsea, Rams coach Brian McCarthy was hesitant to call it Lucia's best game of the season, simply because their have been so many others to choose from.

"It's hard to say, because Matt's had so many great moments this year already in just the first half of the season," McCarthy said. "It certainly was one of his most dominating games on the mound at Chelsea, yet he threw great games against Whittier and Greater Lowell too. Getting the win against a strong Whittier team was probably the most rewarding win and performance for him on the season. And the kid is amazing, he does it all for us on the mound and at the plate. He's come up big for us all year long."

The numbers certainly bear that out with Lucia now 4-2 on the season with a 1.15 ERA and 32 strikeouts in 30 innings, while also batting .536 at the plate this season with a home run and 12 RBI's.

Senior Ryan Cormier powered the Rams offense with a home run, a triple and five RBI, continuing what has been an outstanding season for him.

"Ryan has been playing real well for us this season. He worked hard to overcome some early season struggles at the plate and hasn't looked back since," McCarthy said. "He has been tearing the cover off the ball over the past two weeks. And as always, he's one of the best outfielders around. The balls he tracks down out there in centerfield for us is amazing to see sometimes. He's been a real asset patrolling the outfield for the past two years."

Senior James Gibb of Wilmington added a pair of hits and two RBI, while junior Tim Lavoie was 2-for-2 with three runs scored and two RBI, continuing what has been a monster effort by the middle of the Rams lineup with Lavoie, Gibb and Lucia tearing the cover off the ball.

Gibb is now batting .370 on the season with a home run and seven RBI, while Lavoie is batting .481 with a home run and nine RBI.

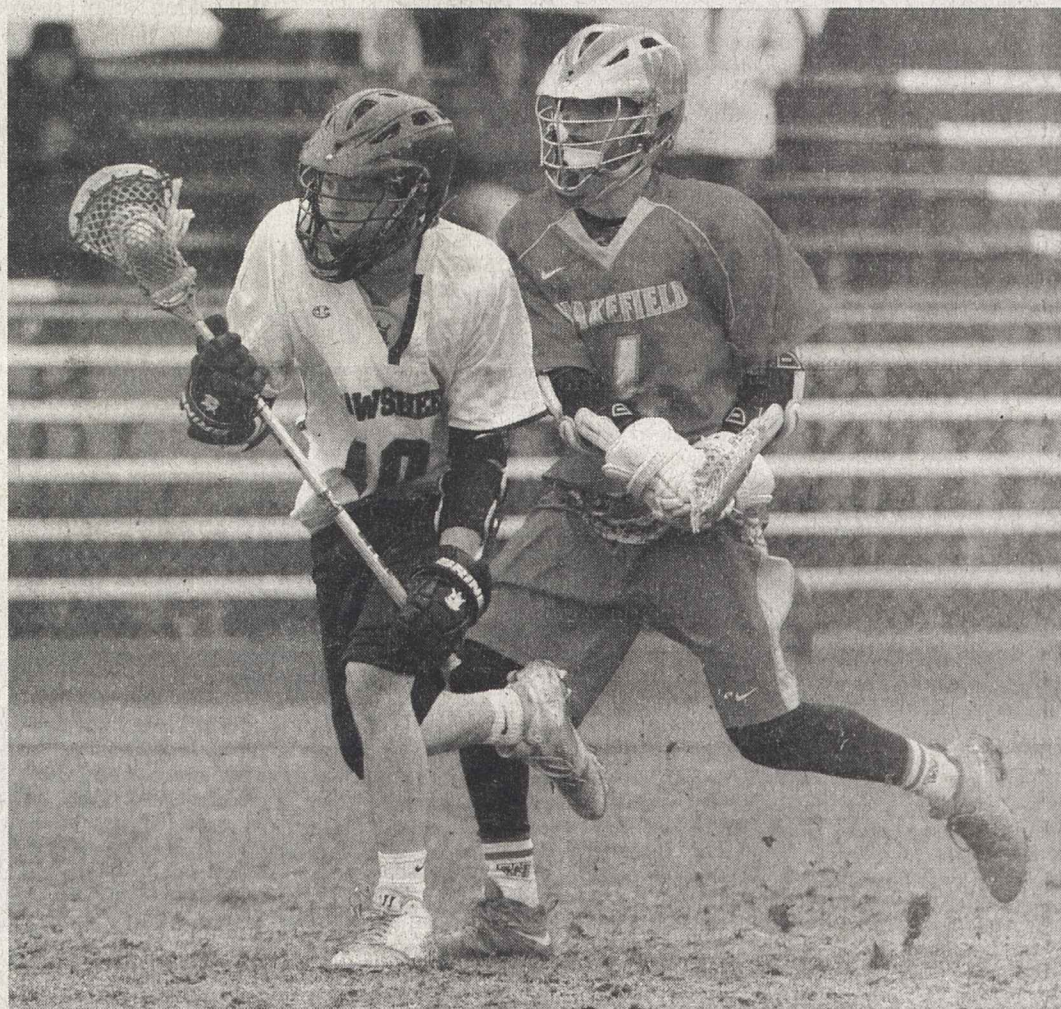
"They are a special group of hitters. As a coach, to be able to put them together in the lineup at three (Lavoie), four (Gibb) and five (Lucia) is a huge advantage. There is no way to pitch around all three, at some point, you've got to pitch to one of them, and they've been taking advantage of that fact. They protect each other in the line up and benefit from one another's success. They are great group of guys and they're fun to watch up at the plate."

But it hasn't been just the middle of the lineup getting the job done, as McCarthy says the entire team deserves credit.



Daniel McCrevan of Tewksbury unleashes a pitch for the Shawsheen Tech Baseball game during a recently played game.

(courtesy photo by Paul Oliver/pauloliverphotography.smugmug.com).



Midfielder John Stokes carries the ball up the field after a faceoff during a recently played Shawsheen Tech Boys Lacrosse game.

(photo by JoeBrownphotos.com).

"As a team, we are starting to play much more consistently all around," McCarthy said. "We have been getting great starts from our three pitchers

(Matt Lucia, Dan McCrevan, and Shawn Costa), and the defense behind them is playing real solid ball for the last few weeks"

In Tuesday's 15-0 win over Lynn Tech, Costa pitched a six inning mercy rule no-hitter with one walk and nine strikeouts.

Wilmington In-Town Soccer Round-Up

Girls Kindergarten Brazil vs. Argentina

On the other side of the ball for Argentina, was an incredible offensive performance by Emilia DePlacido, who helped her side get on the board. With a rock solid defensive stand led by Alex D'Angelo Argentina was never out of this game.

The midfield team of Macy Savage and Sarah D'Angelo could only be classified as awesome.

Mexico vs. USA

One could only believe the silence of the crowd was due to the fantastic ball skills of Samantha Crowley and Isabella Rogers. However it did not take long for the crowd to cheer as goals were scored by Katherine Hughes and Nicole Gallucci.

The Mexico's defensive stand made by Cara DiGiovanni could only be viewed as heroic.

Germany vs. Korea

Nobody stayed home for this action packed game.

Germany's Cayley Israelson and Kristal Wells scored getting the crowd jumping out of their seats. The flawless defense of Isabelle Merritt and Isabella Zaya provided great protection for the Goal Keepers.

Boys Kindergarten Brazil

In what could have been confused as a World Cup Match, Brazil started off strong with great offensive pressure from Dylan Grace coupled with the steel like defense of Ethan Briggs and Logan Tautkus made for an incredible game. Ryan Archer and Quinn Stockman scored for Brazil while Davide Vitale controlled the midfield for the team.

France vs. Portugal

The air was full of excitement, as the much-anticipated match between Team France and Team Portugal commenced. Fantastic ball skill were displayed by Benjamin Haubner and Nicolas Spinosa resulting in goals by Jack Martinson and

Jacob Haubner. The midfield and defensive play of Dominic Dicenso and Qwen Fitzpatrick kept the Team France in excellent shape. The crowd roared to their feet when Team France finished a spectacular game.

England vs. Germany

Proving they were also World Cup Competitors, Ryan Gray and Spencer Talbot scored for England in this hard fought game, Ryan Belanger and Owen Mahoney added the offensive punch and Colin Dwyer held up the defense. It was an outstanding team effort.

Girls Grade 1

England

England's Jillian Collins, Savannah Ferrabelo, and Madeline Long stayed on their toes creating many scoring opportunities. The play of Abby and Haley Cournoyer and Katherine Hao shut down the other end of the field on defense that set the tone for this game.

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT
MIDDLESEX, SS
DIVISIONDocket No.
MI12P2310EASALE OF
REAL ESTATE TO PAY
DEBTS, LEGACIES,
AND CHARGES OF A
FORMAL PROBATE
OF A WILL

NOTICE

Estate of
Leonard Chester
Bernat
Late of Tewksbury, MA
In the County of
Middlesex

A petition has been presented in the above-captioned matter by Wendy R. Keller, Personal Representative, of said estate, praying for leave to sell certain real estate to pay debts, legacies, and charges of the estate of said deceased.

If you desire to object to the allowance of said petition, you or your attorney must file a written appearance in said court at Cambridge, on or before 10:00 in the forenoon of May 21st, 2014.

Witness, Hon. Edward F. Donnelly, Jr. Esquire, First Justice of said Court in Cambridge on the 23rd day of April, in the Year of our Lord two thousand and fourteen.

Tara E. DeCristofaro
Register of
Probate Court
04534735 5/7/14

LEGAL NOTICE



TOWN OF TEWKSBURY

REQUEST FOR
QUALIFICATIONSMASTER PLAN
UPDATE

The Town of Tewksbury is seeking proposals for a Master Plan Update. The selected firm shall have demonstrated previous experience in providing specified services to similar projects, preferably in Massachusetts. A complete RFQ may be obtained, without charge, by contacting the Town of Tewksbury Town Manager's Office at (978) 640-4300. It is recommended that respondents to this request familiarize themselves with the detailed RFQ.

It is the intent of the Awarding Authority to award a contract within sixty (60) business days after receiving the proposals.

The deadline for submitting proposals to the Tewksbury Town Manager's Office is at 2:00 PM, May 23, 2014. Proposals should be addressed to Richard A. Montuori, Town Manager, Tewksbury Town Manager's Office, 464 Main Street (the old Hardy-Pike House), Main Street, Tewksbury, MA, 01876. Proposals must be clearly labeled "Proposal for Master Plan Update".

04534659 4/30,5/7/14

LEGAL NOTICE

WILMINGTON
HOUSING
AUTHORITY

Wilmington Housing Authority is accepting bids due on 05/14/2014 at 10:00 AM for the following projects in Wilmington:

- Replacement of 1) exterior deck, deck framing, stairs, handrails, 2) front entry door, storm door, sidelights, screen door, hardware for front entry door, 3) back cellar door, door hardware, 4) window. Bid #342046
- Replacement of exterior deck, stairs, handrails. Bid #342047

For information, kindly contact:

Maureen Hickey,
Executive Director
Wilmington Housing
Authority
41 Denny Way
Wilmington, MA 01887
mhickeywha@aol.com
TEL 978-767-1939
FAX 978-657-4003
04534608 4/30,5/7/14

Placing
Public Notices

The Town Crier is the Newspaper of Record in Wilmington and Tewksbury, Massachusetts.

Public notices are published weekly. To place your notice email it to: office@YourTownCrier.com or mail it to: Town Crier 1 Arrow Drive Woburn, MA 01801 Deadline for Wednesday's paper is Noon on Tuesday

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT
MIDDLESEX
PROBATE AND
FAMILY COURT
208 CAMBRIDGE
STREET
CAMBRIDGE, MA
02141
(617) 768-5800CITATION ON
PETITION FOR
FORMAL
ADJUDICATIONDOCKET NO.
MI14P2180EAEstate of:
Charles Kelley
Date of Death
01/05/2014

To all interested persons:

A Petition has been filed by: **Dana R Kelley of Westford MA** requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition.

And also requesting that: **Dana R Kelley of Westford MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on 05/27/2014.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

WITNESS, Hon. Edward F. Donnelly, Jr., First Justice of this Court.

Date: April 28, 2014
Tara E DeCristofaro,
Register of Probate
04534755 5/7/14

Tewksbury Boys Lacrosse Round-Up

The Tewksbury Boys Under 11 Red Youth Lacrosse team went on the road again, taking on Nashoba-Gold in Bolton, coming away with a 13-9 victory.

Tewksbury was down a few players on this Sunday, but even short-handed they dominated the play. After allowing a goal to start the game they went on an offensive run, scoring three in a row, and taking a 6-3 lead at the half.

They never looked back in the second half jumping out to a 12-4 lead, before fighting off Nashoba's final push, closing them out at 13-9.

Five different U11 Red players hit the score sheet, again showing great team play. Daniel Fleming and Jake Murphy each had hat tricks, while Cole Stone nearly equaled their output, sending 5 balls to the back of the netting with an outstanding game.

Sean Hirtle played his normal grinding style, shutting down the opponent and finding the net for one goal. James Kierce became the second rookie to score his first goal of the season, fighting off defenders and finding the back of the net in the first half.

Although the score might not suggest it, goaltending was outstanding. Deadon Bere was again a monster in the cage, stopping several open shots with quick stick work. Ryan Fleming finished off the second half, making some big saves while holding back Nashoba's big offensive rush.

Austin Tingtella brought his high energy game to both sides of the field, but was dominant on defense, stripping the ball from attackers all afternoon with a vicious poke check. Jonah Bennett played hard in all three field positions but especially helped spread the offense on attack, opening up opportunities for his teammates.

Tim Panilaitis played great defense as usual, and just missed on a few scoring opportunities, playing strong around the net.

Boys U-13 Red

The U-13B Red team had a tough game against the Methuen Blue team on Sunday.

Tewksbury's defense had their backs against the wall most of the game. It seemed the offense had a hard time setting up and getting things going against a tough Methuen squad.

Methuen scored ten goals during the outing with Tewksbury's Mike Woodford scoring the only goal Tewksbury from an assist by Mitchell Hodgson and Clayton Taylor around the horn. Tewksbury fell 10-1 at the end and are now 3-1 for the season.

Boys U-13A

The U-13A Boys traveled to Malden to play a tough young team under the lights for a rare treat for everyone. Malden put up a strong fight staging a nice comeback in the second half but the Tewksbury boys proved too tough with Ryan Day putting up a wall around the net and only allowing five goals for

Malden during the contest. Tewksbury continued to show excellent ball movement with goals coming from nine different players. Shane Alyward, Richie Markwarth, Michael Dell'Orfano, Nicky Iannacci, and Kyle Scrooc all scored one goal each.

Brodie Tirrell, Anthony Diminico, Colby Brown, and Brady McFadden each scored a pair each. Kyle Braciska and Hunter DeLonaish both came in with a pair of assist during the outing.

The defense continued to show great effort shutting down the offensive attack from Malden. Sean Sears, Matt Rosemond, Patrick Letourneau, Owen Gilligan and Kyle Scrooc all played exceptional well. The team is now 4-0.

LEGAL NOTICE



SECTION 00100

ADVERTISEMENT
FOR BIDSTown of Wilmington,
Massachusetts
(Owner)

Sealed bids for construction of Hillside Way Tank Improvements for the Town of Wilmington, Massachusetts, will be received at the Town Hall, 121 Glen Road, Wilmington, Massachusetts 01887 until 10 a.m. prevailing time, on May 29, 2014 at which time and place said bids will be publicly opened and read aloud.

The scope of work for the Base Bid includes full removal and recoating of the existing exterior coating system for the Hillside Way Tank (1.5 MG) in Wilmington, Massachusetts. Work shall include paint removal, containment, disposal, air quality monitoring, installation of an active mixing system, and additional tank improvements and appurtenance work. The Bid Alternate A includes the additional work of full removal and recoating of the existing interior coating system and of the tank.

It is required that the project starts after September 1, 2014. The required contract completion date is December 31, 2014.

Bid Security in the form of a bid bond, cash, certified check, treasurer's or cashier's check payable to the Owner, is required in the amount of five percent of the bid, in accordance with Section 00200, INSTRUCTIONS TO BIDDERS.

The Instructions to Bidders, Form of General Bid, Agreement, Plans, Specifications, Performance and Payment Bond, and other Contract Documents may be examined at the following:

Accent Printing, Inc.,
99 Chelmsford Road,
North Billerica, Massachusetts
Accent Printing, Inc.,
75 Third Avenue, Waltham, Massachusetts
Contract Documents may be viewed and downloaded as a Portable Document Format

(PDF) file free of charge at
www.accentblueprints.com.

Copies may be obtained by completing an order online or by calling 978-362-8038 for a fee for each set. Completed orders may be picked up at the offices of Accent Printing located at 75 Third Avenue, Waltham, MA 02451 (781-487-9300) or 99 Chelmsford Road, North Billerica, MA 01862 (978-362-8038), from 9 a.m. to 4 p.m. Copies may also be shipped to prospective bidders for an additional charge to cover handling and mailing fees. All payments for printing and shipping are non-refundable.

The selected contractor shall furnish a performance bond and a payment bond in amount at least equal to one hundred percent (100%) of the contract price as stipulated in Section 00700 GENERAL CONDITIONS of these specifications.

All bids for this project are subject to applicable bidding laws of Massachusetts, including General Laws Chapter 30, Section 39M as amended.

Minimum Wage Rates as determined by the Commissioner of the Division of Occupational Safety of the Executive Office of Labor and Workforce Development under the provisions of the Massachusetts General Laws Chapter 149, Section 26 to 27D, as amended, apply to this project. It is the responsibility of the Bidder, before bid opening, to request if necessary, any additional information on Minimum Wage Rates for those trades people who may be employed for the proposed work under this contract.

By submission of a bid, the Bidder agrees that this bid shall be good and may not be withdrawn for a period of 30 days, Saturdays, Sundays and legal holidays excluded after the opening of bids.

The Owner reserves the right to waive any informalities in bids and to reject any or all bids.

TOWN OF WILMINGTON, MASSACHUSETTS
BY THE WATER AND SEWER DEPARTMENT
Weston & Sampson
Engineers, Inc.
Peabody, Massachusetts
04534739 5/7/14

Boys U-15 Red

Tewksbury Boys Lacrosse U15B Red team played a great offensive game against a solid Dracut Carolina team with a 9-7 win.

Offensively Michael Andrea, Mitchell Andrea, Samuel Fortier, and Jimmy Strickler each contributed a goal, while Connor Doherty, the team captain, and Braden Hiltz each contributed multiple goals.

Midfielders Jackson DeRoche, team captain, Drew Fletcher, and Braden Hiltz won a majority of the face-offs during the game. The defense lead by goalie Andrew Zampitella and seasoned defenseman Blake Hiltz played a consistent game.

Tewksbury U-15 Red played again on Sunday May 4th against Waltham winning 5 - 2. Andrew Zampitella, Matt Wagner - team captain, Matt Andrea, Shawn Oneil, and Ryan Smith, along with the midfielders playing defensively did an outstanding job holding Waltham to just two goals.

Jackson DeRoche continues to be a star face-off specialist for us with 100 percent of his face-offs won this game. The defense and midfielders did a very nice job in clearing the ball this week.

The offensive squad spread out the goals this week with Jackson DeRoche, Connor Doherty, Drew Fletcher, Alec Hirtle, and Dylan Scott each putting a ball in the net to accumulate five goals. Connor Doherty has scored in each of the Tewksbury - Red games showing great consistency.

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT
MIDDLESEX
PROBATE AND
FAMILY COURT
208 CAMBRIDGE
STREET
CAMBRIDGE, MA
02141DOCKET NO.
MI14P2034PMCITATION GIVING
NOTICE OF
PETITION FOR
APPOINTMENT OF
CONSERVATOR OR
OTHER PROTECTIVE
ORDER PURSUANT
TO G.L. c 190B,
§§ 304 & § 5-405

In the matter of:
Nancy Pelchat
Of: Tewksbury, MA
RESPONDENT
(Person to be
Protected/Minor)

To the named Respondent and all other interested persons, a petition has been filed by Stephen Davis of Tewksbury, MA in the above captioned matter alleging that Nancy Pelchat is in need of a Conservator or other protective order and requesting that

(or some other suitable person) be appointed as Conservator to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have a right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 05/20/2014. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Edward F. Donnelly, Jr., First Justice of this Court.

Date: April 22, 2014
Tara E. DeCristofaro
Register of Probate
04534767 5/7/14

LEGAL NOTICE



COMMONWEALTH OF MASSACHUSETTS

THE TRIAL COURT
MIDDLESEX
PROBATE AND
FAMILY COURT
208 CAMBRIDGE
STREET
CAMBRIDGE, MA
02141DOCKET NO.
MI14P2029GD
CITATION GIVING
NOTICE OF PETITION
FOR APPOINTMENT
OF GUARDIAN FOR
INCAPACITATED
PERSON PURSUANT
TO G.L. c 190B, § 5-304

In the matter of:
Nancy Pelchat
Of: Tewksbury, MA
RESPONDENT
Alleged
Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by Blaire House of Tewksbury of Tewksbury, MA in the above captioned matter alleging that Nancy Pelchat is in need of a Guardian and requesting that

(or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have a right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 05/20/2014. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Edward F. Donnelly, Jr., First Justice of this Court.

Date: April 22, 2014
Tara E. DeCristofaro
Register of Probate
04534768 5/7/14

LEGAL NOTICE

MORTGAGEE'S
NOTICE OF
SALE OF
REAL ESTATE

By virtue of the Power of Sale contained in a certain Mortgage given by Julie A. Bellavia and Eric V. Bellavia to Mortgage Electronic Registration Systems, Inc. as nominee for, Countrywide Home Loans, Inc., its successors and assigns, dated June 24, 2006 and recorded with the Middlesex County (North District) Registry of Deeds at Book 20250, Page 157 subsequently assigned to Structured Asset Securities Corporation Mortgage Loan Trust Mortgage Pass-Through Certificates Series 2006-BC5, U.S. Bank National Association as Trustee by Mortgage Electronic Registration Systems, Inc., by assignment recorded in said Registry of Deeds at Book 26302, Page 19, of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on May 21, 2014 at 172 Ferncroft Road, Tewksbury, MA, all and singular the premises described in said Mortgage, to wit:

A certain parcel of land with the buildings thereon, now known as and numbered 172 Ferncroft Road, formerly known as 956 Whipple Road, situated in Tewksbury, Middlesex County, Massachusetts, being Lot 6 on a plan of land entitled "Plan of Land in Tewksbury, Mass.", Scale 1" = 80', Mar. 14, 1977, Dana F. Perkins & Sons Inc. Civil Engineers & Surveyors, Lowell, Mass. Plan recorded with Middlesex North District Registry of Deeds in Plan Book 124, Plan 96. See also "Definitive Plan of Ferncroft Estates" dated July 1, 1977 also describing Lot 6 as recorded with Middlesex North District Deeds in Plan Book 125, Plan 37, said Lot 6 being bounded and described as follows:

WESTERLY by Whipple Road 225.00 feet.
NORTHWESTERLY by a curved line by land now or formerly of Yvon Cormier Construction Corp., 39.27 feet.

NORTHERLY by land now or formerly of Yvon Cormier Construction Corp. 127 feet;
EASTERLY by land now or formerly of Yvon Cormier Construction Corp., 254.57 feet, and
SOUTHERLY by Lot 7, on said plan 200.00 feet.

Containing 43,866 square feet according to said plan.

Subject to a 30 foot drainage easement as shown on said plan Book 125, Plan 37.

Being the same premises conveyed to the herein named mortgagor (s) by deed recorded with Middlesex North District Registry of Deeds in Book 12069, Page 222.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorneys fees and costs pursuant to M.G.L.c.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check or bank treasurer's check will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

Structured Asset Securities Corporation Mortgage Loan Trust Mortgage Pass-Through Certificates Series 2006-BC5, U.S. Bank National Association as Trustee
Present Holder of said Mortgage,
By Its Attorneys,
Orlans Moran PLLC
P.O. Box 540540
Waltham, MA 02454
Phone: (781) 790-7800
13-012610

04534628 4/30,5/7,14/14

Youth Lacrosse Highlights

The Wilmington U11 White Boys Youth Lacrosse team was on the road to face a tough Belmont team on Sunday May 4.

Midfielder Brian Curdo led the Wildcats offense with a pair of goals. Contributing at Attack were Jake Warford, Alex Booska, Hugh Murphy, Connor Wood, and Michael Lee.

The Wildcats got terrific efforts at both ends of the field from Cameron Eich and John Rhind, splitting time as goaltender each contributing an assist on offense. Kevin Stevens and Eich also did a terrific job on face-offs.

Midfielders Jake Perry, Joey Kullman, and Ashton Stalker helped the Wildcats dominate possession time in the second half.

The defense, which held Belmont to just two goals in the second half, was led by Ryan Murray, Jimmy Ward, Oweff White, and Ryan Dusablon.

The Wildcats next play at home on Mother's Day, May 11, at 3:00pm against Reading.

Boys U11 Blue

Wilmington 12, Belmont 7

The Wilmington U11 Blue Lacrosse team continued its hot streak with their third victory in a row against well coached Belmont this weekend. This win brings the Wildcat squad record to 3-2.

It was all Wilmington in the first half when Attack Brian Duggan got a nice pass from Jacob Martins and fired a missile between the pipes setting the tone early.

Following that goal Middle Tyler Cardello found Attack Matt Vinal for the second goal of the game in the first three minutes.

From that point on Wilmington never looked back unleashing an offensive attack in the first half

that put Belmont in a tailspin. Leading the way was Middle Tyler Cardello and Jacob Martins with three goals and two assists each, while Jack Rooney, Matt Vinal, Joe Zuccola and Brian Duggan each had one goal.

Goalie Nicolas Vanella was a force in net stopping everything in sight in the first half.

As time expired in the first half the 'Cats found themselves with a 9-3 lead.

As the second half began the 'Cats came out with guns blazing continuing to dominate the game by not allowing Belmont to move the ball on offense.

Belmont finally woke up and tried to challenge the talented Wilmington squad but the Defense of Mason Glover and Dennis McConologue, Nicolas Cella, Jack Munro, Tristan Dimco, Jack Malloy, Josh Brandenburg and Cam Marzilli stopped Belmont's charge. Gavin Erickson caused a lot of turnovers on Defense and was able to set up multiple scores for Wilmington.

Keegan Gray played lights out in net in the second half making multiple saves included one diving catch over two players. As time dwindled down, Belmont found the back of the net a couple of times bringing the final score 11-7.

Wilmington prepares to play at home vs. Wakefield this upcoming Mother's day weekend.

Boys U13 Blue

The Boys U13 Blue team lost a tough defensive battle to Belmont on Sunday, by a 3-1 score. Another outstanding job in goal by Nick Bruce kept the Wildcats in the game.

This game was led by the defense who played their

best game of the season. The starting unit of Pat McAndrew, Cam Kenyon and Shane Penney played aggressive throughout the game.

Kenyon's speed was a factor on several transition plays from the defensive zone. Anthony Prezioso and converted midfielder Matt Pendenza were strong off the bench for the unit. Midfielder Dylan Albert provided the lone goal for Wilmington 15 seconds into the game on a face-off won by Ryan Martin.

Along with linemate Conor Rooney, several passes down the field resulted in the quick score. Midfield play provided numerous scoring opportunities that were blocked by the Belmont goaltending, including a last minute drive by Brian Gallucci that just missed the net.

Several injuries were suffered by the midfielder lines due to the aggressive play but they all returned to the field. Aggressive, tough play up and down the field by Thomas Grecco, Jake Fox, Pat Xavier, Zack Kincaid, Dan McGaffigan, Shane Roberts and Matt Wright.

Not to be outdone, the attack lines provided good movement in their triangles, and good passing with the midfielders.

The Attacks were led by Evan Witalisz, Jared Benoit, Matt Miller and Dan McConologue, who just missed a goal in front of the net with a great save by the goaltender.

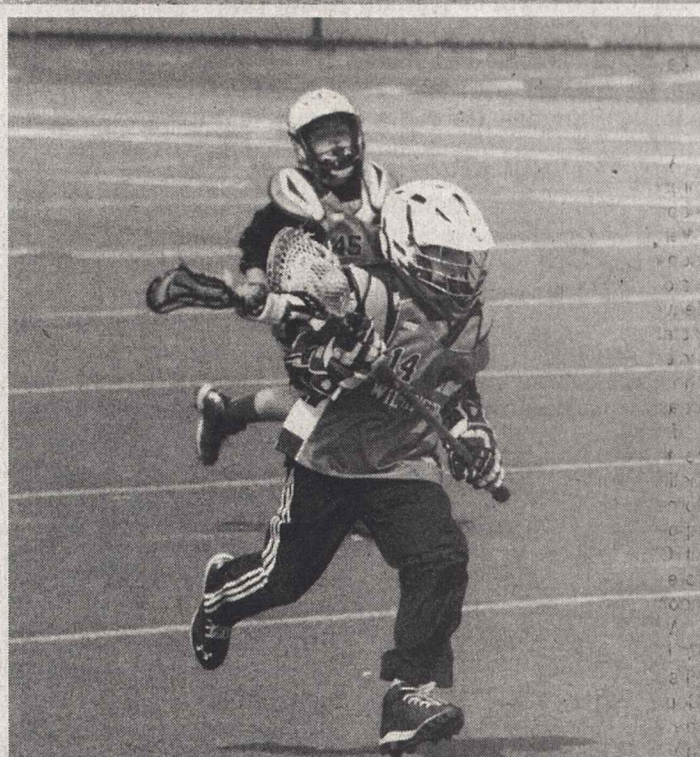
The squad looks to grab a win next weekend with a tough game against rival Wakefield.

McDougall Scholarship

The Wilmington Youth Lacrosse Association (WYLA) is proud to



Above, Cam Eich battles for a win on the face-off for the Wilmington Under 11 White Boys Lacrosse team and to the right is Jack Rooney running up the field with the ball for the Under 11 Blue team. (courtesy photos).



announce that for the fourth year in a row, the WYLA will be offering two academic scholarships in memory of Paul "Scotty" McDougall, a coach, friend, and founding member of the Wilmington Youth Lacrosse Association.

These scholarships are worth \$1,000 each and will be awarded to two graduating seniors in the class of 2014 that will be enrolling in an accredited college or university next fall. There will be a boys' and girls' scholarship offered to former Wilmington Youth Lacrosse players. Scholarship application information can be found on the Wilmington Youth Lacrosse Association website at www.wilmingtonlax.com.

When the scholarship program first began, the WYLA offered \$500 scholarships until Scotty's wife, Sheila McDougall, offered to match the scholarship to double the value of each scholarship.

The application deadline is Friday May 30, 2014. Awards

will be made on the basis of merit, academic performance, and school and/or community service.

In order to be eligible for the scholarship, the applicant must meet four initial criteria. First, they must be a high school graduate in the class of 2014. Second, they must be accepted with the intent to enroll in an accredited two or four-year College or University. Third, they must have

played one season for the Wilmington Youth Lacrosse Association. Lastly, the student must be a resident of Wilmington.

Additional information including the application procedure, scholarship application and evaluation criteria can be found on the WYLA website, www.wilmingtonlax.com

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Bonnell

experience our family at work

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Leather • Sony Navigation • FOC129

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Retail\$25,115
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Factory-4000
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\$32,285

BUY FOR

New 2013 FORD
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#F15134

Save \$11,265

They're Going Quick!

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Factory Rebate-2500
Ford Credit Bonus-1500
Trade Assistance-1500
Discount-4015

\$34,995

BUY FOR

Tax, title, plates & doc fee additional. Must take retail delivery from dealer stock. Ford credit bonus requires financing. F150 requires 1995 or newer trade. Prior sales excluded. Sale ends May 11, 2014.

VIEW ENTIRE INVENTORY AT BONNELLFORD.COM

2008 Hyundai Elantra GLS #13-F15190C, Auto., Laguna Sand, 71K miles \$8,990	2008 Dodge Grand Caravan SXT #14-EXP114A, Auto., Stone White Clearcoat, 68K miles \$13,990	2012 Toyota Prius Three #7611A, CVT, Blizzard Pearl, 36K miles \$19,990
2007 Hyundai Entourage SE Wagon 9340A, Auto., Green Meadow Gray, 69K miles \$9,990	2007 Acura TL Base #14-ESC67A, Auto., Carbon Gray Pearl 73K miles \$15,450	2011 Subaru Forester 2.5 X Premium #14-ESC114A, AWD, Auto., Marine Blue Pearl, 40K miles \$20,450
2009 Toyota Corolla LE #7724A, Auto., Desert Sand Mica, 20K miles \$12,990	2011 Honda CR-V SE 4WD #14-F2506B, Auto., Urban Titanium Metallic, 59K miles \$16,450	2010 Chevy Traverse LT #14-EXP107A Auto., Green, 43K miles \$21,450
2012 Nissan Versa 1.6 SV #12-FOC53A, CVT, Red Brick, 29K miles \$13,725	2011 Subaru Outback 2.5i Premium #14-EXP44A, AWD CVT, Graphite Gray Metallic, 56K miles \$18,990	2012 Jeep Grand Cherokee Overland #14-EXP79A, 4WD, Auto., Deep Cherry Red, 42K miles \$32,990
2009 Hyundai Tucson SE #9U981836, Auto., Mesa Red, 63K miles \$13,925	2009 Cadillac STS V-6 Luxury #7697B, Auto., White Diamond Tric 54K miles \$19,990	2013 Chevy Corvette Z16 Grand Sport #13-F3508A 6 Speed, Torch Red 601 miles \$51,990

Youth Soccer Highlights

FROM PAGE SP7W

Argentina vs. Brazil
Brazil was also impressive on the offensive side of the ball with great skill being displayed by Sydney Macpherson and Delaney Ward leading to goals by Emma Alworth, Tara Clark, Madison Fenton, Alexandra Malley and Natalie Morretti. The defense was also showing their skills today with the entire Brazil team keeping the ball out of their zone for much of the game.

Korea vs. USA
Team Korea's defense led by Ivone Airoso and Isabella Hart not only put fear in the Team USA but will be feared by future opponents as well. It was this team defense that led to counter attacks by Isabella Hart and Gabriella Fitzgibbons and ultimately leading to goals scored by Anais Ndione and Makena Lowell. Timely saves by Abigail Hayes helped strengthen a solid team effort.

Germany vs. Mexico
The crowd was kept on the edge of their seats this week as Germany led by the offensive skills of Kiersten Moore, Alyssa Mahoney, and Makena Diaz resulted in scoring opportunities by Alessandra Delgenio, Rebecca Hughes and Gracie Berrier. The defense was not to be left out of this one either as Kyra Turner kept the ball out of their zone for much of the game.

Girls Grade 2
Portugal vs. England
England would not back down from this back and forth match. Goals by Alex Lavigne and Riley Rourke brought the crowd to a frenzy. A spectacular display of defensive skills was shown by Isabella Melaragni and Nicole Morello.

In addition the midfield play of Lauryn Parr kept constant pressure on the opponents net.
Spain vs. Brazil
The air was full of excitement, as the much-anticipated match between Team Spain and Brazil commenced. Fantastic ball skill were displayed by Monisha Kathika and Kiera Murphy resulting in goals by Alissa Ganley and Lily Mackenzie.

The midfield and defensive play of Maryellen McMahon and Ayla Biscan kept team Spain in excellent shape. The crowd roared to their feet when Elizabeth Griffith and Kelci MacKenzie made some spectacular saves.
Proving they were World Cup Competitors. Julia Archer scored for Team Brazil in this hard fought game while Paige Fuller, Juliana Ragucci, and Madelynn Sainato added the offensive punch and Keira Rice, Ava Deoliveira and Ava Rega held up the defense.

It was an outstanding team effort capped off with great goal keeping by Caroline Jenks, Alexis Melvin, Cheyenne Marchese and Rachel Reppucci.

Germany vs. USA
Nobody stayed home for this action packed game. Germany's Alison Doherty scored a hat trick along with awesome goals by Emily

Grace and Grace Walsh got the crowd jumping out of their seats. Outstanding offense by Molly Walsh, Tricia Stevens, Keira Sullivan and Emma Flynn set up many scoring chances.

The flawless defense of Jaelyn Walsh, Emily Doherty, Madison Hudgins and Anna Jancics provided great protection for the Goal Keepers.

Top-Notch play kept people watching this one. Excellent offensive plays by Ashley Mercier, Lexi Engvaldsen and Emma Diorio applied heavy pressure. Defensive positioning by Ava Kennedy, Riley Diaz and Sofia Dinatale fended off any threat that came thru making it tough for Germany.

Sophia Brisbois and Ellianna Chronopoulos also played a great game in net keeping the game in hand. Carly Thayer and Shaylan Bresnahan scored for the USA.

Boys Grade 2
Brazil vs. Spain

On the other side of the ball for the Brazil Team was an incredible offensive performance by Braedon Almas and Antonio Smolinsky while goals scored by Ryan Copson and Michael Oatis got the Brazil Team on the board. With a rock solid defensive stand led by Sean O'Donoghue, Dylan Mullarky, Layne Miller Luca Cudia and Aidan Calvo. Team Brazil was never out of this game. The midfield team of Layne Miller, Antonio Smolinsky and Ryan Copson could only be classified as awesome.

Portugal vs. England
One could only believe the silence of the crowd was due to the fantastic ball skill of Ryan Murphy, Jacob Breitenbach, and Zach Rogers. However it did not take long for the crowd to cheer as goals were scored by Zachary Steeves, Remy Elliott, Daniel Lagunilla. The Portugal team defensive stand made by Christian Carpinella, Ryan Papineau, Jake Bourgeois, and Jimmy Bimbo could only be viewed as heroic.

However, England would not back down from this back and forth match. Goals by Ben Marvin and Ryan Sweeney brought the crowd to a frenzy. A spectacular display of defensive skills was shown by Aidan Guyette, Alex Kennedy, Kevin Stano and Evan Woltag. In addition, the mid-field play of Kevin Dusablon, Adam Ebert, Patrick Hounsell and Charlie Rosa kept constant pressure on the opponents net.

Germany
Germany's Noah Spencer, Michael Lawler, Anuj Gandhi and Eric Spinney scored getting the crowd jumping out of their seats. Outstanding offense by Jack McLaughlin, James Keck and Nicholas Damico set up many scoring chances. The flawless defense of Samar Jobar, Zach Blonigen and Marc Vanella provided great protection for the goalkeepers.

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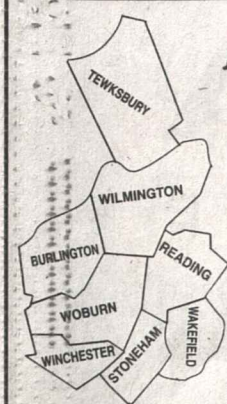
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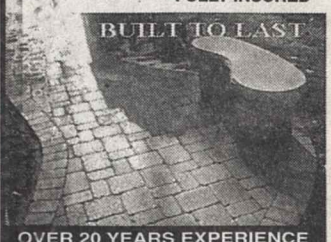
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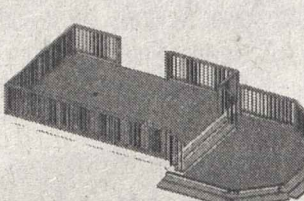
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Overcoming adversities and the odds

FROM PAGE SP1W

110 feet, although her best throw in a meet came last year and that was 102-4. But less than 24 hours later, she threw her personal best of 105-9.

"I have been honored to coach Kaitlyn for four years in track-and-field and have recently had the pleasure of adding basketball to the list," said Karow. "Kate has a work ethic that is unmatched. She is extremely coachable and takes advantage of every opportunity to learn and better herself. With a constant battle with diabetes and various leg injuries, Kate has every reason to give up and have a negative outlook. But then again, we would not be talking about the true Kate Cowden. That is not who she is nor will it ever be."

The Coach added that Cowden comes from a great family, and her parents should be very proud of how strong their daughter has been throughout her ordeals. "Knowing Kate's parents and older sister, there is no surprise that she is such an amazing person, because they are amazing people who have taken their sound beliefs and morals and have instilled them in Kate," said Karow. "She is more than deserving of any and all accolades that come her way because she has earned them."

"Kate has always put the work in to be as successful as she is and the most remarkable part about it is

that she does it all with a smile on her face. If I could, I would nominate Kate for the Kelley award -- and any and all awards for that matter -- a thousand times over. Kate is the prime example of what it means to overcome adversity -- she proves it everyday."

"Kate is a remarkable person through and through and continues to awe me everyday. Kate has the ability to brighten up everyone's day no matter what they are going through by showing endless amounts of compassion for her peers and for all those around her."

Cowden said that the help she has received from Karow, in both sports, is something she'll always remember and appreciate.

"Coach Karow is amazing and I have to give her so much credit for helping me in track," said Cowden. "She's been with me all four years and she's been nothing but great to me and supportive. She works you very hard but it helps you become tougher. She'll be there for hours working with me on my technique. She pushes me very hard and obviously there's a reason for that."

"The thing about her is she never gets aggravated with me no matter how often I make the same mistake and she tries to correct it over and over for hours. I owe so much to her and also to Mr. Kelley and can't thank the two of them enough for teaching me how to throw."

Top Guns Softball Clinic, set for July 21-24

The Top Guns Softball Clinic will once again be held from July 21-24 at Bishop Fenwick High School in Peabody from 8:30-12:30 pm. The clinic is open for all ages. The Top Gun staff includes Paul Lyman with his daughters Shannon and Kristi as well as Laura Carlson and Jackie Collier.

Paul Lyman is the current head softball coach at Bishop Fenwick and is the former WHS Coach who is enshrined in the school's Hall of Fame. He brings three decades of experience in developing softball talent. In the 2012 season, he earned his 325th win. In 2011 he was named the CCL Coach of the Year, leading Fenwick to the sectional semifinals. Before that he led the WHS team to back-to-back state championship titles in 1993 and 1994.

Shannon Lyman-Blacker is the Co-Director of Top Guns Clinics, who is the former Varsity Softball coach at Wakefield High School. She played collegiately at Monmouth University as a pitcher and utility player and is a three-time state champion at Bishop Fenwick as a pitcher.

Kristi Lyman is the current Head Softball Coach at Division III Anna Maria College. She played collegiate softball at Providence College as a catcher and utility player. She is a four-time state champion at Bishop Fenwick as a catcher. Laura Carlson is the current Assistant Coach at Endicott College. She played collegiately at Merrimack College as an outfielder. Jackie Collier is the current Pitching Coach at Bishop Fenwick High School. She played collegiately at Endicott College as a pitcher.

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The price is \$175 per camper. To receive a registration form, you may send an email to: topgunssoftball@gmail.com or call Paul Lyman at 978-744-1717 or 978-815-4202, or call Shannon Lyman-Blacker at 978-590-8589.

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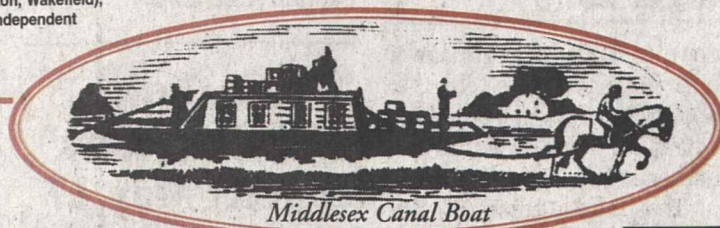
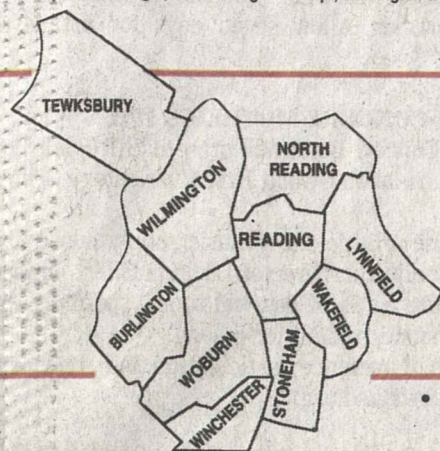
THE AMAZING SPIDER-MAN 2

MIDDLESEX EAST appearing in Daily Times - Chronicle (Reading, Woburn, Winchester, Burlington, Wakefield), Lynnfield Villager, No. Reading Transcript, Wilmington & Tewksbury Town Crier, Stoneham Independent

MINISTRONE WITH ITALIAN SAUSAGE

JOBS! JOBS! S-7

WEDNESDAY/THURSDAY MAY 7, 8, 2014 - PAGE S-1



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State House

Amendment could bring wine directly to consumers

BY RYAN LAROCHE

Wine drinkers rejoice!

Massachusetts could become one of the many states that allow wineries outside of the state to ship directly to consumers (and allow Mass. wineries to ship outside the state), should an amendment to the state's budget make it through the Senate and to the governor for approval.

The idea was offered by Rep. Brad Jones (R-North Reading), the House Minority Leader, who said that he was contacted by many of his constituents about the matter. The issue is somewhat tricky, as there isn't an outright ban, per se, on selling or buying wine to/from other states. However, there isn't a law that specifically allows it, either.

The case received some media attention when, last year, former New England Patriots quarterback Drew Bledsoe appeared before the Statehouse to urge passage of a similar bill. He operates a winery in Washington State. He said under the current climate it makes it nearly impossible to ship wine from his winery to Massachusetts customers.

"It's a big deal, particularly for the small wineries around the country, of which I think there are about 8,000



wineries. Being able to ship new cases of wine direct to customers in a state like Massachusetts certainly makes a difference for some small wineries," Bledsoe said last March.

Massachusetts is one of about a dozen states that doesn't allow wine to ship directly from wineries to consumers. That would change if the amendment is taken up by the Senate later this month when it convenes to discuss the budget.

Newcomer to the Senate, Jason Lewis (D-Winchester) thinks his fellow legislators will take up the amendment. If they do, he thinks it should pass, stating that allowing wine to ship directly to cus-

MINORITY LEADER BRAD JONES offered an amendment to the state budget that would allow wineries outside of the state to ship directly to consumers. The amendment passed the House and now heads to the State Senate.

tomers would be a good idea.

Both Lewis and Jones said the issue was about consumer choice and access. The House Minority Leader added that the amendment has been nearly 10 years in the making. Fortunately, for wine makers in the state it's ready to move onto the Senate for debate. Should they decide it's worthy, it will be included in the budget and become legal once Governor Deval Patrick signs off on it.

Although there's no official ban on wine sales to consumers in the state, Rep. Jones said most people knew it was illegal, hence why they approached him about the topic.

According to a story on boston.cbslocal.com, "every winery in Massachusetts is in favor of direct shipment," said Kip Kumler, owner of Turtle Creek Winery in Lincoln. Another resident owns a winery in California, but has offices in Massachusetts, and can't even ship his own wine to himself.

One reason it's taken so long for this amendment to come forward has to do with opponents fearing the effects direct shipping will have on small retailers and package

stores, said State Rep. Ted Speliotis (D-Danvers). Proponents have countered by arguing that it's a high-end specialty and won't affect retailers.

The legislation is backed by members of "Free the Grapes," (www.facebook.com/FreetheGrapes), a national grassroots organization comprised of winery owners, consumers, and retailers who want to remove restrictions in states that prohibit people from purchasing wines to their homes.

"Massachusetts is the largest state for wine consumption that continues to ban direct shipping," according to members of the group. "Consumer support for legal, regulated direct shipment will help turn the tide."

Sen. Lewis, when asked about the amendment, said the liquor laws in Massachusetts are "archaic."

"Many of these laws date back to the prohibition era," the Senator exclaimed.

He felt there was broad support among his legislative peers. Like Rep. Jones, he, too, has been contacted by his constituents about the topic over the past few years.

wine without a license or without following the rules previously mentioned: \$500 and/or a 60 day loss of license for the first offense, \$1,000 and/or 120 day suspension of license for the second offense and \$3,000 and/or year suspension of license for the third offense. The license will be revoked after a third offense.

For delivering wine to someone under the age of 21, a person or corporation will be fined \$1,000 and/or have

their shipping license suspended for 180 days on the first offense, be fined \$2,000 and/or have their shipping license suspended for one year on the second offense, and be fined \$5,000 and/or have their shipping license suspended for two years on the third offense.

Finally, the amendment creates a labeling requirement for packages to alert consumers that the package is meant for the individual over the age of 21 and requires said

Wine to S-4

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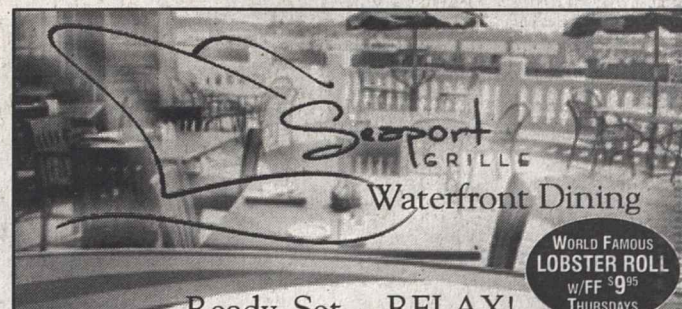
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If the amendment passes and is signed into the budget, it permits the ABCC (Alcoholic Beverages Control Commission) to distribute wine shipping licenses should a person or corporation hold a federal basic permit and a license in the Commonwealth to export wine (the person/corporation must have a license to manufacture wine before receiving a license to ship wine).

Wine may only be shipped to residents over the age of 21. The shipping license will be \$300 initially coupled with a yearly renewal fee of \$150. Licensees may ship 12 cases of wine, with no more than nine liters in each case, per year to one resident.

The licensee must report to DOR how many gallons of wine is shipped and pay applicable taxes for the importation. The amendment will also establish fines for shipping



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Movie Reviews

"The Amazing Spider-man 2"

by Paul Feely



"THE AMAZING SPIDER-MAN 2" is filled with confrontations between Spidey and his new nemeses. The staging, production, and visual effects are impressive. But the film seems to be trying to cram too much in.

"THE AMAZING SPIDER-MAN 2"
GRADE: **

Like many a sequel, The Amazing Spider-Man 2, the continuation of the 2012 reboot of the comic-book franchise, feels the urge to double-down on action and mayhem. Make that triple-down: The movie introduces not one, not two, but three super-villains, though the last makes his altered appearance only in the final minutes.

Wedge between the frenetic set-pieces is the element that made the first film special: the chemistry of its onscreen and off-screen romantic leads, Andrew Garfield and Emma Stone. Their engaging byplay remains intact.

As you may recall, the first Webb movie opened with young Peter Parker's parents Robert and Mary (Campbell Scott and Embeth Davidtz) leaving the boy with his Uncle Ben and Aunt May (Martin Sheen and Sally Field). The new film shows what happened afterward: a fight aboard a sabotaged plane as Robert Parker tries desperately to transmit a mysterious video file.

Cut to the present day, as the grown Peter (Garfield) delights in his role as masked, web-slinging crime-fighter, foiling a Russian maniac

(Paul Giamatti) who's careening through the streets of Manhattan in a truck filled with dangerous cargo. Perhaps he delights too much, since there's an awful lot of carnage left in his wake that he doesn't seem to pay much attention to amidst his wise-cracking. But Spider-Man does take a few moments to remove one Max Dillon (Jamie Foxx) from the path of a speeding vehicle—the beginning of a case of hero worship that will have major consequences. Spidey's latest display of derring-do also happens to coincide with his high-school graduation, which he just makes as Peter's name is called.

One thing Peter is not cavalier about is his promise to late NYPD Captain George Stacy that he would protect his daughter Gwen (Stone) by keeping away from her. In fact, it tortures him, since he is still very much in love with his classmate. Their on-again, off-again romance fills the quieter, and often more welcome, moments of The Amazing Spider-Man 2.

But there are two other big plotlines here. First is the fate of Max, an undervalued employee at mammoth Oscorp, who is nearly killed in an industrial accident involving a huge vat of electric eels and transforms into the energy-sucking Electro. A show-

down in Times Square leaves him feeling slighted by his onetime idol Spider-Man, whom he now views as an arch-enemy.

The third thread of the movie is Peter's relationship with his childhood friend Harry Osborn (Dane DeHaan), the son of Richard Parker's onetime business partner, the ruthless Norman Osborn. Harry takes over Oscorp, and soon becomes convinced that the blood of the genetically altered Spider-Man is the antidote to the fatal disease passed down from his father. When Harry is done scheming, he emerges as yet another classic Marvel villain, the Green Goblin.

Spider-Man 2 is filled with confrontations between Spidey and his new nemeses, and the staging, production design and visual effects are impressive, from the shattering of the giant billboards in Times Square to a climactic battle that will be devastating to those who haven't read the comic books. Garfield and Stone are once again a charming team. But the film seems to be trying to cram too much in, to set up multiple sequels down the road.

"CAPTAIN AMERICA: THE WINTER SOLDIER"
GRADE: ****

"Captain America: The Winter Soldier" is an exciting mix of traditional superhero and contemporary political conspiracy as Steve Rogers battles enemies close to home and from his past.

"Captain America" is a grittier, more dangerous and darker movie than you've come to expect from entries in the Marvel movie universe.

The film tackles more adult topics than the usual popcorn blockbuster.

The movie basically asks the question, "Who's watching the watchers?" as it seems S.H.I.E.L.D. may have become too powerful in its zeal to protect the world from enemies at home and abroad.

As Steve Rogers, aka Captain America (Chris Evans) learns, no one can be trusted.

The basic plot of "The Winter Soldier" is the undermining of S.H.I.E.L.D. and the corruption of power.

Joining Cap is Natasha Romanoff, aka Black Widow (Scarlett Johansson) and a new ally, Steve Wilson, aka Falcon (Anthony Mackie).

In his newest adventure, you have a superhero with 1940s sensibilities about duty, country and patriotism battling the present geopolitical landscape where cynicism and distrust are the norm.

The film wastes little time in getting to the good stuff, as Cap makes quick work of a band of Algerian pirates who have taken hostage the crew of a S.H.I.E.L.D. vessel. Providing a super-assist in the rescue is Black Widow, who is on board the ship for a secret mission

other than the saving the crew.

It is a sequel that generally gets most everything right and sets itself up nicely for Captain America 3.

"Peace, Love and Harmony" concert May 17

"Reading Community Singers will present its 2014 spring concert "Peace, Love & Harmony" on Saturday evening, May 17 at 7:30 p.m. at the Parker Middle School, 45 Temple Street in Reading.

This year's performance will include a medley of all-time hits called "So You Think You Can Dance," pop favorites, a choral section from "Les Miserable" and many more.

2014 RCS scholarship winner Amy Sokolow, who is a senior at Lynnfield High School, will perform three vocal numbers.

Come celebrate spring with the 70 plus member Reading Community Singers. Tickets are \$20/adult and \$15 student/senior.

For ticket scall Kathleen Carlo at 781-249-3444 or at www.readingcommunitysingers.org.

Sunday, May 18

Tour the World at WorldFest

Tour the world in your own backyard! WorldFest is returning to downtown Woburn on Sunday, May 18 from 2 - 5 p.m.

Visitors can enjoy artwork, crafts, activities, cultural displays, and of course food from around the world.

Performers will entertain the crowd with dance and music. Participants represent countries from around the world.

Children's activities and performances will delight the little ones. Bring your family and enjoy an afternoon of culture.

WorldFest will take place on the Woburn Public Library lawn, 45 Pleasant Street. The rain location is the Woburn Senior Center, 144 School Street.

For more information please call 781-935-2244.

"Open Mic for Broadway" Friday night in Winchester

Winchester Community Music School, 407 Highland Avenue, is holding an "Open Mic for Broadway songs" night. If you love Broadway musicals, come sing your favorite tune, or just sit in the audience and enjoy the sing-a-long.

All ages and ability levels are welcome. Just bring sheet music and a copy for the pianist. Run-through available 6:40 - 7:30 p.m. Show starts at 7:30 p.m.

Free and open to the public. For more information call 781-721-2950 or www.winchestermusic.org.

Calendar of Events

To submit a Calendar article please E-mail it to Middlesexeast@comcast.net. Allow seven days for article to appear.

SYMPHONIC WINDS CONCERT MOTHER'S DAY

The Reading Civic Concert Band will present "Fire Sale" on Sunday, May 11 at 3 p.m. at the Wood End Elementary School in Reading.

The title fits, because a large sheet-music supply house just went out of business. Conductor/Director Lucinda Ellert jumped on the chance to acquire a ton of new old tunes, spanning the American century of music, and all for a song.

The band's tradition of audience participation and prizes will continue. ReadingConcertBand.org.

COMMUNITY CHORALE SPRING CONCERT SATURDAY

The North Reading Community Chorale proudly presents its spring concert "The Wild Rose" on Friday, May 9 and Saturday, May 10 from 7:30 - 9:30 p.m. at the Aldersgate United Methodist Church, 235 Park Street in North Reading.

The show features Jerome Kern's "A Choral Portrait," Daniel Pinkham's "Wedding Cantata", and many more.

For more information visit www.northreadingclurale.org. To purchase tickets in advance, please call 978-858-0018.

"BILL W. AND DR. BOB" AT PARK PLAYHOUSE

The Burlington Players present "Bill W. and Dr. Bob", Samuel Shem and Janet Surrey's play about the founding of AA, a compelling story about the triumph of the human spirit. Its Funny and fast moving and a mesmerizing drama.

The show runs now to May 17 at the Park Playhouse, 1 Edgemere Avenue, just off Winn Street and Rte. 95 in Burlington.

Performances are Thursday through Saturday at 8 p.m. There will be a May 4 performance at 2 p.m. and May 11 at 7 p.m. Buy tickets online at burlingtonplayers.com or call 781-229-2649 to reserve.

MIC FOR BROADWAY SONGS MAY 9 IN WINCHESTER

The Winchester Community Music School, 407 Highland Avenue, is holding an "Open Mic for Broadway songs" night. If you love Broadway musicals, come sing your favorite tune, or just sit in the audience and enjoy the sing-a-long.

All ages and ability levels are welcome. Just bring sheet music and a copy for the pianist. Run-through available 6:40 - 7:30 p.m. Show starts at 7:30 p.m.

Free and open to the public. For more information call 781-721-2950 or www.winchestermusic.org.

PRESERVATION OF NEW ENGLAND PROPERTIES

The next program at the Stoneham Historical Society is a presentation in conjunction with the Historical Commission on May 8 at 7:15 p.m. Joseph Cornish of Historic New England will highlight the "Preservation of New England Properties."

The location is 36 William Street. For more information www.stonehamhistory.web.com.

PAINTING PARTY FOR KIDS THIS SATURDAY

Hartshorne House, 41 Church Street on Lake Quannapowitt in Wakefield is hosting a "Painting Party" for kids grades 1 - 3 on Saturday, May 10 at 9 a.m. This is a great chance for children to see the historic Hartshorne House and also to express their artistic creativity and make the perfect Mother's Day gift.

The cost is \$20 per child, and all children must be accompanied by an adult. Soft drinks and coffee will be available.

All proceeds go to the care and maintenance of this historic house. Please contact Ariel at aablashock@liberty.edu, or 781-245-3935 for more information or to register.

RMHS CHORAL DEPARTMENT SPRING CONCERT

Come spring into song with the Reading Memorial High School Choral Department on Thursday, May 15 at 7 p.m. The location is the William Endsloew Performing Arts Center.

Enjoy the harmonies created by Reading's talented choral groups. The concert is free and all ages will enjoy the event.

WORLDVEST MAY 18 AT WOBURN PUBLIC LIBRARY

Tour the world in your own backyard! WorldFest is returning to downtown Woburn on Sunday, May 18 from 2 - 5 p.m.

Visitors can enjoy artwork, crafts, activities, cultural displays, and of course food from around the world.

Performers will entertain the crowd with dance and music. Participants represent countries from around the world.

Children's activities and performances will delight the little ones. Bring your family and enjoy an afternoon of culture.

WorldFest will take place on the Woburn Public Library lawn, 45 Pleasant Street. The rain location is the Woburn Senior Center, 144 School Street.

For more information please call 781-935-2244.

LAKESIDES TOASTMASTERS SPRING OPEN HOUSE

On Monday, May 12 the Wakefield Lakesiders Toastmasters Club invites all to attend its spring Open House. The meeting will feature a presentation on overcoming fear of public speaking, an opportunity to practice speaking skills, and prepared speeches by members.

The meeting will be held in the Lecture Hall of the Beebe Memorial Library in Wakefield. Doors open at 6:30 p.m., meeting runs from 7 - 9.

Calendar TO S-3

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Saugus native to speak May 15th Ambassador Jim Jeffrey reflects on global issues

On Thursday, May 15th from 7 to 9 p.m. at the Saugus Twpn. Hall. Ambassador Jim Jeffrey, a 1964 graduate of Saugus High School, will be the featured speaker.

Ambassador Jeffrey served as the Ambassador to Albania, Turkey and Iraq from 2010 to 2012, and as the Deputy National Security Advisor to President George W. Bush, from 2007 to 2008. He will talk about the role of civil discourse and building consensus in diplomacy and government, as well as his experiences in Iraq and the White House.

A Veteran of the United States Army, Ambassador Jeffrey served in Vietnam. He is a graduate of Northeastern University.



"We are excited to have Ambassador Jeffrey join us as our guest speaker," Saugus Public Library Foundation President Linda Call said.

"We look forward to hearing him discuss global issues as well as his reflections of his hometown!"

The May 15th event is free of charge and everyone is welcome to attend.

Please check your local "Daily Times Chronicle" for daily updates.

"COLLEGIAL" BOARDS (WINCHESTER)

"On its opening night, Town Meeting passed all the articles which were taken up, including four motions for indefinite postponement," notes the Winchester edition of the "Daily Times Chronicle."

"All but one motion passed unanimously."

"The motion from the Housing Partnership Board to include the Commission on Disabilities among the groups which designate members to the Board passed without discussion. The board was created in 1987. A year later, its size was increased from seven to 13 members, including one member each from the Board of Selectmen, Planning Board, Housing Authority, Council on Aging, Conservation Commission, and School Committee."

"The commission did not then exist but was created in 1996. For the past year, a member has attended board meetings as a non-voting guest. Approval of the motion provided the commission with

voting privilege and equal status with the other groups represented on the board.

"The Planning Board had seven articles on the warrant but moved to indefinitely postpone four of them..."

"... The only article to spark real discussion and not get unanimous approval was the first of two articles on the Tri-Community Bikeway. Two words - 'eminent domain' - were the sticking point on this article."

"The bikeway has been in the works for about 25 years and now, to quote Selectman Forrest Fontana, 'the goal is in sight'..."

"...Town Manager Richard Howard said the selectmen had previously approved the layout of the bikeway and the vote on this article would not authorize any specific takings. He said there will be another public information session on the bikeway..."

VIBRANT VOLUNTEERS (TEWKSBURY)

"...The Blaire House of Tewksbury Assisted Living has an active and diverse group of volunteers that regularly share their talents with the residents," notes the Tewksbury "Town Crier."

"The well rounded and ded-

icated volunteers bring joy to the residents with religious programs, educational presentations, arts and crafts, music and pet therapy. The residents greatly look forward to and appreciate the social programs provided by the volunteers."

"The Blaire House of Tewksbury Assisted Living decided to give back to the volunteer group. A Volunteer Appreciation Luncheon was provided by Richard Williams, Executive Director and Jeanne Diamontopoulos, Activities Director of The Blaire House of Tewksbury Assisted Living. The luncheon was followed by pictures and donations..."

"Volunteers include Donna Haines, who provides Pet Therapy visits with her dog 'Linus,' Rev. Andrew Knop of St. Williams Church who represented all the services provided by church volunteers such as monthly church services, Weekly Holy Communion and Holy Rosary Groups, Richard Williams, Executive Director of the Blaire House Assisted Living, Richard Deluca and Pastor Steve York both of Lowell Assembly of God who provide Bible Studies."

"Other volunteers that were not able to attend the luncheon were Tewksbury Garden Club, Danny Belfiore, Piano player, Pastor Bryan McGrath of Bay State Baptist Church in Lowell and Liz Cleaves, of Auntie Dog Therapy School who also provides Pet Therapy Visits with her dog, Newman Von Tude and Carol Kilduff of Visiting Angels who provides residents with monthly health lectures."

Works Crews have had the help of a brand new street sweeper this year, as they continue with a busy spring street sweeping schedule - starting with main streets and roadways ... and continuing a weekly sweeping schedule on side streets across the City, through June 27," notes the Woburn edition of the "Daily Times Chronicle."

"Crews have already covered main city roadways including Winn Street, Kilby Street, Pleasant Street, Arlington Road, Lake Avenue, Warren Avenue, Wyman Street, Lowell Street, Bedford Road, Locust, Willow Street, Russell Street Green Street, Montvale Avenue, Vernon Street, Bow Street, Wood Street, Pine Street, Salem Street, Central Street, Washington Street, Washington Circle, Upper Salem, Wildwood Street, Olympia Avenue, Mishawum Road, Forest Park Road, Eaton Avenue, Clinton Street, Middle Street, and Beach Street..."

See the "Daily Times Chronicle" on line for information on the upcoming schedule (including side-street sweeping), subject to change due to inclement weather...

"About the Towns" covers recent events in the 10-town Middlesex East area. Because Middlesex East deadlines are early, please check the front sections of this paper or look on line for up-to-date information about your city or town."

We also welcome original material - please send it to Phyllis Nissen, "About the Towns," Middlesex East Supplement, 531 Main St, Reading, MA01867 or to schooltowns@comcast.net.

SWEEPING CHANGES (WOBBURN)

The Department of Public

Social Concerns Food Pantry a recipient Letter Carriers' national Food Drive this Saturday, May 10

This Saturday, May 10, Letter Carriers across the nation are going full steam ahead to collect donations for the 22nd Annual Letter Carriers' Food Drive.

Every day they faithfully deliver the mail, and that in itself is a big job. Saturday they will also pick up the food items that are left out for them in towns across the United States. It's a lot of extra work, but they are willing and eager to do it.

As National Association of Letter Carriers President, Frederick Rolando said, "Too many people in this country are going hungry every day. As Letter Carriers, we see this firsthand in just about every community we serve." For more than two decades they have not looked the other way but have taken the lead in helping to solve this ongoing national problem.

Last year, Letter Carriers across America collected over 74.4 million pounds of food. They make it easy for all to give, so let's give generously.

Please remember to put out your non-perishable food donation (within date and preferably not in glass jars) on Saturday, May 10, before your mail is delivered.

In the spirit of the Food Drive, the Woburn Food Pantry at Council of Social Concern is going full steam ahead to ready its warehouse and rally volunteers for this eagerly anticipated annual event. With the holidays a distant memory and the summer months looming ahead, the Food Pantry relies on this Food Drive to replenish its shelves so that it can continue to provide a variety of nutritious foods for neighbors in need.

Hunger exists close to home, and its face is the face of neighbors, many of them children and many of them elderly, but all of them driven to despair by not knowing where their next meal

CALENDAR from S-2

PARKER TAVERN OPEN FOR SEASON

Parker Tavern, 103 Washington Street in Reading is open for the season. It will be open through October on Sundays from 2 - 5 p.m. for guided tours. For more information call 781-944-7240.

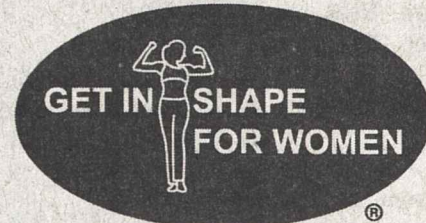
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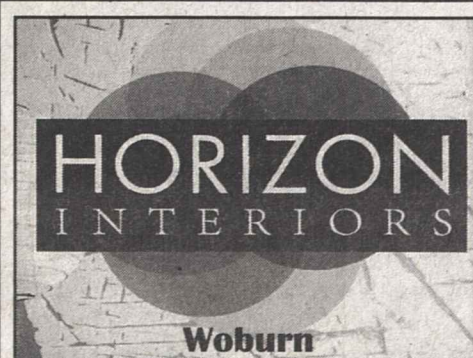
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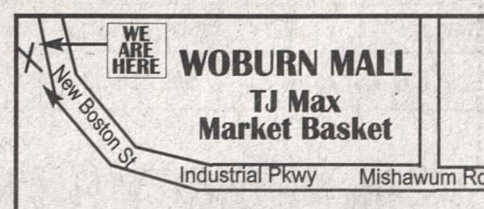
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Athletes & Activities

by Paul Feely

MIDDLESEX EAST SPORTS WEEKLY TRIVIA:

Who is the only knuckleball pitcher on this list that did not retire with at least 200 regular-season wins in his Major League Baseball career:

- a. Wilbur Wood
- b. Tim Wakefield
- c. Phil Niekro (NEE-kro)
- d. Joe Niekro
- e. Charlie Hough (Huff)
- f. Ted Lyons

Answer appears elsewhere in this column.

Massachusetts Maritime senior standouts Brandon Rodrigues and JOHN MORIARTY (WINCHESTER) joined a group of 838 student-athletes across all divisions who were named today as members of the 2014 National Football Foundation's Hampshire Honor Society, which is comprised of college football players who each maintained a cumulative 3.2 grade point average or better throughout their collegiate career.

The Hampshire Society memberships are the latest academic recognition that both Rodrigues, a native of Brockton, Mass. and a graduate of Brockton High School, and Moriarty, a native of Wilmington, Mass. and a graduate of Wilmington High School, have received this year. Both were named to the 2013 Capital One Division III Academic All-America national second team as selected by the College Sports Information Directors of America last fall, as Rodrigues became the first two-time Academic All-America in Academy history while Moriarty became just the third Buccaneer student-athlete to earn the prestigious

accolade.

Moriarty boasts a 3.858 cumulative GPA as a Facilities Engineering major at Massachusetts Maritime, as he served as the Buccaneers' starting right tackle for the past two seasons and has been part of an offensive line unit that has set 22 school records over that time span. The Buccaneers ranked as high as second nationally in total offense last fall and finished with a mark of 494.2 yards per game, including a school-record 752 total yards in a 52-18 Admiral's Cup victory at Maine Maritime on September 21st.

Moriarty, who allowed just one sack in 509 quarterback passing and rushing attempts on the year, played in 876 of a possible 886 total offensive snaps, including 121 at Worcester State on September 28th in a contest that saw Massachusetts Maritime set NCAA Division III single-game records for most plays and first downs (44), and he was part of an offensive line unit that amassed a record 4,942 yards of total offense in 2013. Over the course of his career, Moriarty helped the Buccaneers collect 9,628 yards and average 34.1 points per game.

A first-team all-Massachusetts State Collegiate Athletic Conference selection and Massachusetts Maritime's fifth All-New England honoree in school history, Moriarty was one of 170 semifinalists for the prestigious William V. Campbell Trophy presented by the National Football Foundation to the absolute best scholar-athlete across all divisions and was one of 39 Division III student-athletes to also be a semifinalist for one of the NFF's 16

Scholar-Athlete Awards. An ECAC Division III Northeast and D3football.com all-regional honoree, John also received the prestigious Jack Daly Award for Academics, Citizenship and Football from the Jack Grinold Eastern Massachusetts Chapter of the National Football Foundation on Sunday, May 4th at the organization's annual Scholar-Athlete Banquet at the Boston/Newton Marriott.

"Brandon and John have taken the term 'student-athlete' to new heights during their careers, and I continue to be extremely proud of their accomplishments on and off the field," Cameron says of the NFF honor. "They epitomize the commitment and work ethic that our program and our Academy stand for."

Rodrigues and Moriarty, who are both perennial Presidential Scholars at the Academy, have been named to a combined 10 Massachusetts Maritime Athletic Director's Honor Rolls as well as six MAS-CAC and New England Football Conference All-Academic squads.

The National Football Foundation's Hampshire Honor Society capitalizes on the NFF's current National Scholar-Athlete program greatly expanding the number of scholar-athletes the NFF can recognize each year.

•Need some help with the trivia question? The answer is not Tim Wakefield.

•Austin Preparatory School in Reading inducted five individuals and one team into its Athletic Hall of Fame recently at the Wyndham Andover hotel in Andover. **KIMBERLY (MACELHANEY) BRUFF OF READING**, a member of the class of 2003, was inducted for ice hockey (she lived in Andover during her time at Austin Prep). Helping present her with the honor was current Austin Prep junior Meghan Hanlon, 16, of Reading, a member of the Girls Varsity Ice Hockey team. Michael Callahan of North Andover and his daughter, Meghan, 7, accept the 2014 Austin Preparatory School Athletic Hall of Fame trophy from Headmaster James Hickey of Andover. Michael, class of 1987, accepted the honor on behalf of his late brother, **RICHARD CALLAHAN**, class of 1989, who was inducted for football, men's basketball and baseball. The Callahan brothers lived in **BURLINGTON** during their

time at Austin Prep, and their parents, Dennis and Anne, still live there.

•**SALEM STATE SENIOR SOFTBALL PITCHER LAUREN DICREDICO (TEWKSBURY)** picked up her fifth win of the season last Friday, tossing a perfect game in a 14-0 mercy rule win over Mass. Maritime. She pitched five strong innings, striking out four batters along the way.

•**TIFFANIE MARSH (TEWKSBURY)** went 2-for-2 with a triple, a walk and three runs scored for the Framingham State Softball team last Friday in an 8-6 win over Westfield State. She also stole a base and is now batting .451 on the season to lead Rams, while also scoring a team high 28 runs on the season.

•**ANSWER TO THIS WEEK'S TRIVIA QUESTION:** a. Wilbur Wood.

•**DO YOU KNOW SOMETHING WE DON'T?** If you have information about a local athlete that you would like to see appear in this column, please email it to readingchronicle@comcast.net, or mail it to: Paul Feely, Middlesex East Sports, 531 Main Street, Reading, Ma., 01867, or call Paul at 781-944-2200.

Wine From S-1

individual's signature to pick up/receive the package.

Massachusetts is just one of nine states that prohibits the transactions, along with Utah, Oklahoma, Mississippi, Alabama, South Dakota, Kentucky, Pennsylvania, and Delaware.

This started approximately a decade ago, during the Mitt Romney administration, when then Governor Romney vetoed legislation that would have allowed wineries to deal directly with consumers.

"This bill does not give wine lovers the opportunity to purchase the bottlings they want," Romney said in a statement back in 2005. "It creates artificial barriers to protect Massachusetts wholesalers at the expense of a free market."

The bill was reportedly changed in the Senate after being originally drafted by Sen. Robert O'Leary (D-Barnstable). The change, said Romney, was written so narrowly it would have disqualified many wineries.

The Senate did overturn the governor's veto, but the courts ultimately sided with the governor and the bill never passed. This time, it seems the bill has more support and a better chance of making it onto the budget for Governor Patrick's approval.

Austin Prep foreign language honor societies induct 54

Austin Preparatory School in Reading inducted 54 students into four National foreign language honor societies during its annual induction ceremony on Wed., April 30.

The inductees were welcomed into their respective societies by current members during the ceremony in the Chapel of St. Augustine. After, the students and their families celebrated their accomplishment at a reception in the dining hall.

Junior Patrick Delaney of Burlington was inducted into SLAVA: The National High School Slavic Honor Society.

Sophomore Frank Pagano of Lynnfield was inducted into the Société Honoraire de Français (French Honor Society).

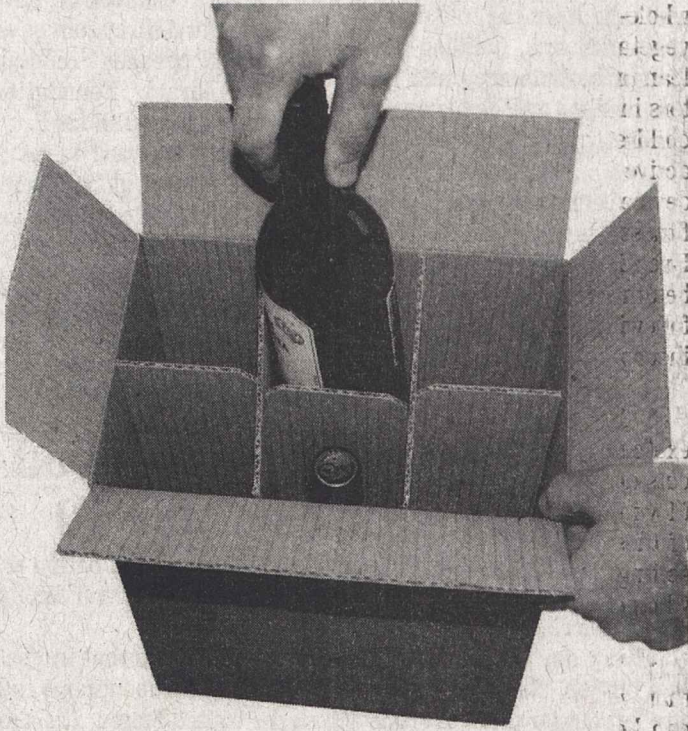
Sophomore Brendan Carpenter of North Reading was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Patrick Lundy of North Reading was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Alison Rivotto of North Reading was inducted into the Société Honoraire de Français (French Honor Society).

Sophomore Christina Brzezinski of Reading was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Austin to S-7

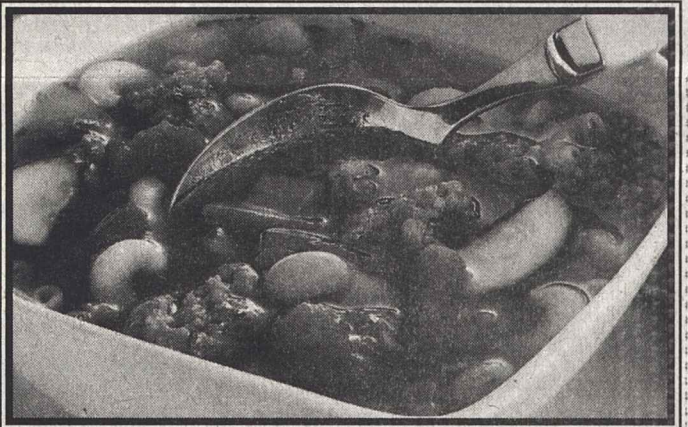


Weekly Feature



HomeNewsHere RECIPE

Minestrone with Italian Sausage



Need a hearty warmer-upper? Make a one-pot soup packed with meat, beans and pasta to satisfy hungry appetites.

Directions

1. In 5-quart Dutch oven, heat oil over medium-high heat. Add sausage, onion, carrots, basil and garlic; cook 5 to 7 minutes, stirring frequently, until sausage is no longer pink; drain.
2. Stir broth, tomatoes and great northern beans into sausage mixture. Heat to boiling. Reduce heat to medium-low; cover and cook 7 to 8 minutes, stirring occasionally.
3. Stir in macaroni, zucchini and frozen green beans. Heat to boiling. Cook over medium-high heat 5 to 6 minutes, stirring occasionally, until vegetables are hot and macaroni is tender.

EXPERT TIPS

It's easy to make this soup meatless. Simply substitute an additional can of great northern beans or your favorite canned beans for the sausage and use vegetable broth instead of beef broth. Top each serving with a little chopped fresh basil or a fresh basil sprig for an extra burst of color and flavor.

Serving Size: 1 Serving Calories380 (Calories from Fat140), Total Fat16g (Saturated Fat5g, Trans Fat0g), Cholesterol25mg Sodium1400mg Total Carbohydrate38g (Dietary Fiber6g Sugars5g), Protein20g ; % Daily Value*: Vitamin A60%; Vitamin C8%; Calcium10%; Iron25%; Exchanges:2 Starch; 0 Fruit; 0 Other Carbohydrate; 0 Skim Milk; 0 Low-Fat Milk; 0 Milk; 1 Vegetable; 0 Very Lean Meat; 0 Lean Meat; 0 High-Fat Meat; 1 1/2 Fat; Carbohydrate Choices:2 1/2 *Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Prep Time 25 minutes

Total Time 45 minutes

Serves 7

- 1 tablespoon olive or vegetable oil
- 1 lb bulk sweet Italian sausage
- 1 medium onion, chopped (1/2 cup)
- 2 medium carrots, coarsely chopped (1 cup)
- 2 teaspoons dried basil leaves
- 2 teaspoons finely chopped garlic
- 5 1/4 cups Progresso® beef flavored broth (from two 32-oz cartons)
- 1 can (14.5 oz) Muir Glen® organic diced tomatoes, undrained
- 1 can (15.5 oz) great northern beans, drained, rinsed
- 1 cup uncooked small elbow macaroni (3 1/2 oz)
- 1 medium zucchini, cut lengthwise in half, then cut into 1/4-inch slices (1 cup)
- 1 cup Green Giant® frozen cut green beans

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June 7, 8, 14, 15 & 21	Sat & Sun	5 days	8:00a-2:30p

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Fun ways to be a fit family

Obesity is a global epidemic affecting people of all ages. According to The Centers for Disease Control and Prevention, more than one-third of Americans are considered obese, while Statistics Canada notes about 25 percent of Canadians are obese. Being overweight or obese has been linked to cardiovascular disease, diabetes and some forms of cancer, and children who are overweight are likely to be overweight or obese adults.



While eating a diet that is low in fat and high in whole-grain fiber, vegetables and lean proteins is important, exercise remains one of the key factors in maintaining a healthy weight. However, many adults and children simply do not get enough exercise during the day. An active lifestyle is often hampered by the prevalence of digital devices or sedentary jobs that encourage more screen time than fitness time. But there are ways for the entire family to get fit. Exercising together is not just a great way for families to get healthy, but also a great opportunity to spend time together. The following are a handful of ways families can work together to incorporate more exercise into their daily lives.

* **Tackle chores.** Yes, tasks around the house can count as exercise. Working together not only gets you moving but also cuts down on the time it takes to tackle tasks around the house. Mowing the lawn, vacuuming the rugs, sweeping the floor - all of these activities can get the heart pumping. Make it fun by setting chores to music or competing against one another to see who gets their task done first or the best.

* **Compete in the pool.** Swimming is a low-impact activity that works many muscles in the body. Taking a dip in the pool can be both relaxing and beneficial to your health. Compete with family members to make the most of the time spent in the water. Host relay swimming races, see how long each member of the family can tread water or create any other competitions that keep everyone in the pool moving.

* **Create an outdoor obstacle course.** Set up a series of obstacles in your yard and host your own triathlon. You can jump through tires, climb through tubes and scale trees. Make it fun by having adults try to ride tricycles or pair up an adult with a child for sack races. The opportunities for fun are only hampered by your imagination.

* **Go for family bicycle rides.** Traverse your neighborhood or blaze new trails by riding bikes together. Young children can be strapped into trailers that are pulled behind the bike or ride in seats attached to the bike itself. This gives everyone a chance to enjoy the great outdoors and hone their cycling skills.



Decreasing family screen time

Smartphones and tablets appear to have staying power. The Pew Research Center confirms that smartphone penetration has surpassed the 50 percent mark among mobile subscribers. Many others are routinely using tablets to access books, television shows, movies, and magazines. In multi-screen homes, televisions are still king. According to a 2012 Nielsen report, the average American over the age of two spends more than 34 hours a week, or more than 4 hours per day, watching live television. Those findings should raise an eyebrow, as health experts warn that excessive screen time can be hazardous to one's health.

A sedentary lifestyle spent in front of computers and video game consoles contributes to poor health. Of the leading industrialized countries, the United States has the highest obesity statistics, and Canada is not far behind. Obesity can impact cholesterol, cardiovascular health, risk for type 2 diabetes, and risk for stroke. Excessive screen time can lead to sleep and eating disorders, interfere with a person's ability to focus and negatively affect a person's performance at school or work. Getting a family active and reducing time spent in front of a screen can have profound effects, and reducing screen time doesn't have to be difficult.

* **Gradually implement changes.** Families immersed in electronic devices can cut down on screen time slowly and over the course of several weeks rather than tuning out cold turkey. Start

by reducing time spent watching television or playing video games by one hour per week, and gradually reduce time spent devoted to such activities in the ensuing weeks.

* **Hide devices.** The mantra, "out of sight, out of mind" can work with respect to digital devices. If tablets or smartphones are tucked away, family members may feel less inclined to reach for them at any given time. Just as you wouldn't stock your pantry full of fattening foods while trying to lose weight, don't make digital devices readily available throughout the day.

* **Keep televisions out of the bedroom.** Children who have televisions in their bedrooms tend to watch an additional 90 minutes of programming per day than those who do not have televisions in their room. Keep the television in a shared area of the house so that time spent watching the TV can be monitored and adjusted.

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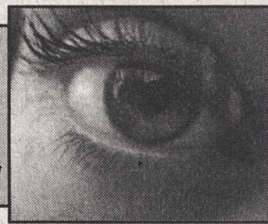
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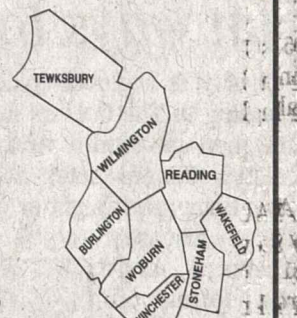
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- 0050 Carpentry
- 0060 Catering
- 0070 Cleaning
- 0080 Child Care
- 0090 Computer Software & Hardware
- 0100 Counseling
- 0110 Draperies
- 0120 Electrician
- 0130 Entertainment
- 0140 Equipment Rental & Repair
- 0150 Fences, Wall & Masonry
- 0160 Floor & Rug & Tile
- 0170 Health & Elder Care
- 0180 Home Improvements
- 0190 Home & Commercial Decorating
- 0200 Instruction
- 0210 Insulation
- 0220 Landscaping & Gardening
- 0230 Legal
- 0240 Miscellaneous
- 0250 Musical
- 0260 Paint, Paper & Plaster
- 0270 Paving & Seal Coating
- 0280 Plumbing & Heating
- 0290 Professional
- 0300 Roofing
- 0310 Schools
- 0320 Security
- 0330 Sewing & Alterations
- 0340 Snowplowing
- 0350 Sports & Fitness
- 0360 Rubbish & Junk Removal
- 0370 Trucking & Moving
- 0380 Tutoring
- 0390 Upholstering & Refinishing
- 0400 Wedding
- 1000 - Miscellaneous
- 1010 General
- 1020 Lost & Found
- 1030 Rides Share-Car
- 1040 Pools
- 1040 Free
- 2000 - For Sale
- 2010 Antiques & Collectibles
- 2020 Boats, Motors & Supplies
- 2030 Business Furniture
- 2040 Business Equipment
- 2050 Clothing & Fabrics
- 2060 Coins & Stamps
- 2070 Farm Supplies, Equipment & Livestock
- 2080 Furniture & Household Goods
- 2090 Holiday Items
- 2100 Industrial Equipment
- 2110 Miscellaneous
- 2120 Money Savers
- 2130 Pets & Supplies
- 2140 Sporting Goods
- 2150 Swimming Pools & Supplies
- 2160 Wanted To Buy
- 2170 Wood, Coal & Oil
- 3000 - Yard Sales
- 3010 Auctions, Flea Markets & Fairs
- 3020 Burlington
- 3030 Lynnfield
- 3040 Malden
- 3050 Medford
- 3060 Melrose
- 3070 North Reading
- 3080 Reading
- 3090 Stoneham
- 3100 Tewksbury
- 3110 Wakefield
- 3120 Wilmington
- 3130 Winchester
- 3140 Woburn
- 3150 Area Sales
- 4000 - Real Estate
- 4010 Real Estate Services
- 4020 Commercial Property
- 4030 Condominiums / Townhouses
- 4040 Houses For Sale
- 4050 Income Property
- 4060 Land
- 4070 Vacation Property
- 4080 Real Estate Wanted
- 5000 - Rentals
- 5010 Apartments & Condos
- 5020 Commercial
- 5030 Houses
- 5040 Miscellaneous
- 5050 Rental Services
- 5060 Rentals to Share
- 5070 Rooms
- 5080 Seasonal
- 5090 Storage & Garages
- 5100 Wanted to Rent
- 6000 - Transportation
- 6010 Auto & Truck
- 6020 Auto Rental, Lease & Financing
- 6030 Used Car Services
- 6040 Auto-X-Change
- 6050 Autos Wanted
- 6060 Motorcycles
- 6070 Recreational Vehicles
- 6080 Trucks & Vans
- 7000 - Business / Finance
- 7010 Business Opportunity
- 7020 Business Wanted
- 7030 Income & Investment
- 7040 Mortgage & Loans
- 8000 - Employment
- 8010 Child Care Wanted
- 8020 Employment Services & Publications
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City of Woburn, EOE, pop. 38,100, budget \$126M, seeks qualified candidates for position of Planner in the Planning Department. Please send letter and resume to Jan Cox, Director of Human Resources, 10 Common St., Woburn, MA 01801 or Fax at 781-897-5959 by May 23, 2014. No telephone calls please. E-mail applications not accepted.

Duties: Under general supervision of Planning Director, performs specialized, technical, administrative, clerical tasks for processing zoning and subdivision applications/permits and related tasks in support of Planning Director, Planning Board and Woburn Redevelopment Authority; provides customer assistance for planning, zoning regulations, including assistance to public in filing applications for land use review and distribution of applications to agencies/individuals; makes field inspections; compiles data and reports; prepares graphics, public notices; conducts routine reviews; develops special studies as directed; administers routine programs, projects; other tasks as assigned. Attends fourteen or more Planning Board and/or Redevelopment Authority meetings annually, typically held at night, assists at meetings, including taking accurate and complete minutes.

Qualifications: Knowledge of business communications, including proper English usage, spelling, grammar, punctuation; business letter writing; basic record keeping principles and procedures and file record keeping systems; proficiency in Microsoft Office, including Word, Excel with both speed and accuracy; required bachelor's degree from an accredited university in city planning, architecture, public administration, business, communications or related field. Masters degree preferred. Three or more months of planning experience or equiv.; knowledge of applicable Federal, State and local laws, rules, codes, procedures and policies or process to research these laws. Ability to communicate clearly, concisely, both orally and in writing; strong financial and analytical skills; able to maintain confidentiality. Valid Driver's License. Standard 32.5 hpw plus required attendance at fourteen or more meetings annually, resulting in an average of 34 hpw for base pay; annual rate of base pay: \$46,620.85; municipal benefits.

TOWN OF BURLINGTON DPW

Special Motor Equipment Operator/Laborer

Performs skilled manual work in the operation of heavy and specialized public works equipment for the Highway Division. Must possess a CDL-B and a Hoisting License 1B, 2A and 4A. Must be available for emergencies and snow removal operations.

Apply by May 9, 2014

Complete position details and application available at www.burlington.catsone.com/careers and in Town Hall, Human Resources Office

Equal Opportunity Employer

HEXATRAC Carpet Cleaning Technician

Looking for a responsible person to work Part Time or Full Time. Day, Evening and Weekend hours available. Truckmount experience preferred, but not necessary, we will train you. Driver's license required. \$12 to \$20 per hour depending on experience. Benefits include health insurance, vacation days and sick days.

Call 1-781-933-1729

Free Home Health Aide Training (Woburn)

All Care is offering a FREE Home Health Aide training, beginning June 2-June 23 in Woburn. The hours of the training are Monday through Friday from 9am-4:00pm. Work in your surrounding area with clients in their homes, facilities and live-in cases. A car and driver's license is required.

Certified Home Health Aides/ Certified Nurses Assistants
Also welcome to apply.

Please call:
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EOE

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Handyman Professional Home improvements / repairs. Ins.-Bonded. Lic. #158222. housedoctors.com 781-944-7081

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General const. & renov. Additions, kit & baths, tile work, decks, windows, more. 40 yrs svc. Free ests. 781-933-7543.

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Best Prices - Sm. jobs. Carpentry, painting, etc. I do it all! Sr. disc. \$30/hr Paul 978-657-8891. Cell 978-833-2999.

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Installation. Gutter construction. Quality, fair priced work. Free Estimates. 1-978-912-2747

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Custom Slip Covers
Guar. to fit. 26 yrs. exp. Make old furn. look new. Call Joyce 781-438-7824. Customer provides fabric.

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Call Lawncut & Care. Spring cleanups, mowing, mulch, thatching, fert. Call 781 856-0166.

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Spring clean-ups, lawn maint., mulch, seed, sod, fert., shrubs, plant design, trees pruned, removal, stump. 25 yrs. prof. serv. Low rates. Rob 781-395-0919.

Lawn Maintenance
Spring clean-ups. Lawn cut as needed. Bushes trimmed. Please call 781-462-7571.

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J & B PAINTING
Interior - Exterior Best Rates. Quality Work. 30 Years Exp. Free Estimates. 781-272-8882

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Int./Ext. Masonry, Roofing, Wallpapering, Cleaning. FREE Est. Ins. Joe Vonner 978-657-7873.

Rubbish & Junk Removal 0360

BEST BET JUNK REMOVAL
Clean up of back yard, gar., bsment., etc. Low rates. 781-462-7571.

Wedding 0400

WEDDING INVITATIONS
The Daily Times Chronicle will provide for all your wedding needs. You are welcome to take our wedding album home overnight or use our online invitation catalog at: www.yourinvitationplace.com m/DailyTimesChronicle



MISCELLANEOUS

FOR SALE

Boats, Motors & Supplies 2020

2001 25' pontoon boat Crestline Caribbean, Honda 90, 220 hours. Very clean & many extras. \$14,500. Call 508-450-9697.

Furniture & Household Goods 2080

DR set, blonde, table 42" w/2 ext. 18" ea. 5 high bck. cush. chrs., buffet 72"L. Asking \$400. 781-254-0910.

FOR SALE
Beige/Gold couch. Like new. \$125. Please call 781-933-1352.

RATTEN Furniture - (1) 3 cushion chr., (2) single cushion chrs, coffee tbl & lamp. Grt for patio, porch/deck. Good cond. \$160/bto. 781-587-0156

FOR SALE
'94 Kerrigan Olympics Newspaper issues. \$10 /ea. Also Rare Posters. All in Exc. Condition. John 781-874-0956.

HUNTING Knives (Collection of 25) most with sheaths. Most 8" blades. Sell individually or as a package. \$25/ea., \$450/pkg. 978-851-5707. George.

Wanted To Buy 2160

ANTIQUES TO COLLECTABLES
Antiq., furn, glass, orientals, paintings, jewelry, sterling, 1 pc - entire contents. No obligation. W. White Jr. 781-933-1258

CASH PAID
WWI-WWII Military Antiques. 1 pc. or entire collections. Uniforms, daggers, head gear, weapons. 781-953-2632.

Real Estate Wanted 4080

All Run Down Homes
Wanted for demo or rehab. Cash buyer, builders. 978-851-4851.

Hand Tools Wanted
Patternmaker, carpenter, sheet metal, machinist. Planes, chisels, calipers, hammers, clamps, anvils. Shop lots. 888-405-2007.

YARD SALES

North Reading 3070

YARD SALE - Sat. 5/10, 8am-2pm. Something for everyone. 2 Acorn Knoll Drive.

Wilmington 3120

ESTATE SALE Sat. 5/10 & Sun. 5/11, 8am-3:30pm. 15 Swain Road. Bring A Truck!!!

REAL ESTATE

Real Estate Services 4010

EQUAL HOUSING OPPORTUNITY
All real estate advertising in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status (number of children and or pregnancy), national origin, ancestry, age, marital status, or any intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate that is in violation of the law. Our readers are hereby informed that all dwellings advertising in this newspaper are available on an equal opportunity basis. To complain about discrimination call The Department of Housing and Urban Development "HUD" toll-free at 1-800-669-9777. For the N.E. area, call HUD at 617-565-5308. The toll free number for the hearing impaired is 1-800-927-9275.

Seasonal 5080

SALISBURY BEACH
Summer Rentals - 1, 2, 3 & 4 bdrm cottages & condos. Many choices starting at \$800-\$2,400 per week. Tom Saab RE, 978-683-6699.

AUTOMOTIVE

Auto-X-Change 6040

2012 Ford Fusion SEL 1 own, 23k mi, blk ext, thr camel int, all opts, Exc cond, Cln Carfax, Warr. til 8/14 \$16,995. Durant's One Owner Vehicles 781-779-1165

2011 Nissa Sentra S, 1 owner, 10K mi, blk ext, Exc. condition Clean Carfax \$11,995. Durant's One Owner Vehicles 781-779-1165

WOBURN SALON
For sale. Ready to go. Great oppor. Great loc. Starting business. Very reas. price. With interest call 781-726-1011.

RENTALS

Apartments & Condos 5010

STONEHAM: NO FEE
1 & 2 brm. Nr 93/95. Off Main St. Pets ok. D/D, ht/tw incl., laundry, ac, pkg. balc. From \$950. Call 617-547-0026.

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immed. 1BR apt. N/S hshld., no pets. \$1100 all utils. incl. Contact Steve 857-312-8821.

Commercial 5020

WILMINGTON CHURCH STREET COMMONS
\$1,000 per month 978-815-4116 www.northeasterndevelopment.com

Houses 5030

NORTH READING
3BR single house. \$1800/mo. ht/tw/elec/trash sep. N/P. N/S hshld. 1st/last/sec. Av. 1/1/14. 978-664-6344.

Autos Wanted 6050

\$200 to \$400 CASH PAID for unwanted vehicles DAN'S TOWING and AUTO RECYCLING 978-604-0307

\$\$\$ UP TO \$1,000 \$\$\$
Paid for running cars, jeeps, vans, trucks or motorcycles. For info Call 978-404-9211.

Trucks & Vans 6080

2007 GMC Yukon XL 1500, SLT 2, 1 owner. Exc. cond. 90K, \$22,500. Call 978-764-3784.

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Business Opportunity 7010

WOBURN SALON
For sale. Ready to go. Great oppor. Great loc. Starting business. Very reas. price. With interest call 781-726-1011.

WAREHOUSE ASSOCIATES
Leading Internet Retailer is looking for ambitious, motivated warehouse associates for 9am-5:30pm shift. Computer skills necessary, ability to lift 50 lbs. We offer Medical, Paid Holidays, PTO and 401K.

Students & Others
Telephone Operators Needed
Year round position. Training available. Must be able to type 50 wpm. 6-10am, 3-4 days/week. \$11/hr to start. 978-229-8787 for appointment. WILMINGTON.

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News Flash
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Put a picture of your automobile with your ad for only \$3.00 extra per day. You can Email it to: Woburnclass@rcn.com for details call the classified ad department at: 781-933-3700

Autos Wanted 6050

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Trucks & Vans 6080

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Students & Others
Telephone Operators Needed
Year round position. Training available. Must be able to type 50 wpm. 6-10am, 3-4 days/week. \$11/hr to start. 978-229

Transfers From S-8

605 SUMMER AVE #3-62 was sold to Jason G Lima by Elbridge G Davis Est & Thomas P Callaghan for \$184,900

-STONEHAM-

9 AYALON RD was sold to Justin & Anne Hill by Steven M Winkleman for \$457,500
131 FRANKLIN ST #206 was sold to Brookmeadows Of Stoneham T by David R Gomes & Meghan M Murphy for \$221,000
159 FRANKLIN ST #E3 was sold to Luiz Lourenco by Pierre Leblanc & Maria Barrios-Leblanc for \$160,000
7 HARRISON ST was sold to Andrew Wescott & Ana T Tonet by David C & Ellen L Stockbridge for \$550,000
20 HERSAM ST #20 was sold to Christopher D Reska by GDA Acquisitions LLC for \$450,000
20 LINDENWOOD RD was sold to Hugo Oliveira by FNMA for \$400,000
159 MAIN ST #50A was sold to Magdy A Ghaly by Sanjay M & Rashmi Motiramani for \$240,750
3 WESCOTT RD was sold to Nationstar Mortgage LLC by Donald Chiue & Nationstar Mortgage LLC for \$294,000

-TEWKSBURY-

568 CHANDLER ST was sold to Ross P & Dina M Callahan by Michael W Sitar for \$440,000
61 CHAPMAN RD was sold to Edith J Skerry & Maureen A Sullivan by Ronald E Girard Est & Deborah Girard for \$380,000
1201 EMERALD CT #1201 was sold to George B & Leslie W Kapsambelis by James W & Patricia A Casey for \$280,000
111 FLORIDA RD was sold to Jennifer K & Timothy F Foley by Obrien Homes Inc for \$504,900
25 IRONWOOD LN #25 was sold to Marjorie A & Albert L Covell by Armando Decarolis for \$318,400
15 JAMES ST was sold to Alicia E & Joseph Richards by Anthony W & Monica L Vanasselberg for \$231,400
27 KENSINGTON WAY #58 was sold to Arlene F Latsey by Bella Woods LLC for \$409,195
1445 MAIN ST #12 was sold to RBD RT & Robert Mietzner by Joseph C&C F Aurelia RET & Joseph C Aurelia for \$37,500
60 OVERLOOK DR was sold to Gregory J & Jessica A Balestrieri by John J Mahan & Anne M Tucciarone-Mahan for \$410,000
12 PATRICK RD #12 was sold to Maria Serrentino by Maureen A Sullivan & Edith J Skerry for \$230,000
15 PINEWOLD AVE was sold to Kenneth Smith by Leah & George Guerrero for \$225,000
30 QUAIL RUN #30 was sold to Owen M Kane by FNMA for \$240,000

-WAKEFIELD-

101 HOPKINS ST #1 was sold to Nisreen Takulla & Hasanain M Khalil by Legacy Park Wakefield 1 for \$429,000
13 JORDAN AVE was sold to Bence & Christine A Bagyar by Randi S Clegg RET & Randi S Clegg for \$583,900
69 MADISON AVE was sold to Elizabeth & David Martin by Stage LLC for \$480,000
100 NAHANT ST #210 was sold to Patricia A Avery by 100 Nahant LLC for \$389,900
100 NAHANT ST #230 was sold to Ankita Desai & Durgesh Sakhardande by 100 Nahant LLC for \$342,500
8 PARKER RD #7 was sold to Julie Destefano by Jörg Taraschuk for \$140,000
472 WATER ST was sold to Vito & Silvestro Ferrigno by Gold Star Homes LLC for \$683,700
62 WINSHIP DR was sold to Molly A & Peter G Melanson by Stabile Homes Stoneham for \$895,386

-WILMINGTON-

34 BIRCHWOOD RD was sold to Andrew H Herlihy by DJPP RT & John Campbell for \$344,900
12 CHEROKEE LN was sold to Mark & Staci Affthim by Roger Madeira for \$450,000

18 DORCHESTER ST was sold to Heather & Michael Patterson by Asset Redevelopment Corp for \$579,900
39 JACQUITH RD was sold to Martion 13 Investments by Paul A Rowe RET & Paul A Rowe for \$562,500
41 JACQUITH RD was sold to Martion 13 Investments by Paul A Rowe RET & Paul A Rowe for \$562,500
10 LLOYD RD was sold to Keeley M & Cheryl Murphy by Kimberly & William A Kuhn for \$410,000
18 PARKER ST was sold to Wright Realty LLC by Mary T Foley for \$154,000
4902 POULIOT PL was sold to Ann & Bernard J Kelly by Joanna Maguire for \$280,000
5301 POULIOT PL was sold to Domenic Botticelli by Timothy F & Jennifer K Foley for \$295,000
1 ROLLINS RD was sold to Michael Juergens by Eileen M Lyon for \$175,000
411 SALEM ST was sold to Ward Myers & Karla Nieves by Sherry Iuliano for \$402,100
471 SALEM ST was sold to Sherry Iuliano by P&G RT & Robert G Peterson for \$555,000
6 VALYN LN was sold to Brian D & Maithy L Nguyen by Bryan W & Lori A Fortin for \$500,000

-WINCHESTER-

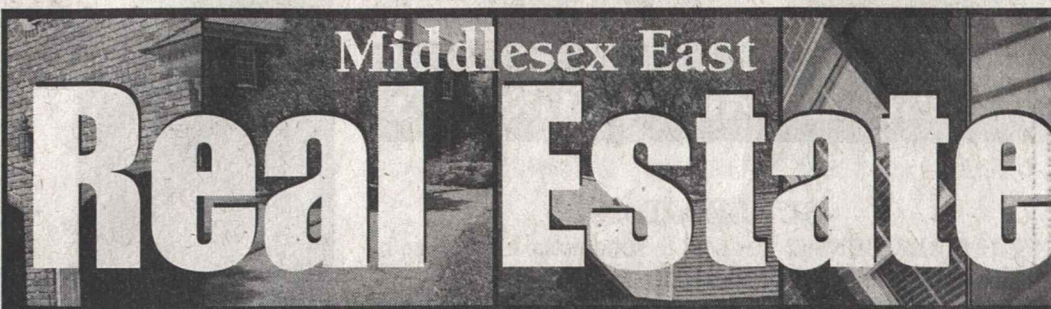
78 BACON ST was sold to Jonathan & Lyndsay Miles by Stephen L & Katie Meinelt for \$1,307,000
354 CAMBRIDGE ST was sold to Robin A & Jon P Swan by Avinash Manmade for \$475,000
6 DREXEL AVE was sold to John F & Cherilyn Valentino by Robin M Stone for \$1,075,000
25 ROCK AVE was sold to Jungha Gil & Namho Kang by 25 Rock Ave LLC for \$1,075,000
32 SALEM ST #A1 was sold to Nguyen Investment LLC by Melissa & Joshua A Burke for \$20,000
73 SHERIDAN CIR was sold to Xuhai Cao & Zheng Hu by Birch Tree T & Robert W Murray for \$1,001,500
171 SWANTON ST #62 was sold to Bei Wu & Chen Zhu by Ranganathan Bharadwaj & Deepa Krishnamurthy for \$447,000
46 THORNBERRY RD was sold to Paul A & Amy E Roberts by John K & Joyce R Dvorak for \$1,450,000

-WOBURN-

13 ASHBURY AVE was sold to Frank M Levar & Laurie G Bramhall by Macdonald FT & Janet McGondel for \$330,000
32 CARROLL RD was sold to Scott M Urquhart & Julie Flood by Mary E Conrad & Mary E Crimaldi for \$424,900
5 CRESCENT AVE #13 was sold to Winn Science Park LLC by 5 Crescent Avenue LLC for \$375,000
37 KILBY ST #371 was sold to Mariah Donovan by Kevin H Webb for \$200,000
18 LAFAYETTE PL was sold to William & Anne Waters by Christus Fillios & Bonnie J Toeke for \$655,500
17 LEE RD was sold to Maureen W & Matthew C Connell by Nguyen Investmenet LLC for \$510,000
9 LYDON CT was sold to Gabrielle Belanger & Katherine A Martin by Bisso FT & Linda A Raymond for \$333,000
27 STEVIN DR was sold to John W & Regina McDonald by Ronald D & Sandra P Battaglia for \$88,360
20 STURGIS ST was sold to Andrew J Walsh by Johnathan S & Jonathan S Macphee for \$334,900
39 WOOD ST was sold to Nicole & Troy A Turick by George Lang for \$393,000

-LYNNFIELD-

8 DEBTON LN was sold to Donald & Sheri Gentile by Joanne Curran & Lucille Grieco for \$440,900
250 SALEM ST was sold to Klajdi & Adela Stefo by Donald Mills for \$475,000



Sampler From S-8

scaped colonial features brick walkways, sprinkler systems, stone patios as well as tiered decks and pool for outside entertainment. A two car garage and off street parking for at least 4 more cars.

Inside, the home is spacious and includes a lower level au-paire suite. Vaulted beamed family room provides a centralized space for family game night in front of the fireplace, features skylights and access to one of the many decks. Grab a quick bite with the kids at the breakfast bar located in the kitchen appointed with granite counters, honey maple cabinetry and stainless backsplash.

The 4 season sunroom overlooks the pool and patios and is a wonderful spot to read or nature watch. Formal dining room for Holiday entertaining has chair rails and hardwood floors. Chair rails and a front to back formal living room, also with hardwood floors and second fireplace,



round out the first floor.

The lavish master bedroom suite is generously sized and features a lavish soaking tub and separate shower, as well as separate dressing area with make-up area. Three additional bedrooms, freshly painted and ready for new owners. Closets galore and huge attic, this home does not lack storage.

The finished basement offers an additional 600 sq. ft. of living space. "Man-Town" sized space just waiting for a

pool table or projector TV. An additional guest bedroom or office, full bath and kitchenette will be perfect for your out-of-town guests or just extra space for the extended family.

Take advantage of the low interest rates as well as the North Reading School system being ranked 32 overall for 2012, and the North Reading High School placing 29 of Mass High Schools. Call Amy Nigro-LeBlanc 617-257-5319 today for an appointment!

Austin From S-4

Sophomore Christina Brzezinski of Reading was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Abigail Boyle of Stoneham was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Patrick Boyle of Stoneham was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Christopher Gagnon of Stoneham was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Brenna Murphy of Stoneham was inducted into the Société Honoraire de Français (French Honor Society).

Junior Eric Chaykovsky of Tewksbury was inducted into SLAVA: The National High School Slavic Honor Society.

Sophomore Meghan Braciska of Tewksbury was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Senior Melanie Cersosimo of Wakefield was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Junior Lauren Coccoluto of Wakefield was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Caitlin Kennedy of Wakefield was inducted into SLAVA: The National High School Slavic Honor Society.

Sophomore Margaret Sandorse of Wakefield

was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Ryan Tobin of Wakefield was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Taylor Bosco of Wilmington was inducted into the Société Honoraire de Français (French Honor Society).

Sophomore Y. Jennifer Cha of Wilmington was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Ryan Fischer of Wilmington was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Sarah Klucznik of Wilmington was inducted into the Société Honoraire de Français (French Honor Society).

Sophomore Victoria McDermott of Wilmington was inducted into the National Junior Classical League: Latin Honor Society.

Sophomore Emily Rakers of Wilmington was inducted into the Société Honoraire de Français (French Honor Society).

Junior Ryan Roche of Winchester was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

Sophomore Kathleen Kiley of Woburn was inducted into the Société Honoraire de Français (French Honor Society).

Sophomore Renee Leavitt of Woburn was inducted into the Société Honoraire de Français (French Honor Society).

Junior Julia Roselli of Woburn was inducted into the Sociedad Honoraria Hispánica (Spanish Honor Society).

NSCC Students Inducted Into Phi Theta Kappa

North Shore Community College President Patricia Gentile is pleased to announce that more than 30 NSCC students were inducted into Phi Theta Kappa's International Honor Society at a recent ceremony at NSCC's Lynn Campus.

Phi Theta Kappa is a national honor society for students at two-year colleges who exhibit outstanding academic performance throughout each semester. To be invited for membership, students must be enrolled in a degree program with a minimum of 18 credits and have a cumulative grade point average of 3.7. NSCC is affiliated with the nationwide organization through its own chapter, Alpha Lambda Kappa.

The following students were inducted - sorted by town of residency:

READING

Michael Bowen

WAKEFIELD

Laurie Anslono,

Beth Houle

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& Bath Association

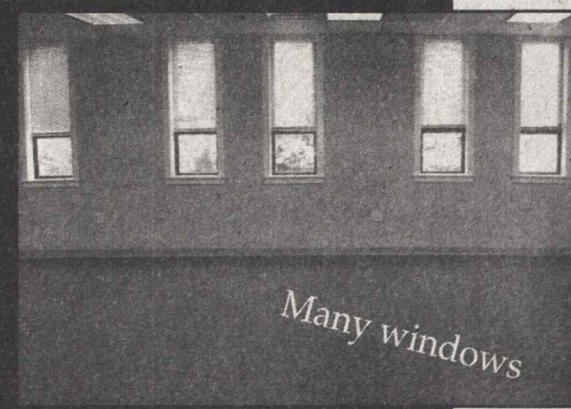
OFFICE OR FLEX SPACE

3680 Sq.Ft.

1 Arrow Drive in Woburn, Close to Routes 93 and 95
2 large open rooms, 2nd floor walkup



- Many windows
- 103+ on site parking
- 100% air-conditioned
- 100% Carpeted
- 8.5 foot ceilings
- \$10.00 Sq. Ft. Includes Utilities



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~ Real Estate Transfers

-BURLINGTON-

11 HALLMARK GDNS #2 was sold to Antonietta A Costanzo by Joseph A Dispena & Jaclyn Alexander for \$234,900
4 HALLMARK GDNS #7 was sold to Darshana S & Shambhu M Hirani by Daniel Leavitt for \$219,000
3 JOANNE RD was sold to John Lopilato by John P Kirkland FT & Bradford P Fortin for \$325,000
56 LEXINGTON ST was sold to JD Investments LLC by Nationstar Mortgage LLC for \$273,000
71 LEXINGTON ST was sold to HCR Construction Inc by 71 Lexington Street NT & Walter R Bevis for \$335,000

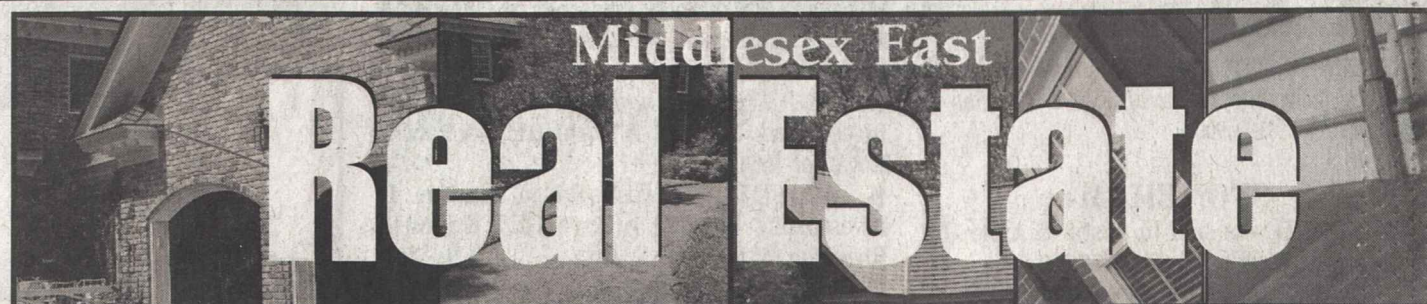
-NORTH READING-

5 ANTHONY RD was sold to Harry R & Raegan R Wagg by Ethier FT & Francis A Ethier for \$399,900
23 DUANE DR was sold to National Equity Inc by Michael T & Julianne G Miller for \$780,000
23 DUANE DR was sold to Benjamin A & Nicole F Gamer by National Equity Inc for \$780,000
31 DUANE DR was sold to New England Artisan Homes by Diane C Downing for \$325,000
40 MAIN ST #3 was sold to John Celata by PELF RT & Dorothy A Wold for \$65,993

-READING-

248 ASH ST was sold to 248 Ash Street T & Clifton S Barbas by 236 Ash Street RT & Philip C Wilson for \$225,000
36 AUGUSTUS CT #3006 was sold to Gennifer S Taber by Pulte Homes Of New Eng for \$449,175
36 AUGUSTUS CT #3012 was sold to Judith E & James R Viglione by Pulte Homes Of New Eng for \$457,400
36 AUGUSTUS CT #4006 was sold to Lina A Al-Aswad by Pulte Homes Of New Eng for \$488,470
26 BORDER RD was sold to Dianne Desroches by Jonathan B Dean & Maria V Sanchez-Dean for \$367,000
110 GAZEBO CIR #110 was sold to Reading Housing Authority by Carolann Mitchell for \$176,000
193 MAIN ST was sold to Robyn M Hayes by Joanna A Anderson for \$325,000
52 SANBORN ST #4 was sold to Elvir C & Hillary M Celebi by Matthew D & Rae D Norton for \$365,000
605 SUMMER AVE #2-11 was sold to Lijuan Chen & Zhiqing Zhou by Rakesh Goel for \$263,000

Transfers to S-7



This Week's Sampler: North Reading

Beautiful, tranquil neighborhood retreat

The Dogwoods are blooming! Welcome home to Ridgeway Estates, North Reading, one of the prettiest neighborhoods in town.

This extremely commuter friendly subdivision is located just minutes from both Route 93, as well as Route 128 making it an ideal location for commuters to Boston, Waltham or even New Hampshire.

A tranquil tree-lined neighborhood makes it picturesque as well as convenient. Ipswich River Park and Hillview Country Club are neighborhood favorites and contribute to the lifestyle of this elegant area.

On a beautiful sweeping lot in this sought after subdivision, sits this sunlit 4+ bedroom home. This well land-



Sampler to S-7

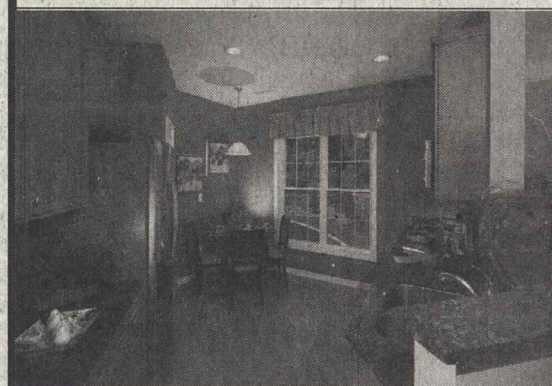
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*Next to Stop & Shop Plaza
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Reading (781) 944-2100
Andover (978) 470-2121

SPINDLER & O'NEIL ASSOC., INC.

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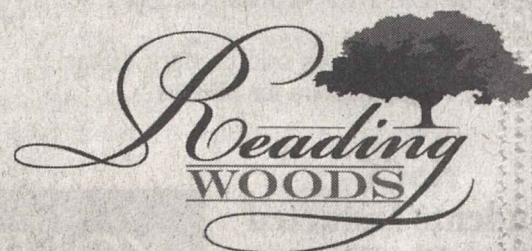
<p>NEW LISTING!</p> <p>\$789,999 N. READING 4BR, 2.5BA Colonial w/ 3600+ sq. ft. on private 2+ acres w/ ig pool, 3 car garage, all in desirable cul-de-sac!</p> <p>20AnglewoodLane.C21.com</p>	<p>NEW LISTING!</p> <p>\$659,000 N. READING Ridgewood Estates offers this 4BR, 2.5BA Contemp. w/ soaring ceilings, 3 car garage & more!</p> <p>31SpruceRoad.C21.com</p>	<p>NEW PRICE!</p> <p>\$344,900 TEWKSBURY Young 3BR, 2.5BA Colonial features open floor plan, granite Kit, hwd floor, sliders to deck & more!</p> <p>70OrchardStreet.C21.com</p>
<p>OH SAT 1:30-3</p> <p>\$319,900 N. ANDOVER Beautiful 2BR, 2FBA unit in desirable 55+ complex feats. In-unit laundry, parking, gas FP & more!</p> <p>350GreeneStreet206.C21.com</p>	<p>OH THURS. 5:30-7!</p> <p>\$299,900 TEWKSBURY 3BR Split-Entry feats. 3-season porch overlooking fenced-in yard in convenient n'hood location!</p> <p>26BayStateRoad.C21.com</p>	<p>NEW PRICE! OH FRI. 4:30-6</p> <p>\$289,900 WILMINGTON Spacious 4BR, 2FBA Colonial convenient to Silver Lake, Major Rtes, "T" Trains, Shops and more!</p> <p>79GroveAvenue.C21.com</p>

NEW 55+ OPPORTUNITIES



New Phase Release! The Pines at Reading Woods, our Active Adult Community (55+). The Berkshire one level condominium home offers great space at a great price! Designer eat in kitchen open to spacious great room & elegant dining room, detailed designer wainscoting and crown molding, 9 ft. ceilings. Private guest wing and master suite. Enjoy a low maintenance lifestyle - you're going to wish you did this sooner! **SELECT YOUR FINISHES NOW! Price: \$455,995**

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